

Gunner's Mate (GM)

October 2021











United States Navy Ethos

We are the United States Navy, our Nation's sea power - ready guardians of peace, victorious in war.

We are professional Sailors and Civilians - a diverse and agile force exemplifying the highest standards of service to our Nation, at home and abroad, at sea and ashore.

Integrity is the foundation of our conduct; respect for others is fundamental to our character; decisive leadership is crucial to our success.

We are a team, disciplined and well-prepared, committed to mission accomplishment. We do not waver in our dedication and accountability to our Shipmates and families.

We are patriots, forged by the Navy's core values of Honor, Courage and Commitment. In times of war and peace, our actions reflect our proud heritage and tradition.

We defend our Nation and prevail in the face of adversity with strength, determination, and dignity.

We are the United States Navy.



The Sailor's Creed

I am a United States Sailor.

I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and those who have gone before me to defend

freedom and democracy around the world.

I proudly serve my country's Navy combat team with Honor, Courage, and Commitment.

I am committed to excellence and the fair treatment of all.

GM - Gunner's Mate Page 2 of 146

CAREER ROADMAP

Seaman Recruit to Master Chief Roadmap

The educational roadmap below will assist Sailors in the Gunner's Mate community through the process of pursuing professional development and advanced education using various military and civilian resources e.g. PQS program; JST Joint Service Transcript; E-Learning; Navy College Network; etc. Successful leadership is the key to military readiness and will always require a high degree of technical skill, professional knowledge, and intellectual development.

What is a Career Roadmap for Gunner's Mate?

Gunner's Mate roadmaps are just what the name implies - a roadmap through the Enlisted Learning and Development Continuum from Seaman Recruit through Master Chief. The principal focus is to standardize a program Navy wide by featuring the existing skills necessary to be successful in the Navy. The ultimate goal of a roadmap is to produce a functional and competent Sailor.

What is the Enlisted Learning and Development Continuum?

Enlisted Learning and Development Continuum is the formal title given to the curriculum and process building on the foundation of Sailorization beginning in our Delayed Entry Program through Recruit Training Command and throughout your entire career. The continuum combines skill training, professional education, well-rounded assignments, and voluntary education. As you progress through your career, early-on skill training diminishes while professional military education gradually increases. Experience is the ever-present constant determining the rate at which a Sailor trades skill training for professional development.

Do Sailors have to follow the Roadmap?

Yes. The Gunner's Mate roadmap includes the four areas encompassed by the Continuum in Professional Military Education to include; Navy Professional Military Education (NPME), Joint Professional Military Education (JPME), Leadership and Advanced Education.

Some training and education is mandatory (Recruit Training, Gunner's Mate "A" School at Great Lakes, Illinois, E-Learning, etc.). Some may be directed by your chain of command (Microsoft Excel and PowerPoint courses), and the remainder is voluntary (MNP, E-Learning, college courses, etc.). Sailors are advised to seek out mentors, including your Command Master Chief, Senior Enlisted Advisor, Leading Chief Petty Officer, Leading Petty Officer and Command Career Counselor, and to make use of your Navy College Virtual Education Center (VEC) or OCONUS Education Office's vast resources. All are uniquely qualified to help you along the way.

Notes:

GM - Gunner's Mate Page 3 of 146





Gunner's Mate (GM). GMs are responsible for the operation and maintenance of guided missile launching systems, gun mounts and other ordnance equipment, as well as small arms and magazines. They work with electrical and electronic circuitry and mechanical, hydraulic and pneumatic systems.

	oneumatic systems.	AVEDACE	COMMISSIONING OR	SEA/SHORE	TYDICAL CAREED DATE
YEARS OF SERVICE	CAREER MILESTONES	AVERAGE TIME TO ADVANCE	COMMISSIONING OR OTHER SPECIAL PROGRAMS	FLOW	TYPICAL CAREER PATH DEVELOPMENT
24-30	GMCM	20.7 Yrs	CSEL, Enlisted Comm. Mgr.	36	4 th Shore Tour Billet: Inspector, Weapons Manager, Systems Analyst, Instructor. Duty: FLAG STAFF, TSC, NMC
21-24	GMCM GMCS	20.7 Yrs 17.4	CSEL, DEVGRU, CWO, Senior Enlisted Academy	42	4 th Sea Tour Billet: LCPO. Duty: CVN, NECC, DEVGRU
18-21	GMCS GMC	17.4 Yrs 12.3	CWO, CSEL, Instructor, RDC, Recruiter, Senior Enlisted Academy	36	3rd Shore Tour Billet: ECM/TECHAD, Inspector, Lead Instructor, Rating SME, Program Mgr. Duty: BUPERS, ATG, CSCS, OPTEVFOR, NSWC, SURFLANT/PAC, TSC, NMC
14-18	GMCS GMC GM1	17.4 Yrs 12.3 7.5	LDO, CWO, CSEL, CORIVRON, DEVGRU, PC, Senior Enlisted Academy	48	3 rd Sea Tour Billet: Weapons Administrator, LCPO, Lead Gunner's Mate 3MC. Duty: Ship, CORIVRON. Qualification: CSC/SUWC/ECO ITT, CSTT, Patrol Leader TOCWO/MOCWO, ATTWO
11-14	GMCS GMC GM1	17.4 Yrs 12.3 7.5	LDO/CWO, OCS, MECP, CSEL, Instructor, RDC, Recruiter	36	2 nd Shore Tour Billet: Instructor, Assessor, RDC, Recruiter, Tech Rep, RMC Range Master, Inspector. Duty: CSCS, ATG, TSC, RTC, NRD, RTC, NMC, AMMOLANT/PAC, TSC Qualification: ATS, MTS, NMTI, OHSAT
8-11	GMC GM1 GM2	12.3 Yrs 7.5 3.2	LDO, OCS, MECP, CORIVRON, DEVGRU, PC	54	2 nd Sea tour EXW/SPECWAR Billet: WCS, LPO, LCPO, Armorer, Ammo Admin. Duty: Ship, CORIVRON, SPECWAR, EOD. Qualification: Warfare Coord., CSTT Evaluator, VBSS Leader, ATTT Leader, Patrol Leader TOCWO/MOCWO, CSOOW, ATTWO





YEARS OF	CAREER	AVERAGE	COMMISSIONING OR	SEA/SHORE	TYPICAL CAREER PATH
SERVICE	MILESTONES	TIME TO	OTHER SPECIAL	FLOW	DEVELOPMENT
		ADVANCE	PROGRAMS		
5-8	GM1	7.5 Yrs	STA-21, OCS, MECP,	36	1st Shore Tour
	GM2	3.2	Instructor, RDC,		Billet: Instructor, Armorer,
	GM3	1.8	Recruiter,		RDC, Recruiter, Maintenance
					Technician, Ammo Admin.
					Duty: NSWC, CSCS, RTC,
					NRD, NMC, TSC.
					Qualification: ATS, MTS,
					NMTI
2-5	GM2	3.2 Yrs	STA-21, Naval Academy	54	1st Sea Tour/Spec War/EXW
	GM3	1.8			Billet: Technician, Armorer,
					Ammunition Administration.
					Duty: Ship, CORIVRON,
					DEVGRU.
					Qualification: CSTT, ATTT,
					SCAT, VBSS, Mount Captain,
					Safety, ESWS, EXW, EAWS.
					CSOOW
1+/-	GM3	1.4 Yrs			Recruit Training, "A" and "C"
	GMSN				Schools
	GMSA				
	Accession Training				

Notes:

- 1. "A" School is not required. Security Clearance is required.
- 2. Deployable Sea and Land components located in the 7th Fleet AOR, 6th Fleet AOR and 5th Fleet AOR are extremely arduous with deployable units being out of homeport well above CONUS average.
- 3. Instructor Duty and Training Support Center billets can prevent a member from being in a leadership position. This fact is due to the sheer number of Chief Petty Officer and First Class billets at schoolhouses/TSC.
- 4. GM's serving in non-traditional, but operational billets to include Joint Billets may not have an opportunity to earn their EAWS or ESWS pin, but are expected to earn EXW or command applicable Warfare Pin.
- 5. GMs are anti-terrorism/force protection supervisors for CG, DDG, LCS, CRG's and other operational units. NEC 717B Small Arms Marksmanship Instructor and 718B Crew Served Weapon Instructor is a primary for GM's to instruct Sailors in operation, maintenance, and proficiency of small arms and crew served weapons (weapons needing more than one operator). NEC 787A Enhanced Organizational Maintenance armorer (NSW/NECC), provides support and maintenance for weapons and night vision devices unique to SPECWAR. NEC 814A Ammunition Administrators are responsible for requisition, distribution and disposition of all ammunition.
- 6. Tours at NPC and BUPERS require special screening and are highly competitive in nature.
- 7. GM's are often sought out for special assignments that require various screenings. These include but are not limited to: NECC, CORIVRON, DEVGRU, SPECWAR, TOC/MTOC.





8. The Littoral Combat Ship (LCS) uses a Train to Qualify (T2Q) concept. These Sailors will be in a T2Q (ACC 106) status while they receive the unique training required to fill these hybrid billets. LCS' hybrid billets require significant training time, up to 18 months. Periodic and transfer evaluations while in T2Q will normally be "Not Observed" or will lack competitive rankings. T2Q time does not count against sea tour requirement. Sea shore flow may appear abnormal due to significant training time required. "Off-hull" time is used for unit level training, qualification, technical schools, and leave. Unplanned losses may cause a Sailor to transfer from one crew to another crew and should not be seen as negative.

a. Shore duty

- COMLCSRONONE and COMLCSRONTWO are the LCS ISIC's and are responsible to train and certify crews in most mission areas. ISIC training teams are similar to Afloat Training Group (ATG) in their scope of responsibility to train and certify.
- LCS is not a closed-loop community. Transferring from sea to shore, or shore to sea, is highly desirable because it recycles experience within the program.
- The Littoral Training Facility (LTF) provides the unit level training that is traditionally conducted during basic and intermediate phase. LTF scores are equivalent to ATG level warfare area drills and inspections.

b. Mission Packages

- Per CNO direction, Surface Warfare (SUW), Antisubmarine Warfare (ASW), and Mine Warfare (MIW) Mission Packages permanently merged with "core" crews. This will reflect as a mid-tour UIC shift and is not derogatory.
- Before the merger, Mission Packages were independent from the crew with their own OIC and SEL, similar to deployed helicopter detachments. Any qualification of crew watch stations (DSO, CSM, TSCE) was outside of their normal scope of duty.
- VBSS is a primary warfare area for Surface Division ships.

c. Watch equivalents and acronyms

- CSM Combat Systems Manager (only on the Independence variant. LCS-2, LCS-4, LCS-6, LCS-8 etc.). CSM combines the duties of SUWC, EW Sup, RSC, and CSRO
- DSO Defensive Systems Operator (only on the Freedom variant, LCS-1, LCS-3, LCS-5, LCS-7 etc.).
 DSO combines the duties of SUWC, EW Sup, RSC, and CSRO
- GCO Gun Console Operator
- JOOD Significant responsibility in LCS due to limited number of underway bridge watchstanders
- MPC Mission Package Coordinator
- MPCE Mission Package Computing Environment
- TSCE Total Shipboard Computing Environment. Interchangeable in the LCS community with CSOOW

Revised: December 2019





In addition to the above career path, a GM is advanced due to their proven leadership, qualifications and performance against competition, regardless of billet assigned.

Considerations for advancement from E6 to E7

- 1. Sea Assignments (all)
 - Qualified (I/P) OOD; (U/W) Armorer, AMMO ADMIN
 - Advanced Qualifications (I/P) ATTWO; (U/W) CSOOW, SUWC
 - Achieve all Warfare qualifications available at command
 - Training Team member (Primary CSTT/ATTT/CTT/WTT) (VBSS and ITT)
 - Asst. Command Collateral for major program with documented impact
 - Active First Class Mess involvement with documented impact
 - Sailor 360 involvement, preferably leading a committee
 - NECC/CORIVRON/TOC/MTOC-Qualified: MOCWO/TOCWO; Advanced Qualification: Tactical Craft Patrol Leader, ATTWO, Tactical Craft Coxswain (All have weapons release authority)
 - DEVGRU/SPECWAR- Qualified: EXW (during tour), NSW-CSS Advanced Qual: NSW-CS
- 2. Shore Assignments (all)
 - GM "A" or "C" School Instructor/Course Supervisor/ CSCS Det. (MTS during tour); Advance Qualification: Training Manager
 - TSC- Barracks LPO (NMTI with MTS during tour)
 - OHSAT Team Member
 - RMC Maintenance Technician with documented repairs
 - LCSRON or DIVRON Training Team (ATS during tour)
 - Littoral Training Facility (MTS during tour)
 - ATG (ATS during tour)
 - NPC (Detailer)
 - RDC (MTS during tour)
 - Enlisted Recruiter
 - Asst. Command Collateral for major program with documented impact
 - Active FCPOA involvement with documented impact
 - Sailor 360 involvement, preferably leading a committee

Considerations for advancement from E7 to E8

- 1. Sea Assignments (all)
 - Successful Divisional LCPO or 3MC tour at an operational command; (LCS) SUW Det. SEL tour
 - Achieve all Warfare qualifications available at command
 - Team Lead /Member (Primary ATTT/CSTT/CTT/WTT) (VBSS and ITT)
 - Qualified (I/P) Section Leader, ATTWO; (U/W) CSOOW, SUWC/SWC
 - Advanced Qualifications (U/W) CSC, CSRO, CICWO (LCS U/W) DSO, CSM, LCS JOOD
 - NECC/CORIVRON/TOC/MTOC-Qualified: Tactical Craft Patrol Leader, ATTWO, Tactical Craft Coxswain; Advanced Qualification: Boat Captain
 - DEVGRU/SPECWAR- Qualified: EXW (during tour), NSW-CSS Advanced Qual:NSW-CS
 - Command Collateral with documented impact
 - Active Mess/CPOA involvement with documented impact
 - Sailor 360 involvement and leading a committee





2. Shore Assignments (all)

- GM "A" or "C" School Instructor/Course Supervisor/CSCS Det. (MTS during tour); Advance Qualification: Training Manager
- TSC- Barracks LCPO (NMTI with MTS during tour)
- OHSAT Team Member/Leader
- Waterfront Trainer and Assessor ATG (Team Lead, ATS during tour)
- RMC Maintenance Technician and Trainer
- NPC (Detailer)
- RDC (MTS during tour)
- LCSRON or DIVRON Training Team/Lead (ATS during tour)
- Littoral Training Facility (MTS during tour)
- Active CPOA involvement with documented impact
- Sailor 360 involvement and leading a committee.
- Qualified ACDO/CDO/SDO

Consideration for advancement from E8 to E9

1. Sea Assignments (all)

- Successful Dept. LCPO / CSSE tour at an operational command; (LCS) SUW Det. SEL tour
- Achieve all Warfare qualifications available at command
- Training Team Lead (Primary ATTT/CSTT/CTT) (VBSS and ITT)
- Qualified (I/P) Section Leader, ATTWO; (U/W) SUWC/SWC; (LCS U/W) CSO, DSM, LCS JOOD
- Advanced Qualifications (I/P) CDO, Senior Enlisted Watch Bill Coordinator; (U/W) CSC, CSRO
- NECC/CORIVRON/TOC/MTOC-Qualified: Boat Captain: Advanced Qualification: Mission Commander
- DEVGRU/SPECWAR- Qualified: EXW (during tour), NSW-CSS Advanced Qual NSW-CS
- Major command collateral with documented impact
- Active CPO Mess (documented leadership and involvement)
- Sailor 360 involvement and Leader/Coordinator

2. Shore Assignments (all)

- Training Manager/Lead Instructor/ Maintenance Lead at GM "A" or "C" School/CSCS Det. (MTS during tour)
- TSC- Dept. LCPO (NMTI with MTS during tour)
- Waterfront Trainer and Assessor ATG (Team Lead, ATS Program Coordinator, ATS during tour)
- BUPERS (ECM/ TECHAD)
- NPC (Lead Detailer)
- RDC (MTS during tour)
- LCSRON or DIVRON Training Team Lead (ATS during tour)
- Littoral Training Facility (MTS during tour)
- OPTEVFOR (System Development/Evaluation)
- Qualified ACDO/CDO/SDO/AOIC
- Major command collateral with documented impact
- Active Mess/CPOA involvement with documented impact
- Sailor 360 involvement and Leader/Coordinator





9. Acronyms:

AOIC-Assistant Officer in Charge

ATG-Afloat Training Group

ATS-Afloat Training Specialist

ATTT- Anti-Terrorism Training Team

COG- Chief of the Guard

CSC- Combat Systems Coordinator

CSF- Center for Security Forces

CSTT- Combat Systems Training Team

CSCS-Center for Surface Combat Systems

CSOOW- Combat System Officer of the Watch,

CSMC-Combat System Maintenance Central

CRG- Coastal Riverine Group

CTT- Command Training Team,

IMF- Intermediate Maintenance Facility

ITT-Integrated Training Team

MTS-Master Training Specialist

NECC- Naval Expedition Combat Command

NMC- Navy Munitions Command

NMTI- Navy Military Training Instructor

NSW- Naval Special Warfare

NSWC- Naval Surface Warfare Command

RDC- Recruit Division Commander

RMC- Regional Maintenance Center

SCAT- Small Craft Action team

SRF- Ship Repair Facility

SUWC- Surface Warfare Coordinator

TSC- Training Support Center

VBSS- Visit Board Search and Seizure

WCS- Work Center Supervisor

WTT- Weapons Training Team

Revised: December 2019



<u>GM CAREER PATH</u> SELECTED RESERVE (SELRES)



Gunner's Mates are responsible for the operation and maintenance of guided missile launching systems, gun mounts and other ordnance equipment, as well as small arms and magazines. They work with electrical and electronic circuitry and mechanical, hydraulic and pneumatic systems.

YEARS OF SERVICE	CAREER MILESTONES	AVERAGE TIME TO PROMOTE	COMMISSIONING OR OTHER SPECIAL PROGRAMS	SEA/SHORE FLOW	TYPICAL CAREER PATH DEVELOPMENT
24-30	GMCM	20.8 Yrs	CSEL	N/A	Billet: CSEL, Div. LCPO Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF
21-24	GMCM GMCS	20.8 Yrs 18.0	CSEL	N/A	Billet: CSEL, Div. LCPO Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF
18-21	GMCS GMC	18.0 Yrs 15.9	CWO, CSEL	N/A	Billet: Div/Dept. LCPO Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF
14-18	GMCS GMC GM1	18.0 Yrs 15.9 10.3	LDO, CWO, CSEL	N/A	Billet: Weapons Administrator, LCPO, 3MC Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF Qualification: CSC/SUWC/ECO ITT, CSTT, OHSAT
11-14	GMCS GMC GM1	18.0 Yrs 15.9 10.3	LDO/CWO, OCS, MECP	N/A	Billet: LCPO, LPO, Tech Rep, RMC Range Master, Inspector. Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF Qualification: ATS, MTS, OHSAT
8-11	GMC GM1 GM2	15.9 Yrs 10.3 4.9	LDO, OCS, MECP	N/A	Billet: LCPO, LPO, Armorer, Ammo Administrator Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF Qualification: Warfare Coord., CSTT Evaluator, VBSS Leader, FPTT Leader, OHSAT
5-8	GM1 GM2 GM3	10.3 Yrs 4.9 2.6	STA-21, OCS, MECP	N/A	Billet: Instructor, Armorer, Maintenance Technician, Ammo Administrator Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF Qualification: ATS, MTS

1

Revised: August 2019



GM CAREER PATH SELECTED RESERVE (SELRES)



YEARS OF SERVICE	CAREER MILESTONES	AVERAGE TIME TO PROMOTE	COMMISSIONING OR OTHER SPECIAL PROGRAMS	SEA/SHORE FLOW	TYPICAL CAREER PATH DEVELOPMENT
2-5	GM2 GM3	4.9 Yrs 2.6	STA-21, Naval Academy, NROTC	N/A	Billet: Technician, Armorer, Ammunition Administration Duty: CORIVRON, PHIB, MESG, NCHB, NMCB, AS, NYSD, ACU, NSW, NSF Qualification: CSTT, FPTT, SCAT, VBSS, Mount Captain, Safety, ESWS, EXW, EAWS
1+/-	GM3 GMSN GMSA Accession Training	9 Months			Recruit Training, "A" and "C" Schools.

Notes:

- 1. "A" School is not required for this rating.
- 2. This is not a compressed rating.
- 3. SELRES GM's should show diversity in billets throughout their careers and include Active Duty for Training (ADT), Active Duty for Special Work (ADSW), and mobilizations in support Sea, Shore and Expeditionary Commands.
- 4. When able, SELRES Sailors should try to earn a Warfare qualification.
- 5. Rating NECs:
- 799A Causeway Barge Ferry Coxswain
- 716B Advanced Undersea MK-46 Maintenance Weaponsman
- V60B MK 60 GMS Fleet and Shore Based Systems Technician
- 779B 25mm Machine Gun System (MGS) MK 38 MOD Gun Weapon System (GWS) Technician
- V61B MK 46 MOD 2 Gun Weapon System (GWS) Technician
- V62B 5"/54 Caliber Gun System MK-45 MOD 1 and 2 Maintenanceman
- V63B 5"/62-Caliber MK 45 MOD 4 Gun Mount Maintenance
- V64B MK-41 VLS Baseline IV Through VII Technician
- V65B MK-41 Vertical Launching System Maintenance Technician
- V66B MK 41 Vertical Launching System (VLS) Advanced Technician
- V88B LCS-1 (Freedom Variant) Gunner's Mate

Consideration for advancement:

E7 Selection Board. Highly competitive candidates for selection as a Chief Petty Officer have met many or all of the following milestones:

- Warfare qualified (based on opportunity/assignment/mobilization)
- FCPOA involvement/leadership
- Unit LPO or DLPO
- Command collateral (e.g., CFL, Unit CCC, etc.)

E8 Selection Board. Highly competitive/most fully qualified candidates for selection as a Senior Chief Petty Officer have met many or all of the following milestones:

Revised: August 2019



GM CAREER PATH SELECTED RESERVE (SELRES)



- Warfare qualified (based on opportunity/assignment/mobilization)
- CPOA involvement/leadership
- Sailor 360/CPO Initiation committee lead
- Unit LCPO or DLCPO of large command
- SEL

E9 Selection Board. Highly competitive/most fully qualified candidates for selection as a Master Chief Petty Officer have met many or all of the following milestones:

- Warfare qualified (based on opportunity/assignment/mobilization)
- CPOA involvement/leadership
- Sailor 360/CPO Initiation committee lead
- Unit LCPO or DLCPO of large command
- SEL
- Graduate of Senior Enlisted Academy or other Service Equivalent

Acronyms:

ATFP - Anti-Terrorism/Force Protection

WCS - Work Center Supervisor

CSTT - Combat Systems Training Team

VBSS - Visit Board Search and Seizure

FPTT - Force Protection Training Team

SCAT - Small Craft Action Team

ATFP - Anti Terrorism Force Protection

RDC - Recruit Division Commander

CSC - Combat System Coordinator

SUWC - Surface Weapons Coordinator

ITT - Integrated Training Team

CSCS - Center for Surface Combat Systems

AOIC - Assistant Officer in Charge

CSOOW - Combat System Officer of the Watch

CSMC - Combat System Maintenance Central

ATG - Afloat Training Group

ATS - Afloat Training Specialist

MTS - Master Training Specialist.

Revised: August 2019







Gunner's Mate Occupational and Readiness Standards (OaRS) to E4 NAVEDTRA 44046

NAME:

These Occupational and Readiness Standards (OaRS) may be used to validate minimum competencies for performing various rating-specific tasks in paygrade E4 in this rating. OaRS is based on the Occupational Standards (OCCSTDs) for the rating/paygrade. An E4 should possess the minimum competencies of their rating/paygrade, whereby OaRS may provide benefits as a tool to train towards and track those competencies achieved.

OaRS does not address ship/unit/system specific standards, which may be covered within Personnel Qualification Standards (PQS), Job Qualification Requirements (JQR), or local training/qualification programs. OaRS addresses the overall rating at the E4 level, not the Sailor's position, billet, or duty assignment.

Generally, each OaRS task area encompasses one or more occupational standards on the same or similar subjects and is written in on-the-job rating language. Completion indicates the Sailor can perform the tasks or can articulate knowledge of the tasks. If circumstances exist that limits a Sailor's ability to effectively demonstrate any OaRS task element due to equipment configuration, mission, or operational status, the Sailor can seek training or understanding from his/her peers, leadership, or refer to technical manuals.

OaRS completion is voluntary and is not designed to replace other qualification programs (e.g. PQS, JQR). OaRS items that duplicate "sign off" items in these types of programs can be signed off if they have already been signed off under any of these types of programs.

Task signatures are completed between the Sailor and the Sailor's supervisor, Leading Petty Officer (LPO) or E5 or above designee. Task sections are signed off by the Division Leading Chief or designee. Endorsement of completion of all OaRS tasks/sections are validated by the Division Officer, Department LCPO, Department Head, and Command Career Counselor (CCC).

AUXILIARY EQUIPMENT AND SUPPORT SYSTEMS

Task Objective	** Supv Init	Date
Configure auxiliary air and cooling water systems		
Configure vision enhancement equipment		
Perform preventive maintenance on auxiliary air and cooling water systems		
Perform preventive maintenance on vision enhancement equipment		
Repair auxiliary air and cooling water systems		
Test auxiliary air and cooling water systems		
Test vision enhancement equipment		
Troubleshoot auxiliary air and cooling water systems		
Troubleshoot vision enhancement equipment		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct.

(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114–328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

GM - Gunner's Mate Page 13 of 146

CREW-SERVED WEAPONS AND SMALL ARMS

Task Objective	** Supv Init	Date
Coach personnel in the use of small arms		
Configure crew-served weapon mounts and stands		
Configure crew-served weapons		
Configure small arms (e.g. grenade, line throwing, etc.)		
Deploy pyrotechnics		
Engage contacts with crew-served weapons		
Engage contacts with grenades		
Engage contacts with small arms		
Inventory small arms		
Perform preventive maintenance on crew-served weapon mounts and stands		
Perform preventive maintenance on crew-served weapons		
Perform preventive maintenance on small arms		
Repair crew-served weapon mounts and stands		
Repair crew-served weapons		
Repair small arms		
Test crew-served weapon mounts and stands		
Test crew-served weapons		
Test small arms		
Troubleshoot crew-served weapon mounts and stands		
Troubleshoot crew-served weapons		
Troubleshoot small arms		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct.

(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114-328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

EQUIPMENT ADMINISTRATION

Task Objective	** Supv Init	Date
Collect equipment and systems status data		
Document equipment status		
Inspect work areas, tools, and electronic systems equipment		
Inventory controlled equipment		
Issue Arms, Ammunition, and Explosives (AA&E) assets		
Process technical briefs, notices, and bulletins		
Provide equipment installation and alteration assistance		
Receive custody of Arms, Ammunition, and Explosives (AA&E) assets		
Sentence Arms, Ammunition, and Explosives (AA&E) assets		
Supervise equipment installations, testing, and alterations		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct.

(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114-328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

GM - Gunner's Mate Page 14 of 146

ORDNANCE EVOLUTIONS AND MAGAZINE SYSTEMS

	** Supv Init	Date
Activate magazine sprinkler systems		
Conduct Material Handling Equipment (MHE) operations		
Conduct ordnance handling evolutions		
Conduct weapons elevator and hoist operations		
Conduct Weight Handling Equipment (WHE) operations		
Configure magazine equipment (e.g. battens, stanchions, alarms, etc.)		
Configure magazine sprinkler systems		
Configure Material Handling Equipment (MHE)		
Configure ordnance containers		
Configure Ordnance Handling Equipment (OHE)		
Configure ordnance magazines and lockers		
Configure weapons casualty equipment		
Configure weapons elevators and hoists		
Configure Weight Handling Equipment (WHE)		
nspect ordnance		
·		
nspect ordnance containers		
nspect ordnance magazines and lockers		
nventory weapons casualty equipment		
Pack ordnance		
Perform ordnance spill decontamination procedures		
Perform preventive maintenance on magazine equipment (e.g. battens, stanchions, alarms, etc.)		
Perform preventive maintenance on magazine sprinkler systems		
Perform preventive maintenance on Material Handling Equipment (MHE)		
Perform preventive maintenance on ordnance containers		
Perform preventive maintenance on Ordnance Handling Equipment (OHE)		
Perform preventive maintenance on ordnance magazines and lockers		
Perform preventive maintenance on weapons casualty equipment		
Perform preventive maintenance on weapons elevators and hoists		
Perform preventive maintenance on Weight Handling Equipment (WHE)		
Perform weapons casualty procedures		
Prepare ordnance for operational use		
Prepare weapons and ordnance for transportation		
Repair magazine equipment (e.g. battens, stanchions, alarms, etc.)		
Repair magazine sprinkler systems		
Repair Material Handling Equipment (MHE)		
Repair ordnance containers		
Repair Ordnance Handling Equipment (OHE)		
Repair ordnance magazines and lockers		
Repair weapons casualty equipment		
Repair weapons elevators and hoists		
Repair Weight Handling Equipment (WHE)		
Stow ordnance		
Test magazine equipment (e.g. battens, stanchions, alarms, etc.)		
Test Material Handling Equipment (MHE)		
Test Ordnance Handling Equipment (OHE)		
Test weapons casualty equipment		
Test Weight Handling Equipment (WHE)		
Transport ordnance		
Troubleshoot magazine equipment (e.g. battens, stanchions, alarms, etc.)		
•		
Troubleshoot magazine equipment (e.g. battens, stanchions, alarms, etc.)		
Froubleshoot magazine equipment (e.g. battens, stanchions, alarms, etc.) Froubleshoot magazine sprinkler systems		
Troubleshoot magazine equipment (e.g. battens, stanchions, alarms, etc.) Troubleshoot magazine sprinkler systems Troubleshoot Material Handling Equipment (MHE)		
Troubleshoot magazine equipment (e.g. battens, stanchions, alarms, etc.) Troubleshoot magazine sprinkler systems Troubleshoot Material Handling Equipment (MHE) Troubleshoot Ordnance Handling Equipment (OHE)		
Troubleshoot magazine equipment (e.g. battens, stanchions, alarms, etc.) Troubleshoot magazine sprinkler systems Troubleshoot Material Handling Equipment (MHE) Troubleshoot Ordnance Handling Equipment (OHE) Troubleshoot weapons casualty equipment		

GM - Gunner's Mate Page 15 of 146

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct. (Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114–328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

SECURITY OPERATIONS

Task Objective	** Supv Init	Date
Apply restraint devices		
Conduct guard mount (e.g. weapons issue, duty section turnover, etc.)		
Conduct inspections and searches (e.g. vehicles, personnel, etc.)		
Conduct screening and detection operations (e.g. personnel, vehicles, etc.)		
Conduct security patrols and roves		
Conduct security post turnovers		
Conduct tactical entries and movements		
Conduct Visit Board Search and Seizure (VBSS) operations		
Configure less-than-lethal weapons (e.g. acoustic devices, lasers, expandable batons, etc.)		
Configure security gear and equipment (e.g. Ships Reaction Force (SRF) equipment, screening and detection equipment, etc.)		
Configure Visit Board Search and Seizure (VBSS) equipment		
Engage contacts with less-than-lethal weapons (e.g. acoustic devices, lasers, expandable batons, etc.)		
Establish security perimeters		
Inventory security gear and equipment (e.g. Ships Reaction Force (SRF) equipment, screening and detection equipment, etc.)		
Inventory Visit Board Search and Seizure (VBSS) equipment		
Perform preventive maintenance on less-than-lethal weapons (e.g. acoustic devices, lasers, expandable batons, etc.)		
Perform preventive maintenance on security gear and equipment (e.g. Ships Reaction Force (SRF) equipment, screening and detection equipment, etc.)		
Perform preventive maintenance on Visit Board Search and Seizure (VBSS) equipment		
Repair less-than-lethal weapons (e.g. acoustic devices, lasers, expandable batons, etc.)		
Repair security gear and equipment (e.g. Ships Reaction Force (SRF) equipment, screening and detection equipment, etc.)		
Repair Visit Board Search and Seizure (VBSS) equipment		
Test less-than-lethal weapons (e.g. acoustic devices, lasers, expandable batons, etc.)		
Test security gear and equipment (e.g. Ships Reaction Force (SRF) equipment, screening and detection equipment, etc.)		
Test Visit Board Search and Seizure (VBSS) equipment		
Troubleshoot less-than-lethal weapons (e.g. acoustic devices, lasers, expandable batons, etc.)		
Troubleshoot security gear and equipment (e.g. Ships Reaction Force (SRF) equipment, screening and detection equipment, etc.)		
Troubleshoot Visit Board Search and Seizure (VBSS) equipment		
Verify identification credentials, documents, and biometric data		

** Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct. (Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114–328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

GM - Gunner's Mate Page 16 of 146

TECHNICAL CORE FUNDAMENTALS

Task Objective	** Supv Init	Date
Analyze blueprints and ships drawings		
Analyze electronic schematics		
Analyze mechanical drawings		
Analyze plumbing and valve drawings		
Analyze technical manuals		
Configure Alternating Current (AC) circuits		
Configure General Purpose Test Equipment (GPTE)		
Configure hydraulic or pneumatic systems		
Configure interconnecting cables and connectors		
Configure power supplies		
Configure Special Purpose Test Equipment (SPTE)		
Configure valves		
Configure weapons and combat systems equipment		
Control the effects of Hazards of Electromagnetic Radiation to Ordnance (HERO) and Radio Frequency Interference (RFI)		
Perform Combat Systems Operational Sequencing System (CSOSS) procedures (e.g. casualty responses/operations, normal operations, energize/de-energize equipment, etc.)		
Perform corrosion prevention and control procedures		
Perform preventive maintenance on Alternating Current (AC) circuits		
Perform preventive maintenance on Alternating Current and Direct Current (AC/DC) motors		
Perform preventive maintenance on hydraulic or pneumatic systems		
Perform preventive maintenance on interconnecting cables and connectors		
Perform preventive maintenance on power supplies		
Perform preventive maintenance on valves		
Repair Alternating Current (AC) circuits		
Repair hydraulic or pneumatic systems		
Repair valves		
Replace power supplies		
Test Alternating Current (AC) circuits		
Test digital circuits		
Test hydraulic or pneumatic systems		
Test interconnecting cables and connectors		
Test power supplies		
Test valves		
Troubleshoot Alternating Current (AC) circuits		
Troubleshoot Alternating Current and Direct Current (AC/DC) motors		
Troubleshoot digital circuits		
Troubleshoot Direct Current (DC) circuits		
Troubleshoot hydraulic or pneumatic systems		
Troubleshoot interconnecting cables and connectors		
Troubleshoot power supplies		
Troubleshoot valves		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct.

(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114–328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

GM - Gunner's Mate Page 17 of 146

WEAPONS SYSTEMS

Task Objective	** Supv Init	Date
Configure computer and peripheral equipment		
Configure gun weapons systems		
Configure Recoverable Exercise Torpedoes (REXTORP)/ Exercise Torpedoes (EXTORP)		
Configure torpedo delivery systems		
Configure torpedoes		
Download gun weapons systems		
Download torpedo delivery systems		
Engage contacts with gun weapons systems (e.g. Mark 38, Mark 45, Mark 46, etc.)		
Install torpedo flight accessories		
Launch torpedoes		
Off-load missile delivery systems		
On-load missile delivery systems		
Perform preventive maintenance on computer and peripheral equipment		
Perform preventive maintenance on gun weapons systems		
Perform preventive maintenance on torpedo delivery systems		
Perform preventive maintenance on torpedoes		
Perform torpedo pre-fire tests		
Recover Recoverable Exercise Torpedoes (REXTORP)/ Exercise Torpedoes (EXTORP)		
Repair computer and peripheral equipment		
Repair gun weapons systems		
Repair torpedo delivery systems		
Repair torpedoes		
Report Battle Damage Assessments (BDA)		
Test computer and peripheral equipment		
Test gun weapons systems		
Test torpedo delivery systems		
Test torpedoes		
Troubleshoot computer and peripheral equipment		
Troubleshoot gun weapons systems		
Troubleshoot torpedo delivery systems		
Upload gun weapons systems		
Upload torpedo delivery systems		

Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct.

(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114–328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

GM - Gunner's Mate Page 18 of 146

COMMAND ENDORSEMENT Command signatures signify the meeting of the minimum Signature level at discretion of command.	n competencies for those in paygrade E-4 in this rating.
DIVISION OFFICER:	
DEPARTMENT LCPO:	
DEPARTMENT HEAD:	
COMMAND CAREER COUNSELOR:	
PENALTY STATEMENT Any person who, with intent to deceive, signs any false record, other false official statement knowing it to be false, shall be pun (Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114–328, div. E	
Command Comments – Command Use Only:	
Enlisted Community Manager Comments:	

Once an individual Sailor's Occupational and Readiness Standards (OaRS) have been completed and endorsed by the Command Career Counselor (CCC), documentation of completed OaRS by the Command Pay and Personnel Administrator (CPPA), Training Officer, or other authorized command representative will be via Navy Standard Integrated Personnel System (NSIPS) within the Personnel Qualifications section, or Advanced Skills Management (ASM) within the Qual/Cert Records tab. Entries will generate an Enlisted Service Record (ESR) and Electronic Training Jacket (ETJ) entry. These entries provide Sailors with electronic documentation of OaRS completion as well as Command and Navy stakeholders ability to monitor the execution of OaRS.







Gunner's Mate Seaman Recruit to Seaman

NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Gunner's Mate "A" School ¹	Great Lakes, IL	A-100-0094	70 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Magazine Sprinkler System Operation and Maintenance (N/A) ¹	Everett, WA; San Diego, CA; Norfolk, VA; Yokosuka, Japan	K-041-2048	4 days	
Crew Served Weapons Operations and Maintenance (N/A) ¹	CENSECFOR DET Chesapeake; CENSECFOR DET San Diego	A-041-0013	12 days	
LAMPS Aviation Ordnance Handling ¹	Norfolk, VA; San Diego, CA; Pearl Harbor, HI	K-050-2131	5 days	
MK 32 SVTT Operation and Maintenance ¹	Norfolk, VA; Pearl Harbor, HI	J-123-0568	12 days	
MK 41 VLS Aegis Ashore Difference O&M ^{1 3}	Dam Neck, VA	A-121-0582	5 days	
MK 60 Mod 0 Griffin Missile System O&M ^{1 4}	Dahlgren, VA	S-041-0006	5 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
V65B - MK 41 VLS O&M Core ¹	Dam Neck, VA; San Diego, CA	A-121-0522	107 days	
V62B - MK 45 Mod 1 & 2 O&M ¹	San Diego, CA	A-113-1118	100 days	
V63B - MK 45 Mod 4 O & M ¹	San Diego, CA	A-113-2102	79 days	
V61B - 30MM MK 46 Mod 2 Gun Weapon System (GWS) 1	Dam Neck, VA	A-113-0039	26 days	
804G - Expeditionary Combat Skills (ECS) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	
779B - 25mm Machine Gun System Mk 38 Mod 2 O&M ¹	Norfolk, VA; San Diego, CA	A-041-0003	19 days	
V96A - 57MM MK 110 O&M ¹	VA, VIRGINIA BEACH	A-113-0197	29 days	
MK32 SVTT MOD 15/19 O&M ¹	CA, SAN DIEGO	A-130-0118	36 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

GM - Gunner's Mate Page 20 of 146

^{3 -} For Aegis Ashore only

^{4 -} For PC Class

^{2 -} NECC

JOB DESCRIPTION

Gunner's Mates operate and perform maintenance on guided missile launching systems, gun weapons systems, torpedo launching systems, small arms, crew-serve weapons and associated handling equipment; inspect, troubleshoot and repair electrical, electronic, hydraulic, pneumatic, mechanical, and servo systems; test and inspect ammunition, missiles, underwater ordnance and their components using instrumentation and test equipment.

RECOMMENDED BILLET ASSIGNMENTS

Work as ordnance equipment maintenance person, ordnance handling team members, weapon system maintenance and operations, and small arms maintenance aboard ships or at shore establishments.

GM - Gunner's Mate Page 21 of 146

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Phone Number:	
Mobilization UIC:					
Naval Reserve Activity:					
Division Officer:				Phone Number:	
Leading Chief Petty Offi	cer:			Phone Number:	
Leading Petty Officer:				Phone Number:	
Sponsor/Mentor:				Phone Number:	
Depart/Division Career Counselor:				Phone Number:	
Date of Initial Entry to M	ilitary Service (DIEMS	S):	Date of Initial B	Entry Reserve Forces ((DIERF):
Pay Entry Base Date (P	EBD):				
ADSD: Rep	oort Date:	EAOS/EOS:	PRD:	SEA / SHOR	E: /
PAYGRADE E1/E2 (9 m PAYGRADE E3 (6 mon	ths time in service red	quired to be eligib	ole for advancemer	nt to É4)	
Date Advanced:		ancement Date:		nber of times up:	
HYT Date:	Security Clearance	e Level:	Date Last upo	dated:	
Command INDOC comp	olete:				
11-	C	ARFER DEVEL	OPMENT BOARI	00	
	se OPNAVINST 1040	0.11(ser) & Care	er Counselor Han	dbook NAVPERS 158 Career Information Manag	
Reason for Co	se OPNAVINST 1040 onvening/Discussion Ite	0.11(ser) & Care ms: (Upon complet	eer Counselor Han tion update (CIMS) C	dbook NAVPERS 158 Career Information Manag	
Reason for Co Reporting (within 60 day Professional Apprentice	se OPNAVINST 1046 onvening/Discussion Ite vs for active duty or for ship Career Track (P.	0.11(ser) & Care ms: (Upon complet our drill weekends ACT) only:	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat	dbook NAVPERS 158 Career Information Manag	
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month:	se OPNAVINST 1046 onvening/Discussion Ite vs for active duty or for ship Career Track (P. 12 Month:	0.11(ser) & Care ms: (Upon complet our drill weekends ACT) only:	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month:	dbook NAVPERS 158 Career Information Manag	
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month:	se OPNAVINST 1046 onvening/Discussion Ite vs for active duty or for ship Career Track (P 12 Month:	0.11(ser) & Care ms: (Upon completour drill weekends ACT) only:	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month:	dbook NAVPERS 158 Career Information Manag	
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan:	se OPNAVINST 1046 convening/Discussion Ite vs for active duty or for ship Career Track (P. 12 Month: 48 Month: Mil to Mil:	0.11(ser) & Care ms: (Upon complet our drill weekends ACT) only: 18 60 Month:	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month:	dbook NAVPERS 158 Career Information Manag	
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360:	se OPNAVINST 1046 convening/Discussion Ite se for active duty or for ship Career Track (P 12 Month: 48 Month: Mil to Mil: Special Program:	0.11(ser) & Care ms: (Upon complet our drill weekends (ACT) only: 18 60 Month:	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat B Month: Member Request:	dbook NAVPERS 158 career Information Manag te Conducted):	gement System)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date):	se OPNAVINST 1040 convening/Discussion Ite /s for active duty or for ship Career Track (P. 12 Month: 48 Month: Mil to Mil: Special Program: HYT V	0.11(ser) & Care ms: (Upon complet our drill weekends ACT) only: 18 60 Month: Naiver Date:	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month: Member Request:	dbook NAVPERS 158 Career Information Manage te Conducted):	gement System)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month	se OPNAVINST 1046 convening/Discussion Ite s for active duty or for ship Career Track (P 12 Month: 48 Month: Mil to Mil: Special Program: HYT V as to EAOS/EOS:	0.11(ser) & Care ms: (Upon complet our drill weekends (ACT) only: 18 60 Month: Naiver Date: Care	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat B Month: Member Request: Ap eer Waypoint not ap	dbook NAVPERS 158 Career Information Manage te Conducted): sprove Disapprove oproved:	gement System)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date):	se OPNAVINST 1046 onvening/Discussion Ite vs for active duty or for ship Career Track (P. 12 Month: 48 Month: Mil to Mil: Special Program: HYT V hs to EAOS/EOS: Navy Forr	0.11(ser) & Care ms: (Upon complete our drill weekends (ACT) only: 18 60 Month: Waiver Date: Care mal Training Sche	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/"	dbook NAVPERS 158 Career Information Manage te Conducted): prove Disapprove oproved: C"etc):	gement System)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion:	se OPNAVINST 1046 convening/Discussion Ite /s for active duty or for ship Career Track (P 12 Month: 48 Month: Mil to Mil: Special Program: HYT V Ins to EAOS/EOS: Navy Fore Separation:	0.11(ser) & Care ms: (Upon complete our drill weekends PACT) only: 18 60 Month: Naiver Date: Care mal Training Sche Career S	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/"	dbook NAVPERS 158 Career Information Manage te Conducted): sprove Disapprove oproved:	gement System)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer:	se OPNAVINST 1046 convening/Discussion Ite s for active duty or for ship Career Track (P 12 Month: 48 Month: Mil to Mil: Special Program: HYT V as to EAOS/EOS: Navy Form Separation: ailure: Visit MNP Advance	0.11(ser) & Care ms: (Upon complet our drill weekends PACT) only: 18 60 Month: Vaiver Date: Care mal Training Sche Career S Overseas Tour E	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/" status Bonus (electi extension Incentives tion page located	dbook NAVPERS 158 career Information Manage te Conducted): prove Disapprove oproved: "C"etc): ion message received) is Program (OTEIP): under the Career &	e Life Events Tab
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa	se OPNAVINST 1046 convening/Discussion Ite s for active duty or for ship Career Track (P 12 Month: 48 Month: Mil to Mil: Special Program: HYT V as to EAOS/EOS: Navy Form Separation: ailure: Visit MNP Advance	0.11(ser) & Care ms: (Upon complet our drill weekends PACT) only: 18 60 Month: Vaiver Date: Care mal Training Sche Career S Overseas Tour E	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/" status Bonus (electi extension Incentives tion page located	dbook NAVPERS 158 career Information Manage te Conducted): prove Disapprove oproved: "C"etc): ion message received) is Program (OTEIP): under the Career &	e Life Events Tab
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center: (Items to collect/discuss	se OPNAVINST 1046 convening/Discussion Ite /s for active duty or for ship Career Track (P. 12 Month: 48 Month: Mil to Mil: Special Program: HYT V Ins to EAOS/EOS: Navy Form Separation: ailure: Visit MNP Advance : Bibliography for Advance	0.11(ser) & Care ms: (Upon complete our drill weekends ACT) only: 18 60 Month: Naiver Date: Care mal Training Sche Career S Overseas Tour E ement & Promot vancement, Enlist	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/" status Bonus (electi Extension Incentives tion page located ted Advancement E	dbook NAVPERS 156 career Information Manage te Conducted): prove Disapprove oproved: (C"etc): ion message received) is Program (OTEIP): under the Career & Exam Strategy Guide,	e Life Events Tab Profile Sheets)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center: (Items to collect/discuss Advancement:	se OPNAVINST 1046 convening/Discussion Ite stys for active duty or for ship Career Track (P. 12 Month: 48 Month: Mil to Mil: Special Program: HYT Vons to EAOS/EOS: Navy Form Separation: ailure: Visit MNP Advance Bibliography for Advance mmissioning Program	0.11(ser) & Care ms: (Upon complet our drill weekends (ACT) only: 18 60 Month: Waiver Date: Care mal Training Sche Career S Overseas Tour E ement & Promot vancement, Enlist am Application	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/" status Bonus (electi Extension Incentives tion page located ted Advancement E	dbook NAVPERS 158 career Information Manage the Conducted): deprove Disapprove oproved: deproved: deprove	e Life Events Tab Profile Sheets)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center: (Items to collect/discuss Advancement: Enlisted to Officer Con	se OPNAVINST 1046 convening/Discussion Ite se for active duty or for ship Career Track (P 12 Month: 48 Month: Mil to Mil: Special Program: HYT V as to EAOS/EOS: Navy Form Separation: ailure: Visit MNP Advance Bibliography for Advances Applications:	0.11(ser) & Care ms: (Upon complete our drill weekends PACT) only: 18 60 Month: Naiver Date: Care mal Training Sche Career S Overseas Tour E ement & Promot vancement, Enlist am Application (prior to se	eer Counselor Han tion update (CIMS) C s for SELRES) (Dat s Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/" status Bonus (electi extension Incentives tion page located ted Advancement E	dbook NAVPERS 158 career Information Manage te Conducted): prove Disapprove Disapprove oproved: "C"etc): ion message received) is Program (OTEIP): under the Career & Exam Strategy Guide, Manual OPNAVINST and endorsement):	e Life Events Tab Profile Sheets)
Reason for Co Reporting (within 60 day Professional Apprentice 6 Month: 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center: (Items to collect/discuss Advancement: Enlisted to Officer Collect Commissioning Programs	se OPNAVINST 1046 convening/Discussion Ite /s for active duty or for ship Career Track (P. 12 Month: 48 Month: Mil to Mil: Special Program: HYT V Ins to EAOS/EOS: Navy Form Separation: ailure: Visit MNP Advance Bibliography for Advance Bibliography for Advance Applications: TA-21):	0.11(ser) & Care ms: (Upon complete our drill weekends PACT) only: 18 60 Month: Naiver Date: Care mal Training Sche Career S Overseas Tour E ement & Promot vancement, Enlist am Application (prior to se	eer Counselor Han tion update (CIMS) Co s for SELRES) (Dat Month: Member Request: Ap eer Waypoint not ap ools Request ("A"/" Extansion Incentives tion page located ted Advancement E & Administration submission, comma d Commissioning Pre-	dbook NAVPERS 158 career Information Manage te Conducted): prove Disapprove Disapprove oproved: "C"etc): ion message received) is Program (OTEIP): under the Career & Exam Strategy Guide, Manual OPNAVINST and endorsement):	e Life Events Tab Profile Sheets)

GM - Gunner's Mate Page 22 of 146

QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
Ship Board Fire Fighting		
Aviation Fire Fighting		
Basic Damage Control		
Advanced Damage Control		
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Messenger of the Watch (MOOW)		
Petty Officer of the Watch (POOW)		
Personnel Qualification Standard		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Aviation Warfare Specialist		
Surface Warfare Specialist		

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
Security Force Weapons (NAVEDTRA 43466 Series)		
301 M9 Service Pistol Operator		
305 M500 Shotgun Operator		
308 M16 (Series) Rifle Operator		
311 Genadier		
Antiterrorism Common Core (NAVEDTRA 43387-2 Series)		
301 Sentry		
302 Reaction Force Member		
323 Duty Armorer		

Notes on Qualifications:

GM - Gunner's Mate Page 23 of 146

CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the GM-Gunner's Mate rating. They may require additional education, training or experience.

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E7	American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
E5	Board of Certified Safety Professionals (BCSP)	Associate Safety Professional (ASP)	
E5	Board of Certified Safety Professionals (BCSP)	Certified Safety Professional (CSP)	
	Certifying Technical Employee Competence (CertTEC)	Basic Electricity and Electronics - Direct Current (BEE-DC)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eligible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

* See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the GM-Gunner's Mate rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Electronics Technician	

GM - Gunner's Mate Page 24 of 146

POST MILITARY OCCUPATIONS

The following post military occupations are similar to the GM-Gunner's Mate Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Aircraft Mechanics and Service Technicians
Electrical and Electronic Engineering Technologists and Technicians
Electronics Engineers, Except Computer
Explosives Workers, Ordnance Handling Experts, and Blasters
First-Line Supervisors of Mechanics, Installers, and Repairers
HelpersInstallation, Maintenance, and Repair Workers
Inspectors, Testers, Sorters, Samplers, and Weighers
Production, Planning, and Expediting Clerks
Training and Development Managers
Transportation, Storage, and Distribution Managers

Occupation (Federal Employer)
0856 - Electronics Technical Series
2606 - Electronic Industrial Controls Mechanic
2608 - Electronic Digital Computer Mechanic
2610 - Electronic Integrated Systems Mechanic
1749 - Maintenance Mechanic
6511 - Missile/Toxic Materials Handling
6610 - Small Arms Repairing
6641 - Ordnance Equipment Mechanic
6656 - Special Weapons Systems Mechanic
3255 - Pneudraulic Systems Mechanic
9944 - Electronics Technician

GM - Gunner's Mate Page 25 of 146

STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form:		
Career Waypoints-Reenlistment Approval:		
School as a Reenlistment Incentive:		
Prior Service Reenlistment Eligibility - Reser	ve (PRISE-R):	
MyNavy Assignments (MNA):		
Medical/Dental Screening:		
Command Recommendation (evaluation):	Bonus:	Ceremony:

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

GM - Gunner's Mate Page 26 of 146 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate.
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

GM - Gunner's Mate Page 27 of 146

AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	1

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan	'	Start Eval	,	
Mil to Mil		Reverse Sponso	r	
		Incentives/EOS of	opportunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

GM - Gunner's Mate Page 28 of 146

PHYSICAL FIT	NESS:					
	ear-round physical f MS within 60 days o					
Height	Weight	If Required (AC	BCA)		
Last 2 PRT Cyc	les: Forearm Plank	/	Push-ups	/	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	/			
List if any Medic	al Waiver(s)	/				
For more information	on on Navy Fitness, visit	https://www.public.nav	y.mil/bupers-npc/supp	ort/21st_Centu	ry_Sailor/physical/Pages	s/default2.aspx

GM - Gunner's Mate Page 29 of 146

PROFESSIONAL MILITARY EDUCATION (E1/E2/E3)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan C	Completed (Navy	College Office/NCV	EC)			
Current Educatio	n Level					
Degree Goal						
	** Variou	s degree options are	e available ir	n the Advance	d Education section.	**
Goal: Date: AA/A (Credits to earn a	. •	BA/BS 5: 60 SH/90 QH, BA/	Master BS: 120 SH	/180, QH, Mas	ster /Doctorate: Varia	ble based on program)
Number of currer	nt credits	American Co	ouncil on Ed	ucation (ACE)	recommended credit	ts
Joint Service Tra	nscripts (JST)					
HS Transcripts	Co	llege Transcripts				
Date Degree Ob	tained: AA/AS	BA/BS		Master	Doctora	te
For entry into Naval Educa JST Operatio 6490 Saufley Pensacola, F Email: JST@	tion and Training on Center / Field Road FL 32509	College/University se Command N644	end official tr	ranscripts to:		
V	OLUNTARY ED are lo	UCATION: Links to cated on the DANT	study guid ES website	des, exam pre https://www	eparations, and practical	ctice tests
Academic skills	N	CPACE	CLEP		DSST	
TA	MOID	MOID OD		D10/44 OID		

TA MGIB MGIB-SR Post 9/11 GIB

GM - Gunner's Mate Page 30 of 146

E1/E2/E3 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Foundational Leader Development Course ⁵	Water front/ Flightline/ Various ⁴	NELD-03	2.5 days	
Navy Military Training (Life Skills) (Pre-A School Delivery only) ⁶	Command Delivered	A-500-1000	2 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E4	Navy e-Learning	NETCPDC-PMK-EE-E4-1.0		
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

- 1 Verify GMT topics on the My Navy Portal (MNP) GMT webpage
- 2 Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.
- 3 The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.
- 4 See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.
- 5 Available for paygrades E3 and E4 6 Required for delivery in "A" School for all ratings

E1/E2/E3 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 31 of 146

E1/E2/E3 RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Basic Military Requirements (NAVEDTRA 14325) (EDITION 1/1/2002)		NAVEDTRA 14325		
Professional Military Knowledge Eligibility Exam (PMK-EE) Study Material	Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Military Requirements for Petty Officer Third and Second Class	Navy e-Learning	NRTC-NAVEDTRA-14504- MRFPO-TASC-1.0		
Introductory Enlisted Professional Military Education (IEPME)	Navy e-Learning	Military DON/ PME	18 hrs	
Block 1 Introductory EPME - Introduction	Navy e-Learning	NWC-IEPME-INTRO-B1	-	
Block 2 Introductory EPME - History and Traditions	Navy e-Learning	NWC-IEPME-INTRO-B2	3 hrs	
Block 3 Introductory EPME - Enlisted Professionalism	Navy e-Learning	NWC-IEPME-INTRO-B3	3 hrs	
Block 4 Introductory EPME - Policy and the Navy	Navy e-Learning	NWC-IEPME-INTRO-B4	3 hrs	
Block 5 Introductory EPME - Planning for Operations	Navy e-Learning	NWC-IEPME-INTRO-B5	3 hrs	
Block 6 Introductory EPME - Regional and Cultural Awareness	Navy e-Learning	NWC-IEPME-INTRO-B6	3 hrs	
Block 7 Introductory EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-IEPME-INTRO-B7	3 hrs	
Block 8 Introductory EPME - Conclusion	Navy e-Learning	NWC-IEPME-INTRO-B82	-	
Cultural Awareness	Navy e-Learning	Foreign Language and Culture	45 hrs	
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Nutrition	Navy e-Learning	NMHCI2107V2.1	1 hour	
Personal Financial Management	Navy e-Learning	CPD-PFM-1.0	8 hrs	
PREVENT	Command Delivered	S-501-0150	24 hrs	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1	•	
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

GM - Gunner's Mate Page 32 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E1/E2/E3 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Non-Prior Service Accession Program	Navy e-Learning	CNRFC-NPSAP-2 /DoN 0	23 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E1/E2/E3 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
5"/54 Cal Gun Mount Mk 45 Mods 1 & 2	PQS	NAVEDTRA 43168-D/301		
5"/54 Cal Gun Mount Mk 45 Mods 1 & 2	PQS	NAVEDTRA 43168-D/302		
5"/54 Cal Gun Mount Mk 45 Mods 1 & 2	PQS	NAVEDTRA 43168-D/303		
5"/54 Cal Gun Mount Mk 45 Mods 1 & 2	PQS	NAVEDTRA 43168-D/304		
5"/62 Cal Gun Mount Mk 45 Mod 4	PQS	NAVEDTRA 43168-1/301		
5"/62 Cal Gun Mount Mk 45 Mod 4	PQS	NAVEDTRA 43168-1/302		
5"/62 Cal Gun Mount Mk 45 Mod 4	PQS	NAVEDTRA 43168-1/303		
5"/62 Cal Gun Mount Mk 45 Mod 4	PQS	NAVEDTRA 43168-1/304		
Conventional Weapons Explosive Handling and Stowage	PQS	NAVEDTRA 43202-C/301		
Conventional Weapons Explosive Handling and Stowage	PQS	NAVEDTRA 43202-C/305		
Conventional Weapons Explosive Handling and Stowage	PQS	NAVEDTRA 43202-C/307		
Force Protection Afloat	PQS	NAVEDTRA 43387-2D/301		
Force Protection Afloat	PQS	NAVEDTRA 43387-2D/302		
Force Protection Afloat	PQS	NAVEDTRA 43387-2D/303		
Maintenance and Material Management System	PQS	NAVEDTRA 43241-H/301		
Maintenance and Material Management System	PQS	NAVEDTRA 43241-H/303		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/301		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/302		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/303		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/305		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/306		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/307		
Security Force Weapons	PQS	NAVEDTRA 43466-B/301		
Security Force Weapons	PQS	NAVEDTRA 43466-B/304		
Security Force Weapons	PQS	NAVEDTRA 43466-B/305		
Security Force Weapons	PQS	NAVEDTRA 43466-B/307		
Security Force Weapons	PQS	NAVEDTRA 43466-B/308		
Security Force Weapons	PQS	NAVEDTRA 43466-B/309		
Security Force Weapons	PQS	NAVEDTRA 43466-B/310		
Security Force Weapons	PQS	NAVEDTRA 43466-B/311		
Security Force Weapons	PQS	NAVEDTRA 43466-B/319		
Security Force Weapons	PQS	NAVEDTRA 43466-B/320		
Surface Vessel Torpedo Tubes Mk 32	PQS	NAVEDTRA 43342-D/301		
Quality Maintenance Program	PQS	NAVEDTRA 43523-B/301		

GM - Gunner's Mate Page 33 of 146

NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.				
Foundational	Advanced	Capstone		
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek		
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck		
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek		
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes		

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.				
Foundational	Advanced	Capstone		
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov		
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs		
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte		
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly		
The Next 100 Years - Friedman				

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.				
Foundational	Advanced	Capstone		
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski		
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell		
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien		
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes		

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.				
Foundational	Advanced	Capstone		
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello		
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro		
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks		
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire		
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander		
	Start with Why - Sinek			

MCPON's Suggested Reading

	<u> </u>			
Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.				
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.				
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein		
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach Team of Teams - McChrystal, Colling Fussell			
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker		
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester		
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell		
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood		
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth		

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

GM - Gunner's Mate Page 34 of 146

E1/E2/E3 RECOMMENDED COMMUNITY READING

Title	Completed
Admiral John H. Towers – The Struggle for Naval Air Supremacy by Reynolds	
Authors at Sea by Shenk	
Decision and Dissent with Halsey at Leyte Gulf by Solberg	
Run Silent/Run Deep by Beach	
The First Team – Pacific Naval Air Combat from Pearl Harbor to Midway by Lundstrom	
The United States Sailors: A History by Simmons	
Victory at Sea – World War II in the Pacific by Dunnigan	
Ammunition and Explosive Safety Afloat NAVSEA OP4	
Ammunition and Explosives Safety Ashore NAVSEA OP5	
Shipboard Ammunition Handling NAVSEA S9086-XG-STM-010 Ch 700.	
Small Arms and Special Warfare Ammunition NAVSEA SW010-AD-GTP-010	
Technical Manual for Otto Fuel II NAVSEA S6340-AA-MMA-010	
Magazine Sprinkler Systems NAVSEA S9522-AA-HBK-010	
5-Inch 54-Caliber Gun Mount MK 45 Model 2; Vol 1 Part 1-3, DESCPT, OP & MAINT NAVSEA SW323-F2-MMO-010	
Vertical Launching System, MK41 Mods 0/1/2/7, Introduction And Description, W/Changes A-C Inserted NAVSEA SW394-AF-MMO-020	
Vertical Launching System, MK 41 Mods 0, 1, 2 And 7 Fault Isolation NAVSEA SW394-AF-MMO-050	
S9753-AA-MMO-010, Maintenance Manual Organizational Level for MK 46/MK 50 Lightweight Torpedo Storage And Issue	
SG420-BQ-MMA-010, Strikedown System (CG47)	
SVTT MK 32 Mods 5/7, DOM SW395-AC-MMO-010	
MK 32 MOD 14, Description, Operation, And Maintenance Of The MK 32 Mod 14 Torpedo Tubes SW395-AE-MMO-010	
SVTT MK 32 Mod 15 and Interface Junction Box, DOM W/IPB SW395-AJ-MMO-010	
SVTT MK 32 Mods 17/18 DOM SW395-AM-MMO-010	
Assembly Instructions for MK 46 Torpedo/MK 46 REXTORP Flight Accessories SW512-A0-ASY-010	
General Information Book for Torpedo MK 46 Mod 5 SW515-A5-GIB-010	
Recoverable Exercise Torpedo (REXTORP), MK 46; SW515-AG-OMP-010	
Procedures Manual for Localization And Retrieval Of Lightweight Torpedoes MK 46/54 And MK 46/MK 50 REXTORPS SW515-AO-PRO-010	
Procedures Manual for Lightweight Torpedo Firing Craft Surface Vessel Torpedo Tubes MK 46/50/54 Torpedo SW515-AO-PRO-020	
TM 9-1005-213-10, Machine Gun, 50; Browning M2, Heavy Barrel	
TM 9-1005-249-10, Operator's Manual for Rifle, 5.56-MM, M16, And Rifle, 5.56-MM, M16A1	
TM 9-1005-317-10, Pistol, Caliber 9MM, M9 Semi Automatic	

GM - Gunner's Mate Page 35 of 146







Gunner's Mate Petty Officer Third Class (Apprentice/Journeyman)

NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Gunner's Mate "A" School 1	Great Lakes, IL	A-100-0094	70 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Magazine Sprinkler System Operation and Maintenance (N/A) ¹	Everett, WA; San Diego, CA; Norfolk, VA; Yokosuka, Japan	K-041-2048	4 days	
Crew Served Weapons Operations and Maintenance (N/A) ¹	CENSECFOR DET Chesapeake; CENSECFOR DET San Diego	A-041-0013	12 days	
LAMPS Aviation Ordnance Handling ¹	Norfolk, VA; San Diego, CA; Pearl Harbor, HI	K-050-2131	5 days	
MK 32 SVTT Operation and Maintenance ¹	Norfolk, VA; Pearl Harbor, HI	J-123-0568	12 days	
Explosive/Ammunition Driver ¹	Port Hueneme, CA; Gulfport, MS	S-710-0970	1 week	
Machine Gun Crew Training M-2 .50 Caliber ¹	Port Hueneme, CA; Gulfport, MS	S-710-0957		
MK 50 Modular Gun Weapon System O&M Difference Course ^{1 2}	Dam Neck, VA	A-041-0005	12 days	
MK 41 VLS Aegis Ashore Difference O&M ¹	Dam Neck, VA	A-121-0582	5 days	
MK 45 Gun Mount Technical Enhancement Training (TET) ¹	Dahlgren, VA; San Diego, VA	S-113-2104	12 days	
MK 60 Mod 0 Griffin Missile System O&M ¹	Dahlgren, VA	S-041-0006	5 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
V65B - MK 41 VLS O&M Core ¹	Dam Neck, VA; San Diego, CA	A-121-0522	107 days	
V64B - MK 41 VLS Baseline V/VII ¹	Dam Neck, VA; San Diego, CA	A-121-0580	29 days	
V62B - MK 45 Mod 1 & 2 O&M ¹	San Diego, CA	A-113-1118	100 days	
V63B - MK 45 Mod 4 O & M ¹	San Diego, CA	A-113-2102	79 days	
V61B - 30MM MK 46 Mod 2 Gun Weapon System (GWS) ¹	Dam Neck, VA	A-113-0039	26 days	
804G - Expeditionary Combat Skills (ECS) ¹	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	
787A - Enhanced Organization Level Maintenance (NSW Armorer) ^{1 2}	Crane, IN	S-041-0002	33 days	
779B - 25mm Machine Gun System Mk 38 Mod 2 O&M ¹	Norfolk, VA; San Diego, CA	A-041-0003	19 days	
V96A - 57MM MK 110 O&M ¹	VA, VIRGINIA BEACH	A-113-0197	29 days	
MK32 SVTT MOD 15/19 O&M ¹	CA, SAN DIEGO	A-130-0118	36 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

GM - Gunner's Mate Page 36 of 146

^{2 -} LCS

^{2 -} GM's headed to NSW Units

JOB DESCRIPTION

Handles, stows, transfers, loads, and offloads explosive ordnance; maintains and repairs magazines and magazine sprinkler systems; issues, maintains and repairs small arms; operates weapons delivery systems and ordnance handling equipment; inspects and services mechanical and hydraulic equipment; maintains hydraulic pipes, fittings, and pressure gauges; tests for short circuits, ground, and continuity of interconnecting cables and wiring between components of electrical and electronic equipment; follows schematic diagrams and hydraulic system blueprints; installs mechanical alignment hardware; completes maintenance data forms; conducts supply inventories; applies actions and resources required to prevent or mitigate hostile actions against Department of Defense personnel, property, resources, facilities, and critical information.

RECOMMENDED BILLET ASSIGNMENTS

Work as ordnance equipment maintenance person and ordnance handling team members aboard ships or at shore establishments.

GM - Gunner's Mate Page 37 of 146

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Phone Number:							
Mobilization UIC:											
Naval Reserve Activity:											
Division Officer:				Phone Numl	ber:						
Leading Chief Petty Off	ficer:			Phone Numl	ber:						
Leading Petty Officer:				Phone Numl	ber:						
Sponsor/Mentor:				Phone Numl	ber:						
Depart/Division Career Counselor:				Phone Numl	ber:						
Date of Initial Entry to M	Military Service (DIEMS	S):	Date of Initia	al Entry Reserve	Forces (D	IERF):					
Pay Entry Base Date (F	PEBD):										
ADSD: Re	port Date:	EAOS/EOS:	PRD:	SEA	A/SHORE	· /					
PAYGRADE E4 (1 year Date Advanced: HYT Date: Command INDOC com	Eligible Adva	ancement Date:		umber of times	up:						
(E4) Reason for Reporting (within 60 da	se OPNAVINST 1040 Convening/Discussion I	tems: (Upon comp	er Counselor Ha letion update (CIN	andbook NAVP (S) Career Inform	nation Mana	78 gement System)					
24 Month:	48 Month:	60 Month:									
Family Care Plan:	Mil to Mil:										
Sailor 360:	Special Program:	N	lember Request	:							
HYT 24 months (Date):	HYT V	Vaiver Date:		Approve 🗆 D	isapprove						
C-WAY-REEN 18 mont	hs to EAOS/EOS:	Care	er Waypoint not	approved:							
Rating Conversion:	Navy Forr	mal Training Scho	ools Request ("A	."/"C"etc):							
Transfer:	Separation:	Career St	atus Bonus (ele	ction message	received):						
Physical Fitness Test F	ailure:	Overseas Tour E	xtension Incentiv	es Program (O	TEIP):						
Triyologi Titilogo Toot T						Advancement Center: Visit MNP Advancement & Promotion page located under the Career & Life Events Tab (Items to collect/discuss: Bibliography for Advancement, Enlisted Advancement Exam Strategy Guide, Profile Sheets) Advancement:					
Advancement Center (Items to collect/discuss											
Advancement Center (Items to collect/discuss	s: Bibliography for Adv	vancement, Enlist	ed Advancemer	nt Exam Strateg	y Guide, P	rofile Sheets)					
Advancement Center (Items to collect/discuss Advancement:	s: Bibliography for Adv	ancement, Enlist	ed Advancemer	nt Exam Strateg	y Guide, P	rofile Sheets)					
Advancement Center (Items to collect/discuss Advancement: Enlisted to Officer Co	emmissioning Programs Applications:	am Application (prior to s	& Administration Submission, communication Commissioning	on Manual OPN	y Guide, P NAVINST 1 ent):	rofile Sheets)					

GM - Gunner's Mate Page 38 of 146

RECORD REVIEW CHECKLIST

Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This is a great opportunity to meet with your Mentor, Leading Petty Officer or Leading Chief Petty Officer to understand the importance of keeping your record up-to-date. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - If Deployed: Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be
 accomplished four to six months before a board convenes, which will allow time for delivery and updating of your
 record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at https://nsips.nmci.navy.mil or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. **Electronic Training Jacket (ETJ)**: Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "*Data Problems*" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to https://awards.navy.mil/ to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

GM - Gunner's Mate Page 39 of 146

QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
Ship Board Fire Fighting		
Aviation Fire Fighting		
Basic Damage Control		
Advanced Damage Control		
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Messenger of the Watch (MOOW)		
Petty Officer of the Watch (POOW)		
Personnel Qualification Standard		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Aviation Warfare Specialist		
Surface Warfare Specialist		
Expeditionary Warfare Specialist		

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
301 M9 Service Pistol Operator		
301 Sentry		
302 Reaction Force Member		
305 M500 Shotgun Operator		
308 M16 (Series) Rifle Operator		
311 Genadier		
323 Duty Armorer		
Antiterrorism Common Core (NAVEDTRA 43387-2 Series)		
Security Force Weapons (NAVEDTRA 43466 Series)		

Notes on Qualifications:

GM - Gunner's Mate Page 40 of 146

CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the GM-Gunner's Mate rating. They may require additional education, training or experience.

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E7	American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
E5	Board of Certified Safety Professionals (BCSP)	Associate Safety Professional (ASP)	
E5	Board of Certified Safety Professionals (BCSP)	Certified Safety Professional (CSP)	
	Certifying Technical Employee Competence (CertTEC)	Basic Electricity and Electronics - Direct Current (BEE-DC)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

* See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

GM - Gunner's Mate Page 41 of 146

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the GM-Gunner's Mate rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Electronics Technician	

GM - Gunner's Mate Page 42 of 146

POST MILITARY OCCUPATIONS

The following post military occupations are similar to the GM-Gunner's Mate Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Aircraft Mechanics and Service Technicians
Electrical and Electronic Engineering Technologists and Technicians
Electronics Engineers, Except Computer
Explosives Workers, Ordnance Handling Experts, and Blasters
First-Line Supervisors of Mechanics, Installers, and Repairers
HelpersInstallation, Maintenance, and Repair Workers
Inspectors, Testers, Sorters, Samplers, and Weighers
Production, Planning, and Expediting Clerks
Training and Development Managers
Transportation, Storage, and Distribution Managers

Occupation (Federal Employer)
0856 - Electronics Technical Series
2606 - Electronic Industrial Controls Mechanic
2608 - Electronic Digital Computer Mechanic
2610 - Electronic Integrated Systems Mechanic
4749 - Maintenance Mechanic
6511 - Missile/Toxic Materials Handling
6610 - Small Arms Repairing
6641 - Ordnance Equipment Mechanic
6656 - Special Weapons Systems Mechanic
8255 - Pneudraulic Systems Mechanic
9944 - Electronics Technician

GM - Gunner's Mate Page 43 of 146

STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form	n:	
Career Waypoints-Reenlistment Approval:		
School as a Reenlistment Incentive:		
Prior Service Reenlistment Eligibility - Res	serve (PRISE-R):	
MyNavy Assignments (MNA):		
Medical/Dental Screening:		
Command Recommendation (evaluation):	Bonus:	Ceremony:

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

GM - Gunner's Mate Page 44 of 146 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate.
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

GM - Gunner's Mate Page 45 of 146

AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	1

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received	
MNA	MNA	MNA	MNA	Sign Eval	
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)		
Family Care Plan		Start Eval			
Mil to Mil		Reverse Sponsor			
		Incentives/EOS opp	portunities		

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months	6 months	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

GM - Gunner's Mate Page 46 of 146

PHYSICAL FIT	NESS:					
	year-round physical IMS within 60 days o					
Height	Weight	If Required (AC	BCA)		,
Last 2 PRT Cyc	les: Forearm Plank	/	Push-ups	/	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	s /			
List if any Medic	al Waiver(s)	/				
For more information	on on Navy Fitness, visit	: https://www.public.nav	y.mil/bupers-npc/sup	port/21st_Centu	ry_Sailor/physical/Page	s/default2.aspx

GM - Gunner's Mate Page 47 of 146

PROFESSIONAL MILITARY EDUCATION (E4)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan C	completed (Navy Colle	ege Office/NCVE	C)				
Current Education	n Level						
Degree Goal							
	** Various de	gree options are a	available	n the Advance	d Education se	ction. **	
Goal: Date: AA/A (Credits to earn a		/BS SH/90 QH, BA/BS	Master S: 120 SF		ster /Doctorate:	Variable based on progra	ım)
Number of curren	t credits	American Cou	ncil on E	ducation (ACE)	recommended	l credits	
Joint Service Trai	nscripts (JST)						
HS Transcripts	College	Transcripts					
Date Degree Obt	ained: AA/AS	BA/BS		Master	D	octorate	
For entry into Naval Educa JST Operatio 6490 Saufley Pensacola, F Email: JST@	/ Field Road FL 32509	ege/University sen nmand N644	d official t	ranscripts to:			
V	OLUNTARY EDUCA are located	TION: Links to s d on the DANTES	tudy gui S websit	des, exam pro e https://www	eparations, and dantes.doded	d practice tests d.mil/	
Academic skills	NCPA	CE	CLEP		DSST		
TA	MGIB	MGIB-SR		Post 9/11 GIB			

GM - Gunner's Mate Page 48 of 146

E4 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Foundational Leader Development Course ⁵	Water front/ Flightline/ Various ⁴	NELD-03	2.5 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E5	Navy e-Learning	NETCPDC-PMK-EE-E5-1.0		
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	livery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

- 4 See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.
- 5 Available for paygrades E3 and E4

E4 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 49 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

E4 RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Professional Military Knowledge Eligibility Exam (PMK-EE) Study Material	Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Military Requirements for Petty Officer Third and Second Class	Navy e-Learning	NRTC-NAVEDTRA-14504- MRFPO-TASC-1.0		
Introductory Enlisted Professional Military Education (IEPME)	Navy e-Learning	Military DON/ PME	18 hrs	
Block 1 Introductory EPME - Introduction	Navy e-Learning	NWC-IEPME-INTRO-B1	-	
Block 2 Introductory EPME - History and Traditions	Navy e-Learning	NWC-IEPME-INTRO-B2	3 hrs	
Block 3 Introductory EPME - Enlisted Professionalism	Navy e-Learning	NWC-IEPME-INTRO-B3	3 hrs	
Block 4 Introductory EPME - Policy and the Navy	Navy e-Learning	NWC-IEPME-INTRO-B4	3 hrs	
Block 5 Introductory EPME - Planning for Operations	Navy e-Learning	NWC-IEPME-INTRO-B5	3 hrs	
Block 6 Introductory EPME - Regional and Cultural Awareness	Navy e-Learning	NWC-IEPME-INTRO-B6	3 hrs	
Block 7 Introductory EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-IEPME-INTRO-B7	3 hrs	
Block 8 Introductory EPME - Conclusion	Navy e-Learning	NWC-IEPME-INTRO-B82	-	
Cultural Awareness	Navy e-Learning	Foreign Language and Culture	45 hrs	
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Nutrition	Navy e-Learning	NMHCI2107V2.1	1 hour	
Personal Financial Management	Navy e-Learning	CPD-PFM-1.0	8 hrs	
PREVENT	Command Delivered	S-501-0150	24 hrs	
21st Century CONSEP (Mid-Career)	Fleet and Family Service Center		2 days	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

GM - Gunner's Mate Page 50 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E4 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Non-Prior Service Accession Program	Navy e-Learning	CNRFC-NPSAP-2 /DoN 0	23 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E4 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Mk 38 Mod 2 Machine Gun	PQS	NAVEDTRA 43188/301		
Cargo Weapons Elevators	PQS	NAVEDTRA 43108-F/302		
Cargo Weapons Elevators	PQS	NAVEDTRA 43108-F/303		
Cargo Weapons Elevators	PQS	NAVEDTRA 43108-F/304		
5"/54 Cal Gun Mount Mk 45 Mods 1 & 2	PQS	NAVEDTRA 43168-D/305		
5"/62 Cal Gun Mount Mk 45 Mod 4	PQS	NAVEDTRA 43168-1/305		
Conventional Weapons Explosive Handling and Stowage		NAVEDTRA 43202-C/302		
Conventional Weapons Explosive Handling and Stowage		NAVEDTRA 43202-C/303		
Maintenance and Material Management System	PQS	NAVEDTRA 43241-H/302		
Surface Vessel Torpedo Tubes Mk 32	PQS	NAVEDTRA 43342-D/302		
Force Protection Afloat	PQS	NAVEDTRA 43387-2D/307		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/304		
Mk 41 Vertical Launching System (VLS)	PQS	NAVEDTRA 43424-E/308		
Security Force Weapons	PQS	NAVEDTRA 43466-C/312		
Security Force Weapons	PQS	NAVEDTRA 43466-C/313		
Security Force Weapons	PQS	NAVEDTRA 43466-C/314		
Security Force Weapons	PQS	NAVEDTRA 43466-C/315		
Security Force Weapons	PQS	NAVEDTRA 43466-C/316		
Security Force Weapons	PQS	NAVEDTRA 43466-C/317		
Security Force Weapons	PQS	NAVEDTRA 43466-C/318		
Security Force Weapons	PQS	NAVEDTRA 43466-C/322		
Security Force Weapons	PQS	NAVEDTRA 43466-C/323		
Security Force Weapons	PQS	NAVEDTRA 43466-C/324		
Combat Systems Operational Sequencing System (CSOSS)		NAVEDTRA 43511-C/301		
Quality Maintenance Program	PQS	NAVEDTRA 43523-B/302		

GM - Gunner's Mate Page 51 of 146

NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.				
Foundational	Advanced	Capstone		
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek		
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck		
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek		
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes		

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.			
Foundational	Advanced	Capstone	
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov	
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs	
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte	
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly	
The Next 100 Years - Friedman			

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.				
Foundational	Advanced	Capstone		
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski		
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell		
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien		
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes		

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.				
Foundational	Advanced	Capstone		
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello		
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro		
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks		
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire		
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander		
	Start with Why - Sinek			

MCPON's Suggested Reading

	<u> </u>			
Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.				
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.				
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein		
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell		
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker		
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester		
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell		
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood		
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth		

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

GM - Gunner's Mate Page 52 of 146

E4 RECOMMENDED COMMUNITY READING

Title	Completed
Admiral John H. Towers – The Struggle for Naval Air Supremacy by Reynolds	
Authors at Sea by Shenk	
Decision and Dissent with Halsey at Leyte Gulf by Solberg	
Run Silent/Run Deep by Beach	
The First Team – Pacific Naval Air Combat from Pearl Harbor to Midway by Lundstrom	
The United States Sailors: A History by Simmons	
Victory at Sea – World War II in the Pacific by Dunnigan	
Torpedo Handling System NAVSEA 0975-LP-005-7010	
Hazards of Electromagnetic Radiation to Ordnance; Vol 2 NAVSEA OP 3565/NAVAIR 16-1-529	
Ammunition and Explosive Safety Afloat NAVSEA OP4	
Ammunition and Explosives Safety Ashore NAVSEA OP5	
Shipboard Ammunition Handling NAVSEA S9086-XG-STM-010 Ch 700.	
Magazine Sprinkler Systems NAVSEA S9522-AA-HBK-010	
Small Arms and Special Warfare Ammunition NAVSEA SW010-AD-GTP-010	
Technical Manual for Otto Fuel II NAVSEA S6340-AA-MMA-010	
Gun Ammunition NAVSEA SW030-AA-MMO-010	
Pyrotechnic Screening, Marking and Countermeasure Devices NAVSEA SW050-AB-MMA-020	
5-Inch 54-Caliber Gun Mount Mark 45 Mod 2 NAVSEA SW323-F2-MMO-020	
Gun Mount, 5/54 Caliber, Mk 45 Mod 4 NAVSEA SW323-G4-MMO-010	
Vertical Launching System Mk 41 Mods 0/1/2/7/15 Capabilities NAVSEA SW394-AF-SUP-010	
Lightweight Torpedo Firing Craft Procedures NAVSEA SW515-A0-PRO-020	

GM - Gunner's Mate Page 53 of 146







(Journe)

NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Gunner's Mate "A" School 1	Great Lakes, IL	A-100-0094	70 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Magazine Sprinkler System Operation and Maintenance (N/A) ¹	Everett, WA; San Diego, CA; Norfolk, VA; Yokosuka, Japan	K-041-2048	4 days	
Crew Served Weapons Operations and Maintenance (N/A) ¹	CENSECFOR DET Chesapeake; CENSECFOR DET San Diego	A-041-0013	12 days	
LAMPS Aviation Ordnance Handling ¹	Norfolk, VA; San Diego, CA; Pearl Harbor, HI	K-050-2131	5 days	
MK 32 SVTT Operation and Maintenance ¹	Norfolk, VA; Pearl Harbor, HI	J-123-0568	12 days	
Explosive/Ammunition Driver ¹	Port Hueneme, CA; Gulfport, MS	S-710-0970	1 week	
Machine Gun Crew Training M-2 .50 Caliber ¹	Port Hueneme, CA; Gulfport, MS	S-710-0957		
MK 50 Modular Gun Weapon System O&M Difference Course ¹	Dam Neck, VA	A-041-0005	12 days	
MK 41 VLS Aegis Ashore Difference O&M ¹	Dam Neck, VA	A-121-0582	5 days	
MK 45 Gun Mount Technical Enhancement Training (TET) ¹	Dahlgren, VA; San Diego, VA	S-113-2104	12 days	
MK 60 Mod 0 Griffin Missile System O&M ¹	Dahlgren, VA	S-041-0006	5 days	
Magazine Sprinkler Inspector ¹	HI, PEARL HARBOR; CA, SAN DIEGO; VA, NORFOLK	K-041-2137	3 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

GM - Gunner's Mate Page 54 of 146

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
V65B - MK 41 VLS O&M Core ¹	Dam Neck, VA; San Diego, CA	A-121-0522	107 days	
V64B - MK 41 VLS Baseline V/VII ¹	Dam Neck, VA; San Diego, CA	A-121-0580	29 days	
V62B - MK 45 Mod 1 & 2 O&M ¹	San Diego, CA	A-113-1118	100 days	
V63B - MK 45 Mod 4 O & M ¹	San Diego, CA	A-113-2102	79 days	
718B - Crew Served Weapons Instructor (CSWI) 1	Various Locations	A-830-2215	12 days	
716B - Lightweight Torpedo S&I ¹	Everett, WA	A-123-0174	31 days	
717B - Small Arms Marksmanship Instructor (SAMI) ¹	Various Locations	A-041-0148	19 days	
764A - Cargo/Weapons Elevator (Electrical) ¹	Great Lakes, IL	A-690-0099	22 days	
743B - Cargo/Weapons Elevator (Mechanical) ¹	Great Lakes, IL	A-690-0100	22 days	
V61B - 30MM MK 46 Mod 2 Gun Weapon System (GWS) ¹	Dam Neck, VA	A-113-0039	26 days	
804G - Expeditionary Combat Skills (ECS) ¹	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	
787A - Enhanced Organization Level Maintenance (NSW Armorer) ¹	Crane, IN	S-041-0002	33 days	
779B - 25mm Machine Gun System Mk 38 Mod 2 O&M ¹	Norfolk, VA; San Diego, CA	A-041-0003	19 days	
814A - Ammunition Supply Administration ¹	Dam Neck, VA; San Diego, CA	A-041-0040	12 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
803R - Enlisted Navy Recruiting Orientation/Recruiter Canvasser	Pensacola, FL	S-501-0020	33 days	
8RDC - Recruit/Assistant Recruit Company Commander/Recruit Instructor	Great Lakes, IL	A-012-0037	87 days	
V96A - 57MM MK 110 O&M ¹	VA, VIRGINIA BEACH	A-113-0197	29 days	
MK32 SVTT MOD 15/19 O&M ¹	CA, SAN DIEGO	A-130-0118	36 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

JOB DESCRIPTION

Performs systems operability tests; instructs and supervises crews in the handling and storage of explosives; qualifies personnel in the use and operation of crew served weapons and small arms; inspects and supervises the operation of weapons delivery systems and ordnance handling equipment; adjusts, tests, and aligns weapons delivery systems; develops lesson training plans; prepares weekly maintenance schedules; maintains shop and equipment logs; orders repair parts and special tools; maintains, troubleshoots, and repairs synchros, hydraulic pumps, and pneumatic systems; maintains and updates administrative records to include access lists, magazine temperature logs, supply and repair part inventories, and small arms/crew served weapons firing count logs; implements control measures necessary to protect lives, property, and critical national defense assets against unauthorized access, theft, fire, malicious destruction, loss, or other intentional crime or damage.

RECOMMENDED BILLET ASSIGNMENTS

Work as ordnance equipment technician and ordnance handling team leaders aboard ships or at shore establishments. Other Opportunities:

- Joint Assignments
- Naval Special Warfare Development Group
- GWOT Support Assignments
- Recruiter
- Instructor
- RDC
- DAPA
- CAAC
- · Career Counselor

GM - Gunner's Mate Page 55 of 146

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Phone Number:	
Mobilization UIC:					
Naval Reserve Activity:					
Division Officer:				Phone Number:	
Leading Chief Petty Off	icer:			Phone Number:	
Leading Petty Officer:				Phone Number:	
Sponsor/Mentor:				Phone Number:	
Depart/Division Career Counselor:				Phone Number:	
Date of Initial Entry to M	filitary Service (DIEN	NS):	Date of Initia	al Entry Reserve Forces (DIERF):
Pay Entry Base Date (F	PEBD):				
ADSD: Rep	oort Date:	EAOS/EOS:	PRD:	SEA / SHOR	E: /
PAYGRADE E5 (3 Yea Date Advanced: HYT Date: Command INDOC com	Eligible Adv	vancement Date:		lumber of times up:	
l la		CAREER DEVELO	OPMENT BOA	RDS.	
(E5) Reason for	Convening/Discussion	n Items: (Upon compl	er Counselor H letion update (CIN	andbook NAVPERS 158 MS) Career Information Man	
(E5) Reason for Reporting (within 60 day	Convening/Discussion ys for active duty or	four drill weekends	er Counselor H letion update (CIN	andbook NAVPERS 158 MS) Career Information Man	
(E5) Reason for Reporting (within 60 day 24 Month:	Convening/Discussion ys for active duty or 48 Month:	four drill weekends 60 Month:	er Counselor H letion update (CIN	andbook NAVPERS 158 MS) Career Information Man	
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan:	Convening/Discussion ys for active duty or 48 Month: Mil to Mil:	four drill weekends 60 Month:	er Counselor H letion update (CIM for SELRES) (I	andbook NAVPERS 158 MS) Career Information Man Date Conducted):	
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360:	convening/Discussion ys for active duty or 48 Month: Mil to Mil: Special Program	four drill weekends 60 Month:	er Counselor H letion update (CIN for SELRES) (I	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t:	agement System)
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date):	convening/Discussion ys for active duty or 48 Month: Mil to Mil: Special Program HYT	four drill weekends 60 Month: "" "" "Waiver Date:	er Counselor H letion update (CIM for SELRES) (I fember Reques	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve Disapprov	agement System)
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360:	ys for active duty or 48 Month: Mil to Mil: Special Program HYT	four drill weekends 60 Month: "" "" "Waiver Date:	er Counselor H letion update (CIM for SELRES) (I Member Reques er Waypoint not	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve □ Disapprov approved:	agement System)
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month	ys for active duty or 48 Month: Mil to Mil: Special Program HYT	four drill weekends 60 Month: "" M Waiver Date: Caree ormal Training School	er Counselor H letion update (CIM for SELRES) (I fember Reques er Waypoint not pols Request ("A	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve □ Disapprov approved:	e
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion:	ys for active duty or 48 Month: Mil to Mil: Special Program HYT hs to EAOS/EOS: Navy Fo	four drill weekends 60 Month: n:	er Counselor H letion update (CIM for SELRES) (I Member Reques er Waypoint not pols Request ("A	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve □ Disapprov approved: ""C"etc):	e
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Centers	convening/Discussion ys for active duty or 48 Month: Mil to Mil: Special Program HYT hs to EAOS/EOS: Navy Fo Separation: ailure:	four drill weekends 60 Month: "" Waiver Date: Career Training Scho Career St Overseas Tour E.	er Counselor Hetion update (CIM for SELRES) (I Member Reques er Waypoint not pols Request ("A eatus Bonus (ele extension Incenti	andbook NAVPERS 158 MS) Career Information Man Date Conducted): tt: Approve □ Disapprov approved: "'"C"etc): ection message received)	e Life Events Tab
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center: (Items to collect/discuss Advancement: Enlisted to Officer Co	convening/Discussion ys for active duty or 48 Month: Mil to Mil: Special Program HYT hs to EAOS/EOS: Navy For Separation: ailure: Visit MNP Advances: Bibliography for Active mmissioning Program	four drill weekends 60 Month: "" M Waiver Date: Caree "mal Training Scho Career St Overseas Tour E Cement & Promot dvancement, Enlister	er Counselor Hetion update (CIMetion update (CIMetion update (CIMetion SELRES) (IMember Requester Waypoint not pols Request ("Actus Bonus (electronic page located Advancements and Administration section page located Advancements and Administration section page located Advancements and Administration section s	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve Disapprov approved: A"/"C"etc): ection message received) eves Program (OTEIP): ed under the Career & nt Exam Strategy Guide, on Manual OPNAVINST	e Life Events Tab Profile Sheets)
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center (Items to collect/discuss Advancement: Enlisted to Officer Co Commissioning Program	convening/Discussion ys for active duty or 48 Month: Mil to Mil: Special Program HYT hs to EAOS/EOS: Navy For Separation: ailure: Visit MNP Advances: Bibliography for Advances applications:	four drill weekends 60 Month: n:	er Counselor Heletion update (CIM for SELRES) (I Member Reques er Waypoint not pols Request ("A eatus Bonus (ele extension Incenti ion page locat ed Advancemer & Administration submission, comi	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve Disapprov approved: "/"C"etc): ection message received) ves Program (OTEIP): ed under the Career & nt Exam Strategy Guide,	e Life Events Tab Profile Sheets)
Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center (Items to collect/discuss Advancement: Enlisted to Officer Co Commissioning Program Naval Academy:	convening/Discussion ys for active duty or 48 Month: Mil to Mil: Special Program HYT hs to EAOS/EOS: Navy For Separation: ailure: Visit MNP Advances: Bibliography for Advances: Bibliography for Advances: Applications: Naval Acade	four drill weekends 60 Month: "" M Waiver Date: Career "mal Training Scho Career St Overseas Tour E. Cement & Promot dvancement, Enliste "ram Application & (prior to semant School) "my Preparatory School	er Counselor Hetion update (CIMetion update (CIMetion update (CIMetion SELRES) (Independent of SELRES) (Independent of Section	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve Disapprov approved: A"/"C"etc): ection message received) eves Program (OTEIP): ed under the Career & nt Exam Strategy Guide, on Manual OPNAVINST	e Life Events Tab Profile Sheets)
(E5) Reason for Reporting (within 60 day 24 Month: Family Care Plan: Sailor 360: HYT 24 months (Date): C-WAY-REEN 18 month Rating Conversion: Transfer: Physical Fitness Test Fa Advancement Center (Items to collect/discuss Advancement: Enlisted to Officer Co Commissioning Program	convening/Discussion ys for active duty or 48 Month: Mil to Mil: Special Program HYT hs to EAOS/EOS: Navy For Separation: ailure: Visit MNP Advances: Bibliography for Active mmissioning Program s Applications: Naval Acade	four drill weekends 60 Month: "" Waiver Date: Career Training Scho Career St Overseas Tour Edvancement, Enliste "" Application & (prior to some proper school of the school of the some proper school of the school of	er Counselor Heletion update (CIMeletion update (CIMeletion update (CIMeletion update (CIMeletion SELRES) (Independent of the Second of the Se	andbook NAVPERS 158 MS) Career Information Man Date Conducted): t: Approve Disapprov approved: A"/"C"etc): ection message received) eves Program (OTEIP): ed under the Career & nt Exam Strategy Guide, on Manual OPNAVINST	e Life Events Tab Profile Sheets)

GM - Gunner's Mate Page 56 of 146

RECORD REVIEW CHECKLIST

Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This is a great opportunity to meet with your Mentor, Leading Petty Officer or Leading Chief Petty Officer to understand the importance of keeping your record up-to-date. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - If Deployed: Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be
 accomplished four to six months before a board convenes, which will allow time for delivery and updating of your
 record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at https://nsips.nmci.navy.mil or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. **Electronic Training Jacket (ETJ)**: Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "*Data Problems*" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to https://awards.navy.mil/ to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

GM - Gunner's Mate Page 57 of 146

QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
Ship Board Fire Fighting		
Aviation Fire Fighting		
Basic Damage Control		
Advanced Damage Control		
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Messenger of the Watch (MOOW)		
Petty Officer of the Watch (POOW)		
Junior Officer of the Deck (JOOD)		
Personnel Qualification Standard		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Aviation Warfare Specialist		
Surface Warfare Specialist		
Expeditionary Warfare Specialist		

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
301 M9 Service Pistol Operator		
301 Sentry		
302 Reaction Force Member		
322 Clearing Barrel Supervisor		
323 Duty Armorer		
324 Line Coach		
325 Small Arms Marksmanship Instructor (SAMI)		
326 Crew Served Weapons Instructor (CSWI)		
Antiterrorism Common Core (NAVEDTRA 43387-2 Series)		
NAVEDTRA 43398-13B: AEGIS WEAPONS SYSTEM CIC OPERATION	IS - Applies to DDG and CG Ship	Classes
Security Force Weapons (NAVEDTRA 43466 Series)		

Notes on Qualifications:

GM - Gunner's Mate Page 58 of 146

CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the GM-Gunner's Mate rating. They may require additional education, training or experience.

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E7	American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
E5	Board of Certified Safety Professionals (BCSP)	Associate Safety Professional (ASP)	
E5	Board of Certified Safety Professionals (BCSP)	Certified Safety Professional (CSP)	
	Certifying Technical Employee Competence (CertTEC)	Basic Electricity and Electronics - Direct Current (BEE-DC)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eligible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

* See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

GM - Gunner's Mate Page 59 of 146

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the GM-Gunner's Mate rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Electronics Technician	

GM - Gunner's Mate Page 60 of 146

POST MILITARY OCCUPATIONS

The following post military occupations are similar to the GM-Gunner's Mate Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Aircraft Mechanics and Service Technicians
Electrical and Electronic Engineering Technologists and Technicians
Electronics Engineers, Except Computer
Explosives Workers, Ordnance Handling Experts, and Blasters
First-Line Supervisors of Mechanics, Installers, and Repairers
HelpersInstallation, Maintenance, and Repair Workers
Inspectors, Testers, Sorters, Samplers, and Weighers
Production, Planning, and Expediting Clerks
Training and Development Managers
Transportation, Storage, and Distribution Managers

ccupation (Federal Employer)
856 - Electronics Technical Series
606 - Electronic Industrial Controls Mechanic
608 - Electronic Digital Computer Mechanic
610 - Electronic Integrated Systems Mechanic
749 - Maintenance Mechanic
511 - Missile/Toxic Materials Handling
610 - Small Arms Repairing
641 - Ordnance Equipment Mechanic
656 - Special Weapons Systems Mechanic
255 - Pneudraulic Systems Mechanic
944 - Electronics Technician

GM - Gunner's Mate Page 61 of 146

STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form	:	
Career Waypoints-Reenlistment Approval:		
School as a Reenlistment Incentive:		
Prior Service Reenlistment Eligibility - Rese	erve (PRISE-R):	
MyNavy Assignments (MNA):		
Medical/Dental Screening:		
Command Recommendation (evaluation):	Bonus:	Ceremony:

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

GM - Gunner's Mate Page 62 of 146 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate.
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - · AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

GM - Gunner's Mate Page 63 of 146

AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	1

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan	1	Start Eval	'	ı
Mil to Mil		Reverse Sponsor		
IVIII to IVIII		Treverse opensor		
		Incentives/EOS opp	ortunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

GM - Gunner's Mate Page 64 of 146

PHYSICAL FIT	NESS:					
	ear-round physical f MS within 60 days o					
Height	Weight	If Required (AC	BCA)		
Last 2 PRT Cyc	les: Forearm Plank	/	Push-ups	/	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	/			
List if any Medic	al Waiver(s)	/				
For more information	on on Navy Fitness, visit	https://www.public.nav	y.mil/bupers-npc/supp	ort/21st_Centu	ry_Sailor/physical/Pages	s/default2.aspx

GM - Gunner's Mate Page 65 of 146

PROFESSIONAL MILITARY EDUCATION (E5)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan (Completed (Navy C	ollege Office/NCVE	C)			
Current Educatio	n Level					
Degree Goal						
	** Various	degree options are a	available i	in the Advanced	d Education sec	ction. **
Goal: Date: AA/A		BA/BS	Master			
(Credits to earn	a degree - AA/AS:	60 SH/90 QH, BA/B	S: 120 SF	H/180, QH, Mas	ter /Doctorate:	Variable based on program)
Number of currer	nt credits	American Cou	ncil on Ed	ducation (ACE)	recommended	credits
Joint Service Tra	nscripts (JST)					
HS Transcripts	Colle	ege Transcripts				
Date Degree Ob	tained: AA/AS	BA/BS		Master	Do	octorate
Naval Educa JST Operati 6490 Saufle Pensacola, I	ation and Training (on Center y Field Road	ollege/University sen command N644	d official t	transcripts to:		
V	OLUNTARY EDU are loca	CATION: Links to s ited on the DANTE	study gui S websit	des, exam pre e https://www	parations, and dantes.doded	d practice tests d.mil/
Academic skills	NC	PACE	CLEP		DSST	
TA	MGIB	MGIB-SR		Post 9/11 GIB		

GM - Gunner's Mate Page 66 of 146

E5 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Intermediate Leader Development Course	Water front/ Flightline/ Various ⁴	NELD-04	3 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E6	Navy e-Learning	NETCPDC-PMK-EE-E6-1.0		
ADAMS for Supervisors	Various Locations	S-501-0120	8 hrs	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	livery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) 3	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

E5 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 67 of 146

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.
4 - See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.

E5 RECOMMENDED NAVY PME:

Professional Military Knowledge Eligibility Exam (PMK-EE) Military Requirements for Petty Officer First Class Navy e-Learning MRTC-NAVEDTRA-14145- MRFPO-FC-1.0 MRITARY DONLY PME 20 hrs MRFPO-FC-1.0 Block 1 Basic EPME - Introduction Navy e-Learning NWC-EPME-BASIC-B1 Block 2 Basic EPME - Navy History and Heritage Navy e-Learning NWC-EPME-BASIC-B2 Block 2 Basic EPME - Navy History and Heritage Navy e-Learning NWC-EPME-BASIC-B3 Block 4 Basic EPME - Navy History and Heritage Navy e-Learning NWC-EPME-BASIC-B3 Block 5 Basic EPME - Navy Professional Navy e-Learning NWC-EPME-BASIC-B3 Block 5 Basic EPME - Planning Navy e-Learning NWC-EPME-BASIC-B3 Block 5 Basic EPME - Planning Navy e-Learning NWC-EPME-BASIC-B4 Navy e-Learning NWC-EPME-BASIC-B5 Block 6 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B6 Block 7 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B7 Nov-EPME-BASIC-B8 No	Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Basic Enlisted Professional Military Education (BEPME) Basic Enlisted Professional Military Education (BEPME) Block 1 Basic EPME - Introduction Block 2 Basic EPME - Navy History and Heritage Robot 3 Basic EPME - The Navy Professional Block 3 Basic EPME - The Navy Professional Robot 3 Basic EPME - The Navy Professional Robot 4 Basic EPME - The Navy Professional Robot 5 Basic EPME - Organization and Guidance Robot 6 Basic EPME - Regional Expertise and Cultural Awareness Robot 7 Basic EPME - Regional Expertise and Cultural Awareness Robot 8 Basic EPME - Regional Expertise and Cultural Awareness Robot 8 Basic EPME - Conclusion Rovy e-Learning Rovy E-		Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Block 1 Basic EPME - Introduction Navy e-Learning NWC-EPME-BASIC-B1 Block 2 Basic EPME - Navy History and Heritage Navy e-Learning NWC-EPME-BASIC-B2 Block 3 Basic EPME - The Navy Professional Navy e-Learning NWC-EPME-BASIC-B3 Block 4 Basic EPME - Organization and Guidance Navy e-Learning NWC-EPME-BASIC-B4 Block 5 Basic EPME - Pianning Navy e-Learning NWC-EPME-BASIC-B4 Block 6 Basic EPME - Regional Expertise and Cultural Awareness Block 7 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B7 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B7 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Tochnology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 7 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NwC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NwC-EPME-BASIC-B6 Block 8 Basic EPME - Technology for	Military Requirements for Petty Officer First Class	Navy e-Learning			
Block 2 Basic EPME - Navy History and Heritage Navy e-Learning NWC-EPME-BASIC-B2 Block 3 Basic EPME - The Navy Professional Navy e-Learning NWC-EPME-BASIC-B3 Navy e-Learning NWC-EPME-BASIC-B4 Navy e-Learning NWC-EPME-BASIC-B4 Navy e-Learning NWC-EPME-BASIC-B4 Navy e-Learning NWC-EPME-BASIC-B5 Navy e-Learning NWC-EPME-BASIC-B5 Navy e-Learning NWC-EPME-BASIC-B5 Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B7 Navy e-Learning NWC-EPME-BASIC-B7 Navy e-Learning NWC-EPME-BASIC-B8 Navy e-Learning NWC-EPME-BASIC-B8 Navy e-Learning Na	Basic Enlisted Professional Military Education (BEPME)	Navy e-Learning	Military DON/ PME	20 hrs	
Block 3 Basic EPME - The Navy Professional Block 4 Basic EPME - Organization and Guidance Navy e-Learning NWC-EPME-BASIC-B4 Navy e-Learning NWC-EPME-BASIC-B5 Navy e-Learning NWC-EPME-BASIC-B5 Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B7 Navy e-Learning NWC-EPME-BASIC-B7 Navy e-Learning NWC-EPME-BASIC-B8 Navy e-Learning NWC-EPME-BASIC-B6 NWC-EPME-B	Block 1 Basic EPME - Introduction	Navy e-Learning	NWC-EPME-BASIC-B1		
Block 4 Basic EPME - Organization and Guidance Navy e-Learning NWC-EPME-BASIC-B4 Block 5 Basic EPME - Planning Navy e-Learning NWC-EPME-BASIC-B5 Block 6 Basic EPME - Regional Expertise and Cultural Awareness Block 7 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B6 Block 8 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B8 Navy Reserve Fundamentals for Active Duty Course Navy e-Learning NAVRESFOR-NRF-3.0 10 hrs Nutrition Navy e-Learning NAVESFOR-NRF-3.0 10 hrs Nutrition Navy e-Learning NAVESFOR-NRF-3.0 10 hrs Nutrition Navy e-Learning Nave e-Learning NAVESFOR-NRF-3.0 10 hrs Nutrition Navy e-Learning Nave e-Learning NAVESFOR-NRF-3.0 10 hrs Nutrition Navy e-Learning NAVESFOR-NRF-3.0 10 hrs Nutrition Nave e-Learning NAVESFOR-NRF-3.0 1	Block 2 Basic EPME - Navy History and Heritage	Navy e-Learning	NWC-EPME-BASIC-B2		
Block 5 Basic EPME - Planning Block 6 Basic EPME - Regional Expertise and Cultural Awareness Block 7 Basic EPME - Technology for the Warfighter Block 8 Basic EPME - Technology for the Warfighter Navy e-Learning NWC-EPME-BASIC-B7 Block 8 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B8 Navy Reserve Fundamentals for Active Duty Course Navy e-Learning NWC-EPME-BASIC-B8 Navy Reserve Fundamentals for Active Duty Course Navy e-Learning NWHC12107V2-1 Navy e-Learning NMHC12107V2-1 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-8-0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-3.0 NAVRESFOR-NRF-8-0 NAVRESFOR-NRF-3.0 NAVRESFOR-N	Block 3 Basic EPME - The Navy Professional	Navy e-Learning	NWC-EPME-BASIC-B3		
Block 6 Basic EPME - Regional Expertise and Cultural Awareness Block 7 Basic EPME - Technology for the Warfighter Block 8 Basic EPME - Conclusion Navy e-Learning NwC-EPME-BASIC-B7 Navy Reserve Fundamentals for Active Duty Course Navy e-Learning Navy e-Learning NavY RESFOR-NRF-3.0 10 hrs Nutrition Navy e-Learning NMHCl2107V2.1 1 hour NMHCl2107V2.1 1 ho	Block 4 Basic EPME - Organization and Guidance	Navy e-Learning	NWC-EPME-BASIC-B4		
Awareness Block 7 Basic EPME - Technology for the Warfighter Block 8 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B8 Navy e-Learning NWC-EPME-BASIC-B6 Navy e-Learning NWC-EPME-BASIC-B6 N	Block 5 Basic EPME - Planning	Navy e-Learning	NWC-EPME-BASIC-B5		
Block 8 Basic EPME - Conclusion Navy e-Learning NWC-EPME-BASIC-B8 Navy Reserve Fundamentals for Active Duty Course Navy e-Learning NAVRESFOR-NRF-3.0 10 hrs Nutrition Navy e-Learning NMHCl2107V2.1 1 hour Culture Navy e-Learning NMHCl2107V2.1 4 hrs Recommended General Military Training Topics For FY 2021 (Delivery determined by command discretion) Alcohol, Drug, and Tobacco Awareness Command Delivered CPPD-GMT-ADTA-1.0 Combating Trafficking of Persons General Awareness Domestic Violence Prevention and Reporting Command Delivered/ MNP Delivered/ MNP Electromagnetic Maneuver Warfare Command Delivered Delivered/ MNP Energy Policy Command Delivered CPPD-GMT-DV-1.1 Energy Policy Command Delivered CPPD-GMT-DV-1.0 Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 CPPD-GMT-EOSH-1.0 CPPD-GMT-EOSH-1.0 CPPD-GMT-FW-1.0 CPPD-GMT-FW-1.0 CPPD-GMT-ORMTC-1.0 CPPD-GMT-ORMTC-1.0 CPPD-GMT-ORMTC-1.0 CPPD-GMT-ORMTC-1.0 Command Delivered CPPD-GMT-PFM-1.0 Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 COMPAN-GRATE-ORMTC-1.0 COMPAN-GRATE-ORMTC-1.	,	Navy e-Learning	NWC-EPME-BASIC-B6		
Navy Reserve Fundamentals for Active Duty Course Navy e-Learning Nutrition Navy e-Learning Foreign Language and Culture 45 hrs Recommended General Military Training Topics For FY 2021 (Delivery determined by command discretion) Alcohol, Drug, and Tobacco Awareness Command Delivered Combating Trafficking of Persons General Awareness Command Delivered/ MNP Donestic Violence Prevention and Reporting Command Delivered/ MNP Electromagnetic Maneuver Warfare Command Delivered/ MNP Energy Policy Command Delivered Command Delivered Command Delivered Command Delivered Command Delivered Comportunity, Harassment, and Resolution Options Command Delivered Command Delivered Comportunity, Harassment (ORM) Command Delivered Comportunity	Block 7 Basic EPME - Technology for the Warfighter	Navy e-Learning	NWC-EPME-BASIC-B7		
Nutrition Navy e-Learning NMHCl2107V2.1 1 1 hour Culture Navy e-Learning Foreign Language and Culture 45 hrs Recommended General Military Training Topics For FY 2021 (Delivery determined by command discretion) 1 Alcohol, Drug, and Tobacco Awareness Command Delivered CPPD-GMT-ADTA-1.0 Combating Trafficking of Persons General Awareness Delivered/ MNP DoD-CTIP-3.0 DOD	Block 8 Basic EPME - Conclusion	Navy e-Learning	NWC-EPME-BASIC-B8		
Culture Navy e-Learning Foreign Language and Culture 45 hrs Recommended General Military Training Topics For FY 2021 (Delivery determined by command discretion) 1 Alcohol, Drug, and Tobacco Awareness Command Delivered CPPD-GMT-ADTA-1.0 Combating Trafficking of Persons General Awareness Command Delivered/ MNP DOD-CTIP-3.0 Domestic Violence Prevention and Reporting Command Delivered CPPD-GMT-DV-1.1 Electromagnetic Maneuver Warfare Command Delivered NAVIFOR-FEWC-EMW-01.01 Energy Policy Command Delivered OPNAV-GMTE-1.0 Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Hazing Policy and Prevention Command Delivered CPPD-GMT-HPP-1.0 Operational Risk Management (ORM) Command Delivered CPPD-GMT-ORMTC-1.0 Operations Security Command Delivered CPPD-GMT-PFM-1.0 Personal Financial Management Command Delivered CPPD-GMT-FRM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SRN-1.0 Stress Management Command Delivered CPPD-GMT-SW-1.0 Traumatic Brain Injury Command Delivered DON-PRIV-2.0 Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I ² Command Delivered MNP CENSECFOR-AT-010-1.0<	Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Recommended General Military Training Topics For FY 2021 (Delivery determined by command discretion) Alcohol, Drug, and Tobacco Awareness Command Delivered CPPD-GMT-ADTA-1.0 Command Delivered/ MNP DOD-CTIP-3.0 Domestic Violence Prevention and Reporting Command Delivered CPPD-GMT-DV-1.1 Electromagnetic Maneuver Warfare Command Delivered/ MNP Energy Policy Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Equal Opportunity, Harassment (ORM) Command Delivered CPPD-GMT-EOSH-1.0 Equal Opportunity (CPPD-GMT-EOSH-1.0) Equal Opportunity (CPPD-GMT-EOSH-1.0) Equal Opportunity (CPPD-GMT-PPT-1.0) Equal Opportunity (CPPD-GMT-PPT-1.0) Equal Opportunity (CPPD-GMT-Opportunity (CPPD-GMT-SHR-1.0) Exercise Management Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SHR-1.0 Extress Management COmmand Delivered CPPD-GMT-SHR-1.0 Extress Management COmmand Delivered CPPD-GMT-SHR-1.0 Extress Management Command Delivered CPPD-GMT-SHR-1.0 Extress Management Command Delivered CPPD-GMT-SHR-1.0 Extress Management Command Delivered CPPD-GMT-SHR-1.0 Extress Management Command Delivered CPPD-GMT-SHR-1.0 Extress Management Command Delivered CPPD-GMT-SHR-1.0 Extress Management Command Delivered CPPD-GMT-SHR-1.0 Extress Management CPPD-GMT-SHR-1.0 Extress Management CPPD-	Nutrition	Navy e-Learning	NMHCI2107V2.1	1 hour	
Alcohol, Drug, and Tobacco Awareness Command Delivered CPPD-GMT-ADTA-1.0 Combating Trafficking of Persons General Awareness Donestic Violence Prevention and Reporting Command Delivered/ MNP Electromagnetic Maneuver Warfare Electromagnetic Maneuver Warfare Command Delivered CPPD-GMT-DV-1.1 Energy Policy Command Delivered OPNAV-GMTE-1.0 Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Hazing Policy and Prevention Command Delivered CPPD-GMT-HPP-1.0 Operational Risk Management (ORM) Command Delivered CPPD-GMT-ORMTC-1.0 Operations Security Command Delivered CPPD-GMT-ORMTC-1.0 Command Delivered CPPD-GMT-PFM-1.0 Command Delivered CPPD-GMT-PFM-1.0 Command Delivered CPPD-GMT-SHR-1.0 Command Delivered CPPD-GMT-SHR-1.0 Command Delivered CPPD-GMT-SM-1.0 CM-10 Delivered CPPD-GMT-SM-1.0 CM-10 Delivered CPPD-GMT-SM-1.0 CM-10 Deliver	Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
Combating Trafficking of Persons General Awareness Command Delivered/ MNP DOD-CTIP-3.0 Domestic Violence Prevention and Reporting Command Delivered Command Delivered CPPD-GMT-DV-1.1 Electromagnetic Maneuver Warfare Energy Policy Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Deprational Risk Management (ORM) Command Delivered CPPD-GMT-ORMTC-1.0 Operations Security Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SHR-1.0 Command Delivered CPPD-GMT-SM-1.0 Ensured CPPD-GMT-SM-1.0 Command Delivered CPPD-GMT-SM-1.0 COMMAND CENSECFOR-AT-010-1.0 Ensured MNP CENSECFOR-AT-010-1.0 COMMAND CENSECFOR-AT-010-1.0 Command Delivered CPD-GMT-SM-1.0 COMMAND CENSECFOR-AT-010-1.0	Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) ¹		
Delivered/ MNP Domestic Violence Prevention and Reporting Command Delivered CPPD-GMT-DV-1.1 Electromagnetic Maneuver Warfare Energy Policy Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Equal Opportunity, Harassment (ORM) Command Delivered CPPD-GMT-EOSH-1.0 Operational Risk Management (ORM) Command Delivered CPPD-GMT-ORMTC-1.0 Operations Security Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Stress Management Command Delivered CPPD-GMT-SHR-1.0 Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SHR-1.0 Command Delivered CPPD-GMT-SHR-1.0 COMMAND CENSECFOR-AT-010-1.0 Antiterrorism Level I 2 Command Delivered DON-PRIV-2.0 Command Delivered B-300-2010	Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Electromagnetic Maneuver Warfare Command Delivered/ MNP Command Delivered OPNAV-GMTE-1.0 Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Hazing Policy and Prevention Command Delivered CPPD-GMT-HPP-1.0 Operational Risk Management (ORM) Command Delivered CPPD-GMT-ORMTC-1.0 Operations Security Command Delivered/ MNP Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-PFM-1.0 Stress Management Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered DON-PRIV-2.0 Antiterrorism Level I 2 Command Delivered MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Combating Trafficking of Persons General Awareness		DOD-CTIP-3.0		
Electromagnetic Maneuver Warfare Delivered/ MNP NAVIFOR-FEWC-EMW-01.01 Energy Policy Command Delivered CPNAV-GMTE-1.0 Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Hazing Policy and Prevention Command Delivered CPPD-GMT-HPP-1.0 Operational Risk Management (ORM) Command Delivered CPPD-GMT-ORMTC-1.0 NOST-USOPSEC-3.0 Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered Privacy Act Command Delivered COMMAND CENSECFOR-AT-010-1.0 ENSECFOR-AT-010-1.0 COMMAND Delivered CENSECFOR-AT-010-1.0	Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Equal Opportunity, Harassment, and Resolution Options Command Delivered CPPD-GMT-EOSH-1.0 Command Delivered CPPD-GMT-HPP-1.0 Command Delivered CPPD-GMT-HPP-1.0 Command Delivered CPPD-GMT-ORMTC-1.0 Operations Security Command Delivered CPPD-GMT-ORMTC-1.0 NOST-USOPSEC-3.0 Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Command Delivered CPPD-GMT-SHR-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered Privacy Act Command Delivered CPPD-GMT-SM-1.0 COMMAND CPPD-GMT-SM-1.0 COMMAND CPPD-GMT-SM-1.0 CPPD-GMT-SM-1	Electromagnetic Maneuver Warfare		NAVIFOR-FEWC-EMW-01.01		
Hazing Policy and Prevention Operational Risk Management (ORM) Operations Security Operations Security Personal Financial Management Command Delivered Command Delivered Command Delivered Command Delivered Command Delivered Command Delivered CPPD-GMT-ORMTC-1.0 NOST-USOPSEC-3.0 Delivered/ MNP Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I 2 Command Delivered/ MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Operational Risk Management (ORM) Command Delivered CPPD-GMT-ORMTC-1.0 Operations Security Command Delivered/ MNP NOST-USOPSEC-3.0 Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered DON-PRIV-2.0 Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I ² Command Delivered MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Operations Security Command Delivered/ MNP Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered Privacy Act Command Delivered COMMAND COMMAND CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Delivered/ MNP NOST-USOPSEC-3.0 Personal Financial Management Command Delivered CPPD-GMT-PFM-1.0 Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I 2 Command Delivered/ MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Sexual Health and Responsibility Command Delivered CPPD-GMT-SHR-1.0 Stress Management Command Delivered CPPD-GMT-SH-1.0 Traumatic Brain Injury Command Delivered Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I 2 Command Delivered MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Operations Security		NOST-USOPSEC-3.0		
Stress Management Command Delivered CPPD-GMT-SM-1.0 Traumatic Brain Injury Command Delivered Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I 2 Command Delivered MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Traumatic Brain Injury Command Delivered Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I 2 Command Delivered/ MNP Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Privacy Act Command Delivered DON-PRIV-2.0 Antiterrorism Level I ² Command Delivered/ MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Antiterrorism Level I ² Command Delivered/ MNP CENSECFOR-AT-010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Traumatic Brain Injury	Command Delivered			
Antiterrorism Level I 2 Delivered/ MNP CENSECFOR-AI -010-1.0 Tactical Combat Casualty Care All Service Member/Tier 1 Command Delivered B-300-2010	Privacy Act	Command Delivered	DON-PRIV-2.0		
	Antiterrorism Level I ²		CENSECFOR-AT-010-1.0		
Fig. 11M	Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management Command Delivered Command Delivered	Financial Management ³	Command Delivered			

GM - Gunner's Mate Page 68 of 146

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E5 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E5 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Mk 38 Mod 2 25mm Machine Gun		NAVEDTRA 43188		
Cargo/Weapons Elevators		NAVEDTRA 43108 Series		
5-Inch/62 Caliber Gun Mount MK 45 MOD 4		NAVEDTRA 43168-1		
5-Inch/54 Caliber Gun Mount Mk 45 Mods 1 & 2		NAVEDTRA 43168-D		
Ordnance Operations		NAVEDTRA 43202-1 Series		
Maintenance and Material Management (3-M)		NAVEDTRA 43241 Series		
Surface Vessel Torpedo Tubes (SVTT) Mk 32 Mods 5, 14, 15, 17, and 19		NAVEDTRA 43342-D		
Magazine Protection System		NAVEDTRA 43386-C		
Force Protection Afloat		NAVEDTRA 43387-2D		
MK 41 Vertical Launching System (VLS)		NAVEDTRA 43424-E		
Security Force Weapons		NAVEDTRA 43466-C		
Combat Systems Operational Sequencing System (CSOSS)		NAVEDTRA 43511-C		
Quality Maintenance Program		NAVEDTRA 43523-B		

GM - Gunner's Mate Page 69 of 146

NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

· · · · · · · · · · · · · · · · · · ·					
Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.					
Foundational Advanced Capstone					
Ghost Fleet - Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek			
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck			
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek			
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes			

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.				
Foundational Advanced Capstone		Capstone		
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov		
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs		
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte		
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly		
The Next 100 Years - Friedman				

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.				
Foundational Advanced Capstone				
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski		
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell		
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien		
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes		

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.				
Foundational	Advanced	Capstone		
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello		
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro		
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks		
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire		
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander		
	Start with Why - Sinek			

MCPON's Suggested Reading

	<u> </u>				
Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.					
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.					
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein			
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell			
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker			
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester			
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell			
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood			
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth			

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

GM - Gunner's Mate Page 70 of 146

E5 RECOMMENDED COMMUNITY READING

Title	Completed
Admiral John H. Towers – The Struggle for Naval Air Supremacy by Reynolds	
Authors at Sea by Shenk	
Decision and Dissent with Halsey at Leyte Gulf by Solberg	
Run Silent/Run Deep by Beach	
The First Team – Pacific Naval Air Combat from Pearl Harbor to Midway by Lundstrom	
The United States Sailors: A History by Simmons	
Victory at Sea – World War II in the Pacific by Dunnigan	

GM - Gunner's Mate Page 71 of 146







Gunner's Mate Petty Officer First Class (Journeyman/Master)

NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Gunner's Mate "A" School ¹	Great Lakes, IL	A-100-0094	70 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Magazine Sprinkler System Operation and Maintenance (N/A) ¹	Everett, WA; San Diego, CA; Norfolk, VA; Yokosuka, Japan	K-041-2048	4 days	
MK 50 Modular Gun Weapon System O&M Difference Course ¹	Dam Neck, VA	A-041-0005	12 days	
MK 41 VLS Aegis Ashore Difference O&M ¹	Dam Neck, VA	A-121-0582	5 days	
MK 45 Gun Mount Technical Enhancement Training (TET) ¹	Dahlgren, VA; San Diego, VA	S-113-2104	12 days	
MK 60 Mod 0 Griffin Missile System O&M ¹	Dahlgren, VA	S-041-0006	5 days	
Magazine Sprinkler Inspector ¹	HI, PEARL HARBOR; CA, SAN DIEGO; VA, NORFOLK	K-041-2137	3 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
V65B - MK 41 VLS O&M Core ¹	Dam Neck, VA; San Diego, CA	A-121-0522	107 days	
V62B - MK 45 Mod 1 & 2 O&M ¹	San Diego, CA	A-113-1118	100 days	
V63B - MK 45 Mod 4 O & M ¹	San Diego, CA	A-113-2102	79 days	
V61B - 30MM MK 46 Mod 2 Gun Weapon System (GWS) ¹	Dam Neck, VA	A-113-0039	26 days	
804G - Expeditionary Combat Skills (ECS) ¹	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	
787A - Enhanced Organization Level Maintenance (NSW Armorer) ¹	Crane, IN	S-041-0002	33 days	
779B - 25mm Machine Gun System Mk 38 Mod 2 O&M ¹	Norfolk, VA; San Diego, CA	A-041-0003	19 days	
814A - Ammunition Supply Administration ¹	Dam Neck, VA; San Diego, CA	A-041-0040	12 days	
804A - Antiterrorism Training Supervisor (AT TRASUP) ¹	Various Locations	A-830-0034	19 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
803R - Enlisted Navy Recruiting Orientation/Recruiter Canvasser	Pensacola, FL	S-501-0020	33 days	
8RDC - Recruit/Assistant Recruit Company Commander/Recruit Instructor	Great Lakes, IL	A-012-0037	87 days	
V96A - 57MM MK 110 O&M ¹	VA, VIRGINIA BEACH	A-113-0197	29 days	
MK32 SVTT MOD 15/19 O&M ¹	CA, SAN DIEGO	A-130-0118	36 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

GM - Gunner's Mate Page 72 of 146

JOB DESCRIPTION

Diagnoses intermittent, recurring, and interacting electrical and electronic malfunctions; supervises ordnance handling evolutions; prepares equipment maintenance reports; trains personnel to perform maintenance on weapon systems; supervises electrical, electronic, mechanical, hydraulic and pneumatic systems maintenance; manages environmental pollution control; maintains technical library; maintains arms, ammunition, and explosive data base; maintains key and lock custody programs; drafts and routes ordnance accountability administrative correspondence, casualty assistance reports, and maintenance/repair related reports; counsels individuals; maintains weapons allowances and asset verification lists.

RECOMMENDED BILLET ASSIGNMENTS

Work as ordnance equipment technician and ordnance handling team leaders aboard ships or at shore establishments. Act as divisional Leading Petty Officers.

Other Opportunities:

- Joint Assignments
- Naval Special Warfare Development Group
- GWOT Support Assignments
- Recruiter
- Instructor
- RDC
- DAPA
- CAAC
- · Career Counselor

GM - Gunner's Mate Page 73 of 146

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Pho Numbe			
Mobilization UIC:							
Naval Reserve Activity:							
Division Officer:				Phone	Number:		
Leading Chief Petty Officer:				Phone	Number:		
Leading Petty Officer:				Phone	Number:		
Sponsor/Mentor:				Phone	Number:		
Depart/Division Career Counselor:				Phone	Number:		
Date of Initial Entry to Military	Service (DIEMS)):	Date of Init	ial Entry Re	serve Forces	(DIERF):	
Pay Entry Base Date (PEBD):							
ADSD: Report Da	ate: I	EAOS/EOS:	PRD:		SEA / SHOR	RE: /	
PAYGRADE E6 (3 Years time Date Advanced: HYT Date: Sec Command INDOC complete:		ncement Date:		Number of ti	mes up:		
(E6) Reason for Conve	NAVINST 1040. ning/Discussion Ite	.11(ser) & Care ems: (Upon comp	oletion update (C	Handbook N IMS) Career I	Information Mar		
Reporting (within 60 days for a 24 Month: 48 M	active duty or fou Month:	ir arılı weekena: 60 Month:	,	(Date Condu	ucted):		
24 1/10/10/1	VIOLIUI.	OO WOULD					
Family Care Plan:	Mil to Mil:						
Family Care Plan: Sailor 360: Sp	Mil to Mil: ecial Program:		Member Reque	st:			
•	ecial Program:	aiver Date:	Member Reque		□ Disapprov	ve	
Sailor 360: Sp	ecial Program: HYT W	aiver Date:	•	Approve	□ Disapprov	⁄e	
Sailor 360: Sp HYT 24 months (Date): C-WAY-REEN 18 months to E	ecial Program: HYT W	aiver Date: Care	eer Waypoint no	Approve ot approved:	□ Disapprov	/e	
Sailor 360: Sp HYT 24 months (Date): C-WAY-REEN 18 months to E Rating Conversion:	ecial Program: HYT W AOS/EOS:	aiver Date: Care al Training Sch	eer Waypoint no	Approve of approved: A"/"C"etc):	□ Disapprov	/e	
Sailor 360: Sp HYT 24 months (Date): C-WAY-REEN 18 months to E Rating Conversion:	ecial Program: HYT Windows AOS/EOS: Navy Form Aration:	aiver Date: Care al Training Sch Fleet Re	eer Waypoint no	Approve of approved: A"/"C"etc): ont Options:		/e	
Sailor 360: Sp HYT 24 months (Date): C-WAY-REEN 18 months to E Rating Conversion: Transfer: Sepa	ecial Program: HYT W: AOS/EOS: Navy Form aration:	aiver Date: Care al Training Sch Fleet Res Career Status B	eer Waypoint no ools Request (" serve Retireme	Approve of approved: A"/"C"etc): ont Options:		/e	
Sailor 360: Sp HYT 24 months (Date): C-WAY-REEN 18 months to E Rating Conversion: Transfer: Sepa Physical Fitness Test Failure:	HYT WARD HAVE AND A PROBLEM TO THE P	caiver Date: Care al Training Sch Fleet Re: Career Status B OTEIP): ment & Promo	eer Waypoint no ools Request (" serve Retirement onus (election in tion page loca	Approve of approved: A"/"C"etc): of Options: message reconted under 1	ceived):	Life Events Tab	
Sailor 360: Sp HYT 24 months (Date): C-WAY-REEN 18 months to E Rating Conversion: Transfer: Sepa Physical Fitness Test Failure: Overseas Tour Extension Ince Advancement Center: Visit (Items to collect/discuss: Biblio	HYT Ware AOS/EOS: Navy Formaration: MNP Advancer ography for Advancations: Naval Academy	career Status B OTEIP): ment & Promo ancement, Enlis m Application (prior to	eer Waypoint no ools Request (" serve Retirement onus (election retion page located Advancement & Administration submission, con nool (NAPS):	Approve of approved: A"/"C"etc): of Options: message recented under the Exam Strict ion Manual	ceived): the Career & rategy Guide,	Life Events Tab Profile Sheets)	

GM - Gunner's Mate Page 74 of 146

SELECTION BOARD CHECKLIST FOR E6 PROMOTION TO CPO

Step 1 - Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2. **If Deployed:** Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (https://nsips.nmci.navy.mil) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. **Electronic Training Jacket (ETJ)**: Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "*Data Problems*" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to (https://awards.navy.mil/) to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

Step 2 - Submit appropriate missing documents to the selection board.

- a. Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b. For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 - All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 - Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be emailed encrypted to the address provided in the associated NAVADMIN or postmarked not later than the date listed in the associated NAVADMIN addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER PRESIDENT
FY-XX ACTIVE/RESERVE E7 ENLISTED SELECTION BOARD #XXX 5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 360 / SELRES = 335 / FTS = 336)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c. Ensure official record reflects any individual augmentation mission (awards, evals, NEC, etc).
- d. Check https://www.public.navy.mil/bupers-npc/boards/activedutyenlisted/Pages/GeneralInformation.aspx to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF; or if Deployed, reorder your CD-ROM to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

GM - Gunner's Mate Page 75 of 146

Step 3 - After reviewing your service record - such as evaluations, awards, qualifications, etc. - start reviewing what you can do to improve yourself, such as:

- a. Request a Career Development Board (CDB) through your chain of command.
- b. Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct Sailor support.
- c. Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **MNP** that are recommended in this document. Check Navy COOL (https://www.cool.osd.mil/usn/) for any related credentials for which you may be qualified.
- d. Check out **OTHER Learning Opportunities** to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions) at https://main.prod.cetars.training.navy.mil/cetars/main.html.
- Step 4 Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

Step 5 - Prepare for the next CPO Advancement Exam cycle in January for Active Duty & February for Reserves as soon as the Bibliography References are posted six months prior in July. Use the Navy Advancement Center info and website listed above in the advancement section.

GM - Gunner's Mate Page 76 of 146

QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
Ship Board Fire Fighting		
Aviation Fire Fighting		
Basic Damage Control		
Advanced Damage Control		
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Messenger of the Watch (MOOW)		
Petty Officer of the Watch (POOW)		
Junior Officer of the Deck (JOOD)		
Personnel Qualification Standard		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Aviation Warfare Specialist		
Surface Warfare Specialist		
Expeditionary Warfare Specialist		

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
301 M9 Service Pistol Operator		
301 M9 Service Pistol Operator		
301 Sentry		
301 Sentry		
302 Reaction Force Member		
322 Clearing Barrel Supervisor		
323 Duty Armorer		
324 Line Coach		
325 Small Arms Marksmanship Instructor (SAMI)		
326 Crew Served Weapons Instructor (CSWI)		
Antiterrorism Common Core (NAVEDTRA 43387-2 Series)		
NAVEDTRA 43398-13B: AEGIS WEAPONS SYSTEM CIC OPERATION	S - Applies to DDG and CG Ship	Classes
Security Force Weapons (NAVEDTRA 43466 Series)		

Notes on Qualifications:

GM - Gunner's Mate Page 77 of 146

CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the GM-Gunner's Mate rating. They may require additional education, training or experience.

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E7	American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
E5	Board of Certified Safety Professionals (BCSP)	Associate Safety Professional (ASP)	
E5	Board of Certified Safety Professionals (BCSP)	Certified Safety Professional (CSP)	
I F4	Certifying Technical Employee Competence (CertTEC)	Basic Electricity and Electronics - Direct Current (BEE-DC)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists - You may now be eligible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

* See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

GM - Gunner's Mate Page 78 of 146

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the GM-Gunner's Mate rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Electronics Technician	

GM - Gunner's Mate Page 79 of 146

POST MILITARY OCCUPATIONS

The following post military occupations are similar to the GM-Gunner's Mate Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Aircraft Mechanics and Service Technicians
Electrical and Electronic Engineering Technologists and Technicians
Electronics Engineers, Except Computer
Explosives Workers, Ordnance Handling Experts, and Blasters
First-Line Supervisors of Mechanics, Installers, and Repairers
HelpersInstallation, Maintenance, and Repair Workers
Inspectors, Testers, Sorters, Samplers, and Weighers
Production, Planning, and Expediting Clerks
Training and Development Managers
Transportation, Storage, and Distribution Managers

Occupation (Federal Employer)
0856 - Electronics Technical Series
2606 - Electronic Industrial Controls Mechanic
2608 - Electronic Digital Computer Mechanic
2610 - Electronic Integrated Systems Mechanic
4749 - Maintenance Mechanic
6511 - Missile/Toxic Materials Handling
6610 - Small Arms Repairing
6641 - Ordnance Equipment Mechanic
6656 - Special Weapons Systems Mechanic
8255 - Pneudraulic Systems Mechanic
9944 - Electronics Technician

GM - Gunner's Mate Page 80 of 146

STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form	11		
Career Waypoints-Reenlistment Approval:			
School as a Reenlistment Incentive:			
Prior Service Reenlistment Eligibility - Res	erve (PRISE-R):		
MyNavy Assignments (MNA):			
Medical/Dental Screening:			
Command Recommendation (evaluation):	Bonus:	Ceremony:	

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

GM - Gunner's Mate Page 81 of 146 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate.
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - · AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

GM - Gunner's Mate Page 82 of 146

AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	1

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received			
MNA	MNA	MNA	MNA	Sign Eval			
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)				
Family Care Plan		Start Eval	Start Eval				
NATION NATI		D 0					
Mil to Mil		Reverse Sponsor					
		Incentives/EOS opp	oortunities				

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

GM - Gunner's Mate Page 83 of 146

PHYSICAL FIT	NESS:					
	year-round physical IMS within 60 days o					
Height	Weight	If Required (AC	BCA)		,
Last 2 PRT Cyc	les: Forearm Plank	/	Push-ups	/	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	s /			
List if any Medic	al Waiver(s)	/				
For more information	on on Navy Fitness, visit	: https://www.public.nav	y.mil/bupers-npc/sup	port/21st_Centu	ry_Sailor/physical/Page	s/default2.aspx

GM - Gunner's Mate Page 84 of 146

PROFESSIONAL MILITARY EDUCATION (E6)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan C	completed (Navy Co	ollege Office/NCVE	C)				
Current Education	n Level						
Degree Goal							
	** Various	degree options are a	available i	in the Advanced	Education sec	ction. **	
Goal: Date: AA/A	S E	BA/BS	Master				
(Credits to earn a	degree - AA/AS: 6	60 SH/90 QH, BA/BS	S: 120 SH	H/180, QH, Mas	ter /Doctorate:	Variable based on pro	gram)
Number of curren	t credits	American Cou	ncil on Ed	ducation (ACE)	recommended	credits	
Joint Service Trai	nscripts (JST)						
HS Transcripts	Colle	ge Transcripts					
Date Degree Obt	ained: AA/AS	BA/BS		Master	Do	octorate	
For entry into Naval Educa JST Operatio 6490 Saufley Pensacola, F Email: JST@	tion and Training C on Center · Field Road ·L 32509	ollege/University sen ommand N644	d official t	transcripts to:			
V	OLUNTARY EDUC are loca	CATION: Links to s ted on the DANTE	tudy gui S websit	des, exam pre e https://www.	parations, and dantes.doded	d practice tests l.mil/	
Academic skills	NCF	PACE	CLEP		DSST		
TA	MGIB	MGIB-SR		Post 9/11 GIB			

GM - Gunner's Mate Page 85 of 146

E6 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Advanced Leader Development Course	Water front/ Flightline/ Various ⁴	NELD-05	4 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E7	Navy e-Learning	NETCPDC-PMK-EE-E7-1.0		
ADAMS for Supervisors	Various Locations	S-501-0120	8 hrs	
ADAMS for Facilitators	Various Locations	S-501-0110	16 hrs	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (Del	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

E6 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 86 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

^{4 -} See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.

E6 RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Professional Military Knowledge Eligibility Exam (PMK-EE) Study Material	Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Military Requirements for Chief Petty Officer	Navy e-Learning	NRTC-NAVEDTRA-14144- MRFCPO-1.0		
Basic Enlisted Professional Military Education (BEPME)	Navy e-Learning	Military DON/ PME	20 hrs	
Block 1 Basic EPME - Introduction	Navy e-Learning	NWC-EPME-BASIC-B1		
Block 2 Basic EPME - Navy History and Heritage	Navy e-Learning	NWC-EPME-BASIC-B2		
Block 3 Basic EPME - The Navy Professional	Navy e-Learning	NWC-EPME-BASIC-B3		
Block 4 Basic EPME - Organization and Guidance	Navy e-Learning	NWC-EPME-BASIC-B4		
Block 5 Basic EPME - Planning	Navy e-Learning	NWC-EPME-BASIC-B5		
Block 6 Basic EPME - Regional Expertise and Cultural Awareness	Navy e-Learning	NWC-EPME-BASIC-B6		
Block 7 Basic EPME - Technology for the Warfighter	Navy e-Learning	NWC-EPME-BASIC-B7		
Block 8 Basic EPME - Conclusion	Navy e-Learning	NWC-EPME-BASIC-B8		
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Evaluation and Fitness Reports	Navy e-Learning	002EF01		
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Nutrition	Navy e-Learning	NMHCl2107V2.1	1 hour	
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
21st Century CONSEP (Mid-Career)	Fleet and Family Service Center		2 days	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

GM - Gunner's Mate Page 87 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E6 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E6 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Ordnance Operations		NAVEDTRA 43202-1 Series		
Force Protection Afloat		NAVEDTRA 43387-2D		
MK 41 Vertical Launching System (VLS)		NAVEDTRA 43424-E		
Quality Maintenance Program		NAVEDTRA 43523-B		

GM - Gunner's Mate Page 88 of 146

NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.					
Foundational	Advanced	Capstone			
Ghost Fleet - Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek			
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck			
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek			
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes			

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.			
Foundational	Advanced	Capstone	
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov	
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs	
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte	
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly	
The Next 100 Years - Friedman			

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.			
Foundational	Advanced	Capstone	
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski	
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell	
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien	
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes	

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.			
Foundational	Advanced	Capstone	
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello	
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro	
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks	
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire	
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander	
	Start with Why - Sinek		

MCPON's Suggested Reading

Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.				
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.				
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein		
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell		
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker		
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester		
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell		
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood		
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth		

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

GM - Gunner's Mate Page 89 of 146

E6 RECOMMENDED COMMUNITY READING

Title	Completed
Admiral John H. Towers – The Struggle for Naval Air Supremacy by Reynolds	
Authors at Sea by Shenk	
Decision and Dissent with Halsey at Leyte Gulf by Solberg	
Run Silent/Run Deep by Beach	
The First Team – Pacific Naval Air Combat from Pearl Harbor to Midway by Lundstrom	
The United States Sailors: A History by Simmons	
Victory at Sea – World War II in the Pacific by Dunnigan	

GM - Gunner's Mate Page 90 of 146







NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Gunner's Mate "A" School 1	Great Lakes, IL	A-100-0094	70 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Magazine Sprinkler System Operation and Maintenance (N/A) ¹	Everett, WA; San Diego, CA; Norfolk, VA; Yokosuka, Japan	K-041-2048	4 days	
MK 50 Modular Gun Weapon System O&M Difference Course ¹	Dam Neck, VA	A-041-0005	12 days	
MK 45 Gun Mount Technical Enhancement Training (TET) ¹	Dahlgren, VA; San Diego, VA	S-113-2104	12 days	
MK 60 Mod 0 Griffin Missile System O&M ¹	Dahlgren, VA	S-041-0006	5 days	
Magazine Sprinkler Inspector ¹	HI, PEARL HARBOR; CA, SAN DIEGO; VA, NORFOLK	K-041-2137	3 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
V65B - MK 41 VLS O&M Core ¹	Dam Neck, VA; San Diego, CA	A-121-0522	107 days	
V62B - MK 45 Mod 1 & 2 O&M ¹	San Diego, CA	A-113-1118	100 days	
V63B - MK 45 Mod 4 O & M ¹	San Diego, CA	A-113-2102	79 days	
V61B - 30MM MK 46 Mod 2 Gun Weapon System (GWS) ¹	Dam Neck, VA	A-113-0039	26 days	
804G - Expeditionary Combat Skills (ECS) ¹	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	
787A - Enhanced Organization Level Maintenance (NSW Armorer) ¹	Crane, IN	S-041-0002	33 days	
779B - 25mm Machine Gun System Mk 38 Mod 2 O&M ¹	Norfolk, VA; San Diego, CA	A-041-0003	19 days	
814A - Ammunition Supply Administration ¹	Dam Neck, VA; San Diego, CA	A-041-0040	12 days	
804A - Antiterrorism Training Supervisor (AT TRASUP) ¹	Various Locations	A-830-0034	19 days	
V66B - MK 41 VLS Advanced Tech ¹	Port Hueneme, CA	S-121-1000	82 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
8RDC - Recruit/Assistant Recruit Company Commander/Recruit Instructor	Great Lakes, IL	A-012-0037	87 days	
V96A - 57MM MK 110 O&M ¹	VA, VIRGINIA BEACH	A-113-0197	29 days	
MK32 SVTT MOD 15/19 O&M ¹	CA, SAN DIEGO	A-130-0118	36 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

GM - Gunner's Mate Page 91 of 146

JOB DESCRIPTION

Monitors and manages maintenance of electrical, electronic, mechanical, hydraulic, and pneumatic systems; manages and coordinates ordnance handling evolutions; supervises training programs and administers qualification/certification programs; analyzes discrepancy trends and determines corrective action; prepares quarterly maintenance schedules; conducts inventories; supervises shipboard environmental pollution control programs; administers inspections to ensure quality control; counsels individuals; develops procedures for, briefs, executes, and debriefs gun, missile, and torpedo exercises, on loads and offloads; manages force protection and physical security measures that protect Department of Defense personnel, property, resources, facilities, and critical information.

RECOMMENDED BILLET ASSIGNMENTS

Work as ordnance managers and safety supervisors aboard ships or at shore establishments. Act as divisional Leading Chief Petty Officers.

Other Opportunities:

- Joint Assignments
- GWOT Support Assignments
- Recruiter
- Instructor
- RDC
- DAPA
- CAAC
- Career Counselor

GM - Gunner's Mate Page 92 of 146

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD P Numb			
Mobilization UIC:							
Naval Reserve Activity:							
Division Officer:				Phone	e Number:		
Leading Chief Petty Office	cer:			Phone	e Number:		
Leading Petty Officer:				Phone	e Number:		
Sponsor/Mentor:				Phone	e Number:		
Depart/Division Career Counselor:				Phone	e Number:		
Date of Initial Entry to Mil	litary Service (DIEM	S):	Date of	Initial Entry R	eserve Forces	(DIERF):	
Pay Entry Base Date (PE	EBD):						
ADSD: Repo	ort Date:	EAOS/EOS:	PF	RD:	SEA / SHOR	RE:	/
PAYGRADE E7 (3 Years Date Advanced: HYT Date:	Eligible Adv	ancement Date	:	Number of ast updated:	times up:		
Command INDOC comp	lete:						
Use (E7) Reason for C	e OPNAVINST 104 Convening/Discussion	CAREER DEVE 0.11(ser) & Ca Items: (Upon cor	reer Counselo	or Handbook	NAVPERS 15 r Information Mar	878 nagement 9	System)
Reporting (within 60 days	s for active duty or fo	our drill weeken	ds for SELRE	S) (Date Cond	ducted):		
24 Month:	48 Month:	60 Mont	th:				
Family Care Plan:	Mil to Mil:						
Sailor 360:	Special Program:		Member Req	uest:			
HYT 24 months (Date):	HYT	Waiver Date:		☐ Approve	□ Disapprov	⁄e	
Transfer:	Separation:	Fleet R	eserve Retirer	ment Options:			
Physical Fitness Test Fai	ilure:	Career Status	Bonus (election	on message r	eceived):		
Overseas Tour Extension	n Incentives Program	(OTEIP):					
Advancement Center: (Items to collect/discuss:	Visit MNP Advance Bibliography for Ad	ement & Prom vancement, Enl	otion page lo	cated under ment Exam S	the Career & Strategy Guide,	Life Eve Profile Sh	nts Tab neets)
Advancement:							
Enlisted to Officer Con	nmissioning Progr	am Applicatio	n & Administ	ration Manu	al OPNAVINST	Γ 1420.1(s	series):
Commissioning Programs			o submission, o			,	,
Medical Enlisted Commiss		CP):	Medical S	ervice Corps I	n-service Procur	ement:	
Officer Candidate School:	Limit	ted Duty Officer:		Chief Warra	nt Officer:		

GM - Gunner's Mate Page 93 of 146

SELECTION BOARD CHECKLIST FOR CPO PROMOTION TO SCPO

Step 1 - Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2. **If Deployed:** Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (https://nsips.nmci.navy.mil) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. Electronic Training Jacket (ETJ): Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "Data Problems" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to (https://awards.navy.mil/) to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

Step 2 - Submit appropriate missing documents to the selection board.

- a. Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b. For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 - 1. All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 - Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be emailed encrypted to the address provided in the associated NAVADMIN or postmarked not later than the date listed in the associated NAVADMIN addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER PRESIDENT
FY-XX ACTIVE/RESERVE E8 ENLISTED SELECTION BOARD #XXX 5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 235 / SELRES = 205 / FTS = 206)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c. Ensure official record reflects any individual augmentation mission (awards, evals, NEC, etc).
- d. Check https://www.public.navy.mil/bupers-npc/boards/activedutyenlisted/Pages/GeneralInformation.aspx to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF; or if Deployed, reorder your CD-ROM to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

GM - Gunner's Mate Page 94 of 146

Step 3 - After reviewing your service record - such as evaluations, awards, qualifications, etc. - start reviewing what you can do to improve yourself, such as:

- Request a Career Development Board (CDB) through your chain of command.
- b. Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct Sailor support.
- c. Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **MNP** that are recommended in this document. Check Navy COOL (https://www.cool.osd.mil/usn/) for any related credentials for which you may be qualified.
- d. Check out **OTHER Learning Opportunities** to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions) at https://main.prod.cetars.training.navy.mil/cetars/main.html.

Step 4 - Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

GM - Gunner's Mate Page 95 of 146

QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
Ship Board Fire Fighting		
Aviation Fire Fighting		
Basic Damage Control		
Advanced Damage Control		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Section Leader		
Officer of the Deck (OOD) (In Port)		
Command Duty Officer (CDO)		
Junior Officer of the Deck (JOOD) (At Sea)		
Officer of the Deck (OOD) (At Sea)		
Personnel Qualification Standard		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Aviation Warfare Specialist		
Surface Warfare Specialist		
Expeditionary Warfare Specialist		

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)	
(3M) 306 (Dept. Head)			
301 Antiterrorism Watch Officer			
302 Surface Warfare Coordinator (SUWC)			
304 Antiterrorism Training Supervisor			
305 Chief of the Guard			
Antiterrorism Common Core (NAVEDTRA 43387-2 Series)	<u> </u>		
NAVEDTRA 43398-13B: AEGIS WEAPONS SYSTEM CIC OPERATIONS - Applies to DDG and CG Ship Classes			
Security Force Weapons (NAVEDTRA 43466 Series)			

Notes on Qualifications:

GM - Gunner's Mate Page 96 of 146

CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the GM-Gunner's Mate rating. They may require additional education, training or experience.

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E7		Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
E5	Board of Certified Safety Professionals (BCSP)	Associate Safety Professional (ASP)	
E5	Board of Certified Safety Professionals (BCSP)	Certified Safety Professional (CSP)	
I F4	Certifying Technical Employee Competence (CertTEC)	Basic Electricity and Electronics - Direct Current (BEE-DC)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists - You may now be eligible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

* See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

GM - Gunner's Mate Page 97 of 146

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the GM-Gunner's Mate rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Electronics Technician	

GM - Gunner's Mate Page 98 of 146

POST MILITARY OCCUPATIONS

The following post military occupations are similar to the GM-Gunner's Mate Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Aircraft Mechanics and Service Technicians
Electrical and Electronic Engineering Technologists and Technicians
Electronics Engineers, Except Computer
Explosives Workers, Ordnance Handling Experts, and Blasters
First-Line Supervisors of Mechanics, Installers, and Repairers
HelpersInstallation, Maintenance, and Repair Workers
Inspectors, Testers, Sorters, Samplers, and Weighers
Production, Planning, and Expediting Clerks
Training and Development Managers
Transportation, Storage, and Distribution Managers

Occupation (Federal Employer)
0856 - Electronics Technical Series
2606 - Electronic Industrial Controls Mechanic
2608 - Electronic Digital Computer Mechanic
2610 - Electronic Integrated Systems Mechanic
4749 - Maintenance Mechanic
6511 - Missile/Toxic Materials Handling
6610 - Small Arms Repairing
6641 - Ordnance Equipment Mechanic
6656 - Special Weapons Systems Mechanic
8255 - Pneudraulic Systems Mechanic
9944 - Electronics Technician

GM - Gunner's Mate Page 99 of 146

STAY NAVY

AC to AC and FTS to I	FTS - Continue Navy o	career on Active Duty.		
REENLIST / EXTEND:	Request Chit/Form:			
MyNavy Assignments (M	MNA):	edical/Dental Screening	:	
Command Recommend	lation (evaluation):	Bonus:	Ceremony:	
RC to AC/FTS MILPERSMAN 1306-15 established C-WAY-TRA	605 states: E7 and above ANS module application	e personnel who seek o process must contact E	pportunities for compo BUPERS-32 (Enlisted C	nent change outside of the Community Managers) directly.
RC to RC - Continue y Submit reenlistment req	uest utilizing NAVRES 1		Reenlistment Worksho	eet.
REENLIST / EXTEND:	Request Chit/Form:			
MyNavy Assignments (N	ΛNA):			
Medical/Dental Screening	ng:			
Command Recommend	lation (evaluation):	Bonus:	Ceremony:	
the Individual Ready Re while providing a means For additional information AC/FTS to Secretary of This program provides a immersed in company provides a to companies including Amazon, FedEx, Northroman Amazon, FedEx, Northroma	serve for a period of one for their seamless return, go to: https://www.pubf the Navy Tours with a venue for exceptional practices and will be actived by Grumman, Space X,	e to three years to pursurn to active duty. In to active duty. Industry Sailors to experience invely engaged in projects pple, Incorporation, Boe LinkedIn and USAA.	ne personal or profession c/career/reservepersonal chovative business praces and company operations, Tesla, Oak Ridge I	ive component (AC/FTS) and into onal obligations outside the Navy, nelmgmt/IRR/Pages/CIP.aspx. tices. Navy fellows are fully ons. Past fellows were assigned National Laboratory, GE Digital, nent/Pages/SNTWI.aspx.
AC/FTS TRANSFER:				
15 Months	12 Months	9 Months	6 Months	Orders Received
MNA	MNA	MNA	Accept Orders	Screening
Exception Family Member	Exception Family Member	Eval	Reverse Sponsor	Obligate
Mil to Mil		1	Relocation (FFSC)	Bonus
Family Care Plan			Medical/Dental	
Continuous Overseas T	ours (COT)			
Overseas Tour Extension	on Incentive Program (O	TEIP)		

GM - Gunner's Mate Page 100 of 146

SELRES	TRAN	SFER:
--------	------	-------

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS opp	oortunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/	RETIRE*:						
18 -12 months		6 months		<u>90 days</u>		30 days	
TAP*		MED/DEN		Copy of Recor	ds	Copy of Record	ds
Complete DD 2	2648	Relocation		Official Record	ICD	PSD	
Transition Plan	ning	Relocation Ser	vices (FFSC)	Arrange Ceren	nony	MED/DEN	
Annual Statement (ASOSH)	of Service History	Reserve Affiliat	tion	Request Leave	e / PTDY	DD 214*	
Reserve Only		VA/DVA					
*Upon demobili Reserve Retire	zation, SELRES w ments.	vill need Transit	ion Assistance	Program (TAP)	and DD-214; L	DD-214 is not re	quired for
PHYSICAL FIT Participate in a PFA data in PRI	NESS: year-round physica MS within 60 days	l fitness prograr of the PFA cycl	m to meet Navy e. (PRIMS is ac	r fitness and BC	A standards. Re n your BUPERS	eview and verify S Online Account	accuracy of
Height	Weight	If Required	(AC	BCA)			
Last 2 PRT Cyc	les: Forearm Plank	/	Push-up	s /	Run/Swi	m/Cardio	/
Overall Score	/						
List date (if) any	PRT/BCA failure(s	s) over the last 5	years	/			
List if any Medic	al Waiver(s)	/					

GM - Gunner's Mate Page 101 of 146

For more information on Navy Fitness, visit: https://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/physical/Pages/default2.aspx

PROFESSIONAL MILITARY EDUCATION (CPO)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan Completed (Navy College Office/NCVEC)							
Current Education Leve	el						
Degree Goal							
	** Various degree op	tions are available in t	he Advanced Educa	ation section. **			
Goal: Date: AA/AS (Credits to earn a degr	BA/BS ee - AA/AS: 60 SH/90 0	Master QH, BA/BS: 120 SH/1	80, QH, Master /Do	ctorate: Variable ba	sed on program)		
Number of current cred	dits Ame	rican Council on Educ	ation (ACE) recom	mended credits			
Joint Service Transcrip	ots (JST)						
HS Transcripts	College Transc	ripts					
Date Degree Obtained	d: AA/AS	BA/BS	Master	Doctorate			
For entry into JST, have your College/University send official transcripts to: Naval Education and Training Command N644 JST Operation Center 6490 Saufley Field Road Pensacola, FL 32509 Email: JST@DODED.mil							
VOLUN	NTARY EDUCATION: I are located on the	inks to study guide DANTES website h	s, exam preparation https://www.dante	ons, and practice t s.doded.mil/	ests		
NCPACE	CLEP	DSST	TA				
MGIB N	//GIB-SR	Post 9/11 GIB	AEV				

GM - Gunner's Mate Page 102 of 146

CPO REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Chief Petty Officer Selectee Leadership Course	Command Delivered		5 days	
Chief Petty Officer Leader Development Course	Water front/ Flightline/ Various ⁴	NELD-06	5 days	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (Del	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

CPO REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 103 of 146

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.
4 - See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.

CPO RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
ADAMS for Leaders	Various	S-501-0130	8 hrs	i
Primary Enlisted Professional Military Education (PEPME)	Navy e-Learning	Military DON/ PME	60 hrs	
Block 1 Primary EPME - Introduction	Navy e-Learning	NWC-PPME-SENL-B1		
Block 2 Primary EPME - The Culture of the Navy	Navy e-Learning	NWC-PPME-SENL-B2		
Block 3 Primary EPME - Governance of the Navy	Navy e-Learning	NWC-PPME-SENL-B3		
Block 4 Primary EPME - How the Navy Thinks About War	Navy e-Learning	NWC-PPME-SENL-B4		
Block 5 Primary EPME - How the Navy Plans its Operations	Navy e-Learning	NWC-PPME-SENL-B5		
Block 6 Primary EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-PPME-SENL-B6		
Block 7 Primary EPME - PME Conclusion	Navy e-Learning	NWC-PPME-SENL-B7		
Joint Professional Military Education (JPME)	War College	Military DON/ PME	40 hrs	
Senior Enlisted Academy	Newport RI	P-920-1300	3 weeks (DL) / 3 weeks (F2F)	
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

GM - Gunner's Mate Page 104 of 146

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be manded for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

CPO RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Unit Management (E7-E9)	NRPDC New Orleans	R-7A-0031	5 days	
Reserve Senior Enlisted Management (E7-E9)	NRPDC New Orleans	R-551-0001	12 days	
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Naval Reserve Center Commanding Officer (E7-E9)	Navy e-Learning	CNRFC-COOIC-1.0 /DoN	8 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

CPO RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Maintenance and Material Management (3-M)		NAVEDTRA 43241 Series		
Force Protection Afloat		NAVEDTRA 43387-2D		
Combat Systems Operational Sequencing System (CSOSS)		NAVEDTRA 43511-C		

GM - Gunner's Mate Page 105 of 146

NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.					
Foundational Advanced Capstone					
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek			
Guide to Maritime Strategy – Holmes Red Star Over the Pacific - Holmes & Yoshihara Mi		Mindset: Psych of Success - Dweck			
Neptune's Inferno - Hornfischer Seapower: Guide for 21st Century - Till The Infinite Game - Sinek		The Infinite Game - Sinek			
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes			

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.			
Foundational	Advanced	Capstone	
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov	
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs	
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte	
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly	
The Next 100 Years - Friedman			

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.				
Foundational Advanced Capstone				
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski		
One Nation Under Drones - Jackson Fleet Tactics - Hughes Our Robots Our Selves - Mindel		Our Robots Our Selves - Mindell		
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien		
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes		

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.			
Foundational	Advanced	Capstone	
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello	
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro	
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks	
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire	
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander	
	Start with Why - Sinek		

MCPON's Suggested Reading

	<u> </u>			
Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.				
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.				
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein		
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell		
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker		
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester		
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell		
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood		
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth		

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

GM - Gunner's Mate Page 106 of 146

CPO RECOMMENDED COMMUNITY READING

Title	Completed
Admiral John H. Towers – The Struggle for Naval Air Supremacy by Reynolds	
Authors at Sea by Shenk	
Decision and Dissent with Halsey at Leyte Gulf by Solberg	
Run Silent/Run Deep by Beach	
The First Team – Pacific Naval Air Combat from Pearl Harbor to Midway by Lundstrom	
The United States Sailors: A History by Simmons	
Victory at Sea – World War II in the Pacific by Dunnigan	

GM - Gunner's Mate Page 107 of 146







Gunner's Mate Senior Chief Petty Officer (Master)

NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Gunner's Mate "A" School ¹	Great Lakes, IL	A-100-0094	70 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Magazine Sprinkler System Operation and Maintenance (N/A) ¹	Everett, WA; San Diego, CA; Norfolk, VA; Yokosuka, Japan	K-041-2048	4 days	
MK 45 Gun Mount Technical Enhancement Training (TET) ¹	Dahlgren, VA; San Diego, VA	S-113-2104	12 days	
MK 60 Mod 0 Griffin Missile System O&M ¹	Dahlgren, VA	S-041-0006	5 days	
Magazine Sprinkler Inspector ¹	HI, PEARL HARBOR; CA, SAN DIEGO; VA, NORFOLK	K-041-2137	3 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
V65B - MK 41 VLS O&M Core ¹	Dam Neck, VA; San Diego, CA	A-121-0522	107 days	
V62B - MK 45 Mod 1 & 2 O&M ¹	San Diego, CA	A-113-1118	100 days	
V63B - MK 45 Mod 4 O & M ¹	San Diego, CA	A-113-2102	79 days	
V61B - 30MM MK 46 Mod 2 Gun Weapon System (GWS) ¹	Dam Neck, VA	A-113-0039	26 days	
787A - Enhanced Organization Level Maintenance (NSW Armorer) ¹	Crane, IN	S-041-0002	33 days	
779B - 25mm Machine Gun System Mk 38 Mod 2 O&M ¹	Norfolk, VA; San Diego, CA	A-041-0003	19 days	
814A - Ammunition Supply Administration ¹	Dam Neck, VA; San Diego, CA	A-041-0040	12 days	
804A - Antiterrorism Training Supervisor (AT TRASUP) ¹	Various Locations	A-830-0034	19 days	
V66B - MK 41 VLS Advanced Tech ¹	Port Hueneme, CA	S-121-1000	82 days	
8CSC - Command Senior Chief (CMDCS) ¹	Newport, RI	A-570-4500	12 days	
805A - Navy Instructor Training Course (NITC) 1	Various Locations	A-012-0077	19 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

GM - Gunner's Mate Page 108 of 146

JOB DESCRIPTION

Plans, organizes, implements, and controls work activities in the alignment, maintenance, repair, and operation of guns, missiles, torpedoes, and associated equipment; organizes, schedules, and evaluates effectiveness of training; administers a long-range planned maintenance program; controls expenditure of materials; prepares performance, inventory, and inspection reports on guns, missiles, torpedoes, and associated equipment; administers a program for interviewing, evaluating, and assigning personnel; writes directives and correspondence.

RECOMMENDED BILLET ASSIGNMENTS

Work as ordnance managers and safety supervisors aboard ships or at shore establishments. Act as divisional Leading Chief Petty Officers.

Other opportunities:

- · Command Senior Chief
- RDC
- Instructor/Facilitator
- Recruiter
- 3-M Coordinator
- CMEO/EOA
- DAPA
- CACO
- Detailer
- Joint Assignments
- GWOT Support Assignments

GM - Gunner's Mate Page 109 of 146

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Pho Numbe			
Mobilization UIC:							
Naval Reserve Activity:							
Division Officer:				Phone	Number:		
Command Master Chief:				Phone	Number:		
Leading Chief Petty Office	cer:			Phone	Number:		
Sponsor/Mentor:				Phone	Number:		
Depart/Division Career Counselor:				Phone	Number:		
Date of Initial Entry to Mi	litary Service (DIEN	/IS):	Date of Initia	al Entry Re	serve Forces	(DIERF):	
Pay Entry Base Date (Pl	EBD):						
ADSD: Rep	ort Date:	EAOS/EOS:	PRD:		SEA / SHOP	RE:	1
PAYGRADE E8 (3 Years Date Advanced: HYT Date: Command INDOC comp	Eligible Ad	vancement Date:		umber of ti	mes up:		
- Command II 1000 comp	noto.						
	e OPNAVINST 10- Convening/Discussion		eer Counselor Ha	andbook N			System)
Reporting (within 60 day	s for active duty or	four drill weekend:	s for SELRES) (D	ate Condu	ucted):		
24 Month:	48 Month:	60 Month					
Family Care Plan:	Mil to Mil:						
Sailor 360:	Special Program	n: I	Member Request	:			
HYT 24 months (Date):	HYT	Waiver Date:		Approve	☐ Disapprov	ve	
Transfer:	Separation:	Fleet Re	serve Retirement	Options:			
Physical Fitness Test Fa	ilure:	Career Status B	sonus (election m	essage re	ceived):		
Overseas Tour Extension Incentives Program (OTEIP):							
Advancement Center: (Items to collect/discuss:							
Advancement:							
Enlisted to Officer Con	nmissioning Prog	ram Application	& Administration	n Manual	OPNAVINST	Т 1420.1(s	series):
Commissioning Programs	Applications:	(prior to	submission, comr	nand endo	rsement):		
Medical Enlisted Commiss	sioning Program (ME	ECP):	Medical Servic	e Corps In-	service Procui	rement:	
Officer Candidate School:	Lim	nited Duty Officer:	Ch	ief Warrant	t Officer:		

GM - Gunner's Mate Page 110 of 146

SELECTION BOARD CHECKLIST FOR SCPO PROMOTION TO MCPO

Step 1 - Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2. **If Deployed:** Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (https://nsips.nmci.navy.mil) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. Electronic Training Jacket (ETJ): Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "Data Problems" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to (https://awards.navy.mil/) to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

Step 2 - Submit appropriate missing documents to the selection board.

- a. Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b. For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 - 1. All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 - Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be emailed encrypted to the address provided in the associated NAVADMIN or postmarked not later than the date listed in the associated NAVADMIN addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER PRESIDENT
FY-XX ACTIVE/RESERVE E9 ENLISTED SELECTION BOARD #XXX 5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 210 / SELRES = 205 / FTS = 206)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c. Ensure official record reflects any individual augmentation mission (awards, evals, NEC, etc).
- d. Check https://www.public.navy.mil/bupers-npc/boards/activedutyenlisted/Pages/GeneralInformation.aspx to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF; or if Deployed, reorder your CD-ROM to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

GM - Gunner's Mate Page 111 of 146

Step 3 - After reviewing your service record - such as evaluations, awards, qualifications, etc. - start reviewing what you can do to improve yourself, such as:

- a. Request a Career Development Board (CDB) through your chain of command.
- b. Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct Sailor support.
- c. Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **MNP** that are recommended in this document. Check Navy COOL (https://www.cool.osd.mil/usn/) for any related credentials for which you may be qualified.
- d. Check out OTHER Learning Opportunities to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions) at https://main.prod.cetars.training.navy.mil/cetars/main.html.

Step 4 - Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

GM - Gunner's Mate Page 112 of 146

QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
Ship Board Fire Fighting		
Aviation Fire Fighting		
Basic Damage Control		
Advanced Damage Control		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Section Leader		
Officer of the Deck (OOD) (In Port)		
Command Duty Officer (CDO)		
Junior Officer of the Deck (JOOD)		
Officer of the Deck (OOD) (At Sea)		
Personnel Qualification Standard		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Aviation Warfare Specialist		
Surface Warfare Specialist		
Expeditionary Warfare Specialist		

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)			
(3M) 306 (Dept. Head)					
301 Antiterrorism Watch Officer					
302 Surface Warfare Coordinator (SUWC)					
304 Antiterrorism Training Supervisor					
305 Chief of the Guard					
Antiterrorism Common Core (NAVEDTRA 43387-2 Series)					
NAVEDTRA 43398-13B: AEGIS WEAPONS SYSTEM CIC OPERATIONS - Applies to DDG and CG Ship Classes					

Notes on Qualifications:

GM - Gunner's Mate Page 113 of 146

CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the GM-Gunner's Mate rating. They may require additional education, training or experience.

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E7	American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
E5	Board of Certified Safety Professionals (BCSP)	Associate Safety Professional (ASP)	
E5	Board of Certified Safety Professionals (BCSP)	Certified Safety Professional (CSP)	
I F4	Certifying Technical Employee Competence (CertTEC)	Basic Electricity and Electronics - Direct Current (BEE-DC)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eligible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

GM - Gunner's Mate Page 114 of 146

^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the GM-Gunner's Mate rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Electronics Technician	

GM - Gunner's Mate Page 115 of 146

POST MILITARY OCCUPATIONS

The following post military occupations are similar to the GM-Gunner's Mate Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Aircraft Mechanics and Service Technicians
Electrical and Electronic Engineering Technologists and Technicians
Electronics Engineers, Except Computer
Explosives Workers, Ordnance Handling Experts, and Blasters
First-Line Supervisors of Mechanics, Installers, and Repairers
HelpersInstallation, Maintenance, and Repair Workers
Inspectors, Testers, Sorters, Samplers, and Weighers
Production, Planning, and Expediting Clerks
Training and Development Managers
Transportation, Storage, and Distribution Managers

Occupation (Federal Employer)
856 - Electronics Technical Series
606 - Electronic Industrial Controls Mechanic
608 - Electronic Digital Computer Mechanic
610 - Electronic Integrated Systems Mechanic
749 - Maintenance Mechanic
511 - Missile/Toxic Materials Handling
610 - Small Arms Repairing
641 - Ordnance Equipment Mechanic
656 - Special Weapons Systems Mechanic
255 - Pneudraulic Systems Mechanic
944 - Electronics Technician

GM - Gunner's Mate Page 116 of 146

STAY NAVY

AC to AC and FTS to I	FTS - Continue Navy o	career on Active Duty.	1					
REENLIST / EXTEND: I	Request Chit/Form:							
MyNavy Assignments (N	MNA):	ledical/Dental Screeninç	g:					
Command Recommend	lation (evaluation):	Bonus:	Ceremony:					
RC to AC/FTS MILPERSMAN 1306-15 established C-WAY-TR/	605 states: E7 and abov ANS module application	re personnel who seek on process must contact E	opportunities for compo BUPERS-32 (Enlisted C	nent change outs Community Manaç	ide of the gers) directly.			
RC to RC - Continue y Submit reenlistment req REENLIST / EXTEND: I	uest utilizing NAVRES		t Reenlistment Workshe	et.				
MyNavy Assignments (N	л ЛNA):							
Medical/Dental Screening	ng:							
Command Recommend	lation (evaluation):	Bonus:	Ceremony:					
AC/FTS to CIP								
The Career Intermission the Individual Ready Re while providing a means For additional information AC/FTS to Secretary Career This program provides a immersed in company put to companies including Amazon, FedEx, Norther For additional information	serve for a period of one for their seamless return, go to: https://www.pub. of the Navy Tours with a venue for exceptional practices and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services are services and services and services and services are services and services and services are services are services and services are services are services and services are services are services and services are services are services are services and services are services are services and services are services are services are services and services are	e to three years to pursum to active duty. ublic.navy.mil/bupers-np Industry Sailors to experience in ively engaged in project pple, Incorporation, Boe LinkedIn and USAA.	ue personal or profession c/career/reservepersonr novative business pract s and company operation ing, Tesla, Oak Ridge N	nal obligations of nelmgmt/IRR/Pag tices. Navy fellow ons. Past fellows National Laborato	utside the Navy, ges/CIP.aspx. es are fully were assigned ory, GE Digital,			
AC/FTS TRANSFER:								
15 Months	12 Months	9 Months	6 Months	Orders Receive	<u>∌d</u>			
MNA	MNA	MNA	Accept Orders	Screening				
Exception Family Member	Exception Family Member	Eval	Reverse Sponsor	Obligate				
Mil to Mil Relocation (FFSC) Bonus								
Family Care Plan Medical/Dental								
Continuous Overseas T	ours (COT)		1					
Overseas Tour Extension	on Incentive Program (C	OTEIP)						

GM - Gunner's Mate Page 117 of 146

						_							
c.	_		u	_	c.		u	Α	N	.	_	_	u
J	_	_	\mathbf{r}	_	J		П	_	IV	•		_	\mathbf{r}

List if any Medical Waiver(s)

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS opp	oortunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/R	ETIRE*:						
18 -12 months		6 months		<u>90 days</u>		30 days	
TAP*		MED/DEN		Copy of Record	ds	Copy of Record	S
Complete DD 26	48	Relocation		Official Record	ICD	PSD	
Transition Plannin	ng	Relocation Ser	vices (FFSC)	Arrange Cerem	nony	MED/DEN	
Annual Statement of (ASOSH)	Service History	Reserve Affilia	tion	Request Leave	e / PTDY	DD 214*	
Reserve Only		VA/DVA					
*Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.							juired for
PHYSICAL FITNESS: Participate in a year-round physical fitness program to meet Navy fitness and BCA standards. Review and verify accuracy of PFA data in PRIMS within 60 days of the PFA cycle. (PRIMS is accessible through your BUPERS Online Account)							
Height \	Weight	If Required	(AC	BCA)			
Last 2 PRT Cycle	s: Forearm Plank	/	Push-ups	/	Run/Swir	m/Cardio	1
Overall Score	/						
List date (if) any PRT/BCA failure(s) over the last 5 years /							

For more information on Navy Fitness, visit: https://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/physical/Pages/default2.aspx

GM - Gunner's Mate Page 118 of 146

PROFESSIONAL MILITARY EDUCATION (SCPO)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan Completed (Navy College Office/NCVEC)					
Current Education Le	evel				
Degree Goal					
	** Various degree o	otions are available in	the Advanced Educa	tion section. **	
Goal: Date: AA/AS (Credits to earn a de	BA/BS egree - AA/AS: 60 SH/90	Master QH, BA/BS: 120 SH/1	80, QH, Master /Doo	ctorate: Variable base	d on program)
Number of current cr	redits Am	erican Council on Edu	cation (ACE) recomn	nended credits	
Joint Service Transc	ripts (JST)				
HS Transcripts	College Trans	cripts			
Date Degree Obtain	ed: AA/AS	BA/BS	Master	Doctorate	
For entry into JST, have your College/University send official transcripts to: Naval Education and Training Command N644 JST Operation Center 6490 Saufley Field Road Pensacola, FL 32509 Email: JST@DODED.mil					
VOL	UNTARY EDUCATION: are located on th	Links to study guide ne DANTES website	es, exam preparatio https://www.dantes	ns, and practice tes .doded.mil/	ts
NCPACE	CLEP	DSST	TA		
MGIB	MGIB-SR	Post 9/11 GIB	AEV		

GM - Gunner's Mate Page 119 of 146

SCPO REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Senior Enlisted Academy ⁴	Newport RI	P-920-1300	3 weeks (DL) / 3 weeks (F2F)	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (Del	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

SCPO REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
As Required by Billet				

GM - Gunner's Mate Page 120 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

^{4 -} NAVADMIN 266/14 As of FY 2017, all newly selected AC and SELRES SCPOs will be required to complete SEA to be eligible for advancement.

SCPO RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
ADAMS for Leaders	Various	S-501-0130	8 hrs	
Primary Enlisted Professional Military Education (PEPME)	Navy e-Learning	Military DON/ PME	60 hrs	
Block 1 Primary EPME - Introduction	Navy e-Learning	NWC-PPME-SENL-B1		
Block 2 Primary EPME - The Culture of the Navy	Navy e-Learning	NWC-PPME-SENL-B2		
Block 3 Primary EPME - Governance of the Navy	Navy e-Learning	NWC-PPME-SENL-B3		
Block 4 Primary EPME - How the Navy Thinks About War	Navy e-Learning	NWC-PPME-SENL-B4		
Block 5 Primary EPME - How the Navy Plans its Operations	Navy e-Learning	NWC-PPME-SENL-B5		
Block 6 Primary EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-PPME-SENL-B6		
Block 7 Primary EPME - PME Conclusion	Navy e-Learning	NWC-PPME-SENL-B7		
Joint Professional Military Education (JPME)	Navy e-Learning	JKDDC-SNCO-2	60 hrs	
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
CMDCM/COB Leadership Course (Must have FLTCM or FORCM recommendation)	Navy e- Learning/Classroom (Newport, RI)	CPPD/NETC CMDCM-9580 COB-9579		
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-2.0 / US DoN	10 hrs	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered]	

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

GM - Gunner's Mate Page 121 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

SCPO RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Unit Management (E7-E9)	NRPDC New Orleans	R-7A-0031	5 days	
Reserve Senior Enlisted Management (E7-E9)	NRPDC New Orleans	R-551-0001	12 days	
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Naval Reserve Center Commanding Officer (E7-E9)	Navy e-Learning	CNRFC-COOIC-1.0 /DoN	8 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

SCPO RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 122 of 146

NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.				
Foundational	Advanced	Capstone		
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek		
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck		
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek		
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes		

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.			
Foundational	Advanced	Capstone	
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov	
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs	
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte	
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly	
The Next 100 Years - Friedman			

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.				
Foundational	Advanced	Capstone		
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski		
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell		
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien		
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes		

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.				
Foundational	Advanced	Capstone		
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello		
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro		
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks		
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire		
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander		
	Start with Why - Sinek			

MCPON's Suggested Reading

	<u> </u>				
Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.					
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.					
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein			
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell			
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker			
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester			
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell			
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood			
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth			

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

GM - Gunner's Mate Page 123 of 146

SCPO RECOMMENDED COMMUNITY READING

Title	Completed
Admiral John H. Towers – The Struggle for Naval Air Supremacy by Reynolds	
Authors at Sea by Shenk	
Decision and Dissent with Halsey at Leyte Gulf by Solberg	
Run Silent/Run Deep by Beach	
The First Team – Pacific Naval Air Combat from Pearl Harbor to Midway by Lundstrom	
The United States Sailors: A History by Simmons	
Victory at Sea – World War II in the Pacific by Dunnigan	

GM - Gunner's Mate Page 124 of 146







NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Gunner's Mate "A" School ¹	Great Lakes, IL	A-100-0094	70 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
As Required by Billet ¹				

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
V66B - MK 41 VLS Advanced Tech ¹	Port Hueneme, CA	S-121-1000	82 days	
8CMC - Command Master Chief (CMC)/Chief of the Boat (COB) ¹	Newport, RI	A-570-4500	12 days	
805A - Navy Instructor Training Course (NITC) 1	Various Locations	A-012-0077	19 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

JOB DESCRIPTION

Coordinates and manages departmental ordnance safety program and the overhaul and repair of shipboard weapons systems; prepares operating budget and monitors expenditures; prepares periodic reports concerning equipment performance and maintenance; forecasts future requirements; establishes goals and objectives, plans, organizes, implements, and controls activities.

RECOMMENDED BILLET ASSIGNMENTS

Various

Other opportunities:

- · Command Master Chief
- Rating Lead
- Instructor/Facilitator
- 3-M Coordinator
- CMEO/EOA
- DAPA
- CACO
- Detailer
- Joint Assignments
- GWOT Support Assignments

GM - Gunner's Mate Page 125 of 146

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Phone Number:	
Mobilization UIC:					
Naval Reserve Activity:					
Commanding Officer:				Phone Number:	
Executive Officer:				Phone Number:	
Command Master Chief	:			Phone Number:	
Department Head:				Phone Number:	
Division Officer:				Phone Number:	
Leading Chief Petty Offi	cer:			Phone Number:	
Sponsor/Mentor:				Phone Number:	
Depart/Division Career Counselor:				Phone Number:	
Date of Initial Entry to M	ilitary Service (DIEMS	S):	Date of Initial E	Entry Reserve Forces	(DIERF):
Pay Entry Base Date (P	EBD):				
ADSD: Rep	ort Date:	EAOS/EOS:	PRD:	SEA / SHOP	RE: /
HYT Date:	Security Clearance	l ovol:	Date Last upo	datad:	
Command INDOC comp	•	Level.	Date Last upo	ualeu.	
		AREER REVEL	ODMENT BOAD	De.	
	e OPNAVINST 1040	0.11(ser) & Care		idbook NAVPERS 15 Career Information Ma	
Reporting (within 60 day	s for active duty or fo	ur drill weekends	for SELRES) (Dat	te Conducted):	
24 Month:	48 Month:	60 Month:			
Family Care Plan:	Mil to Mil:				
Sailor 360:	Special Program:	N	lember Request:		
HYT 24 months (Date):	HYT V	Vaiver Date:	□ Ар	prove Disappro	ve
Transfer:	Separation:	Fleet Res	erve Retirement O	Options:	
Physical Fitness Test Fa	ilure:	Career Status Bo	nus (election mes	ssage received):	
Overseas Tour Extensio	n Incentives Program	(OTEIP):			
Enlisted to Officer Cor	mmissioning Progra	am Application 8	& Administration	Manual OPNAVINS	T 1420.1(series):
Commissioning Programs	Applications:	(prior to s	ubmission, comma	and endorsement):	
Medical Enlisted Commis		P):	Medical Service (Corps In-service Procu	rement:
Officer Candidate School:	Limite	ed Duty Officer:	Chief	f Warrant Officer:	

GM - Gunner's Mate Page 126 of 146

QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
Ship Board Fire Fighting		
Aviation Fire Fighting		
Basic Damage Control		
Advanced Damage Control		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Section Leader		
Officer of the Deck (OOD) (In Port)		
Command Duty Officer (CDO)		
Junior Officer of the Deck (JOOD)		
Officer of the Deck (OOD) (At Sea)		
Personnel Qualification Standard		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Aviation Warfare Specialist		
Surface Warfare Specialist		
Expeditionary Warfare Specialist		

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)

Notes on Qualifications:

GM - Gunner's Mate Page 127 of 146

CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the GM-Gunner's Mate rating. They may require additional education, training or experience.

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E7	American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
E5	Board of Certified Safety Professionals (BCSP)	Associate Safety Professional (ASP)	
E5	Board of Certified Safety Professionals (BCSP)	Certified Safety Professional (CSP)	
I F4	Certifying Technical Employee Competence (CertTEC)	Basic Electricity and Electronics - Direct Current (BEE-DC)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eligible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

* See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

GM - Gunner's Mate Page 128 of 146

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the GM-Gunner's Mate rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Electronics Technician	

GM - Gunner's Mate Page 129 of 146

POST MILITARY OCCUPATIONS

The following post military occupations are similar to the GM-Gunner's Mate Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Aircraft Mechanics and Service Technicians
Electrical and Electronic Engineering Technologists and Technicians
Electronics Engineers, Except Computer
Explosives Workers, Ordnance Handling Experts, and Blasters
First-Line Supervisors of Mechanics, Installers, and Repairers
HelpersInstallation, Maintenance, and Repair Workers
Inspectors, Testers, Sorters, Samplers, and Weighers
Production, Planning, and Expediting Clerks
Training and Development Managers
Transportation, Storage, and Distribution Managers

Occupation (Federal Employer)
856 - Electronics Technical Series
606 - Electronic Industrial Controls Mechanic
608 - Electronic Digital Computer Mechanic
610 - Electronic Integrated Systems Mechanic
749 - Maintenance Mechanic
511 - Missile/Toxic Materials Handling
610 - Small Arms Repairing
641 - Ordnance Equipment Mechanic
656 - Special Weapons Systems Mechanic
255 - Pneudraulic Systems Mechanic
944 - Electronics Technician

GM - Gunner's Mate Page 130 of 146

STAY NAVY

AC to AC and FTS to I	FTS - Continue Navy o	career on Active Duty.		
REENLIST / EXTEND:	Request Chit/Form:			
MyNavy Assignments (M	MNA):	edical/Dental Screening	:	
Command Recommend	lation (evaluation):	Bonus:	Ceremony:	
RC to AC/FTS MILPERSMAN 1306-15 established C-WAY-TRA	605 states: E7 and abov ANS module application	e personnel who seek c process must contact E	opportunities for compo BUPERS-32 (Enlisted C	nent change outside of the Community Managers) directly.
RC to RC - Continue y Submit reenlistment req	uest utilizing NAVRES		: Reenlistment Worksho	eet.
REENLIST / EXTEND:	Request Chit/Form:			
MyNavy Assignments (N	ΛNA):			
Medical/Dental Screening	ng:			
Command Recommend	lation (evaluation):	Bonus:	Ceremony:	
the Individual Ready Re while providing a means For additional information AC/FTS to Secretary of This program provides a immersed in company provides a to companies including Amazon, FedEx, Northroman Amazon, FedEx, Northroma	serve for a period of one for their seamless reture, go to: https://www.puof the Navy Tours with a venue for exceptional practices and will be actived by Grumman, Space X,	e to three years to pursum to active duty. In to active duty. Industry Sailors to experience invely engaged in projectople, Incorporation, Boe LinkedIn and USAA.	ne personal or profession c/career/reservepersonal novative business praces and company operations, Tesla, Oak Ridge I	rive component (AC/FTS) and into onal obligations outside the Navy, nelmgmt/IRR/Pages/CIP.aspx. rices. Navy fellows are fully ons. Past fellows were assigned National Laboratory, GE Digital, nent/Pages/SNTWI.aspx.
AC/FTS TRANSFER:				
15 Months	12 Months	9 Months	6 Months	Orders Received
MNA	MNA	MNA	Accept Orders	Screening
Exception Family Member	Exception Family Member	Eval	Reverse Sponsor	Obligate
Mil to Mil		1	Relocation (FFSC)	Bonus
Family Care Plan			Medical/Dental	
Continuous Overseas T	ours (COT)			
Overseas Tour Extension	on Incentive Program (O	TEIP)		

GM - Gunner's Mate Page 131 of 146

SELRES	TRAN	SFER:
--------	------	-------

SEPARATING/RETIRE*:

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
,	(exteria in current neia)		(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS opp	ortunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTD	Y DD 214*
Reserve Only	VA/DVA		
*Upon demobilization, SELRES Reserve Retirements.	will need Transition Assistance	e Program (TAP) and D	DD-214; DD-214 is not required for
PHYSICAL FITNESS: Participate in a year-round physic PFA data in PRIMS within 60 days			dards. Review and verify accuracy of BUPERS Online Account)
Height Weight	If Required (AC	BCA)	
Last 2 PRT Cycles: Forearm Plan	k / Push-up	os /	Run/Swim/Cardio /
Overall Score /			
List date (if) any PRT/BCA failure(s) over the last 5 years	/	
List if any Medical Waiver(s)	/		
For more information on Navy Fitness, v	isit: https://www.public.navy.mil/bupe	rs-npc/support/21st_Centur	/_Sailor/physical/Pages/default2.aspx

GM - Gunner's Mate Page 132 of 146

PROFESSIONAL MILITARY EDUCATION (MCPO)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan Completed (Navy College Office/NCVEC)						
Current Education Leve	el					
Degree Goal						
	** Various degree op	tions are available in t	he Advanced Educa	ation section. **		
Goal: Date: AA/AS (Credits to earn a degr	BA/BS ee - AA/AS: 60 SH/90 0	Master QH, BA/BS: 120 SH/1	80, QH, Master /Do	ctorate: Variable ba	sed on program)	
Number of current cred	dits Ame	rican Council on Educ	ation (ACE) recom	mended credits		
Joint Service Transcrip	ots (JST)					
HS Transcripts	College Transc	ripts				
Date Degree Obtained	d: AA/AS	BA/BS	Master	Doctorate		
For entry into JST, have your College/University send official transcripts to: Naval Education and Training Command N644 JST Operation Center 6490 Saufley Field Road Pensacola, FL 32509 Email: JST@DODED.mil						
VOLUN	NTARY EDUCATION: I are located on the	inks to study guide DANTES website h	s, exam preparation https://www.dante	ons, and practice t s.doded.mil/	ests	
NCPACE	CLEP	DSST	TA			
MGIB N	//GIB-SR	Post 9/11 GIB	AEV			

GM - Gunner's Mate Page 133 of 146

MCPO REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Joint Professional Military Education (JPME)	War College	Military DON / PME	40 hrs	
Senior Enlisted Academy ⁴	Newport RI	P-920-1300	3 weeks (DL) / 3 weeks (F2F)	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

MCPO REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 134 of 146

^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.
4 - Course remains a requirement to become a Command Master Chief/Chief of the Boat.

MCPO RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
ADAMS for Leaders	Various	S-501-0130	8 hrs	
Primary Enlisted Professional Military Education (PEPME)	Navy e-Learning	Military DON/ PME	60 hrs	
Block 1 Primary EPME - Introduction	Navy e-Learning	NWC-PPME-SENL-B1		
Block 2 Primary EPME - The Culture of the Navy	Navy e-Learning	NWC-PPME-SENL-B2		
Block 3 Primary EPME - Governance of the Navy	Navy e-Learning	NWC-PPME-SENL-B3		
Block 4 Primary EPME - How the Navy Thinks About War	Navy e-Learning	NWC-PPME-SENL-B4		
Block 5 Primary EPME - How the Navy Plans its Operations	Navy e-Learning	NWC-PPME-SENL-B5		
Block 6 Primary EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-PPME-SENL-B6		
Block 7 Primary EPME - PME Conclusion	Navy e-Learning	NWC-PPME-SENL-B7		
Joint Professional Military Education (JPME)	Navy e-Learning	JKDDC-SNCO-2	60 hrs	
Senior Enlisted Leadership Development Guide	Navy e-Learning			
CMDCM/COB Leadership Course (Must have fleet recommendation)	MNP/Classroom (Newport, RI)	CPPD/NETC CMDCM-9580 COB-9579		
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
Selection Board Members and Recorders ⁴	TWMS		1 hour	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

GM - Gunner's Mate Page 135 of 146

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

^{4 -} Required for selection board members and recorders

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

MCPO RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Unit Management (E7-E9)	NRPDC New Orleans	R-7A-0031	5 days	
Reserve Senior Enlisted Management (E7-E9)	NRPDC New Orleans	R-551-0001	12 days	
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Naval Reserve Center Commanding Officer (E7-E9)	Navy e-Learning	CNRFC-COOIC-1.0 /DoN	8 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

MCPO RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

GM - Gunner's Mate Page 136 of 146

NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.						
Foundational	Advanced	Capstone				
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek				
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck				
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek				
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes				

CAPABILITIES

Visit https://www.navy.	.mil/CNO-Professional-Reading-Program/Capabilitie	es/ for more information.			
Foundational Advanced Capstone					
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov			
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs			
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte			
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly			
The Next 100 Years - Friedman					

CAPACITY

Visit https://www	v.navy.mil/CNO-Professional-Reading-Program/C	apacity/ for more information.
Foundational	Advanced	Capstone
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes

SAILORS

Visit https://www.na	vy.mil/CNO-Professional-Reading-Program/Sailors/	for more information.
Foundational	Advanced	Capstone
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander
	Start with Why - Sinek	

MCPON's Suggested Reading

	<u> </u>	
Visit https://www.navy.mil/CNC	-Professional-Reading-Program/MCPON-Suggeste	d-Reading/ for more information.
Master Chief Petty Officer of the Nav	y (MCPON) Russell Smith identified these 21 a	dditional books as suggested reading.
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

GM - Gunner's Mate Page 137 of 146

MCPO RECOMMENDED COMMUNITY READING

Title	Completed
Admiral John H. Towers – The Struggle for Naval Air Supremacy by Reynolds	
Authors at Sea by Shenk	
Decision and Dissent with Halsey at Leyte Gulf by Solberg	
Run Silent/Run Deep by Beach	
The First Team – Pacific Naval Air Combat from Pearl Harbor to Midway by Lundstrom	
The United States Sailors: A History by Simmons	
Victory at Sea – World War II in the Pacific by Dunnigan	

GM - Gunner's Mate Page 138 of 146







ALL PAYGRADES VOLUNTARY EDUCATION







Note: Prior to considering any pursuit of off duty education or program enrollment contact the Navy College Virtual

Education Center (NCVEC) or visit your Overseas Navy College Office.

You must complete the Tuition Assistance Training before your first course will be approved.

Complete the online courses at the Navy College Website: http://www.navycollege.navy.mil/

How do I get started?

You already have. All your training up to this point is part of your Gunner's Mate Roadmap. Now that you have made the first steps you will need to sit down and formulate a plan. This plan will work best if you start out discussing your options with your Leading Chief Petty Officer, Leading Petty Officer, Mentor, or Career Counselor. They will help you understand all of the basics. Then your next step is to contact the Navy College Virtual Education Center or visit your Overseas Navy College Office. Then your counselors will be able to help you formalize your plan and make sure that it makes sense for both you and the Navy. To aid you in your conversation with these professionals, here are a few questions that you may want to ask.

What credits do you have? What non-college courses have you taken? Where do you want to go? What field of study, or what kind of degree? What program will help me get there: Traditional or Online? What are my next steps: Transfer credits, take exams, have experience evaluated, or sign up for new courses?

RECOMMENDED OCCUPATIONAL-RELATED ASSOCIATE'S DEGREE FOR GM

Recommended Associates' degrees for the Seaman
Science, Math, and Technology
Applied Science

RECOMMENDED OCCUPATIONAL-RELATED BACCALAUREATE/MASTERS DEGREE FOR GM

Recommended Bachelors/Masters degrees for the Seaman
Engineering technology
General Studies

GM - Gunner's Mate Page 139 of 146

GENERAL INFORMATION ON VOLUNTARY EDUCATION

The Navy College Program & Web Page:

The Navy College Program (NCP) provides opportunities to Sailors to earn college degrees by providing academic credit for Navy training, work experience, and off-duty education. The NCP mission is to enable Sailors to obtain a college degree while on active duty. In support of the four R's - Recruiting, Readiness, Retention, and Respect - the NCP signifies Navy's commitment to education by improving enlistment appeal; demonstrating Navy service and achieving a college degree are compatible; helping Sailors apply themselves to new situations and challenges and better preparing them for advancement; building up Sailors' self-image; and producing higher quality Sailors.

• More information is available online at: https://www.navycollege.navy.mil

Tuition Assistance (TA):

NAVADMIN 114/19 limit changes as of 1 October 2019: TA provides funds for eligible active-duty personnel to attend approved educational institutions on an off-duty basis to earn a high school diploma, vocational/technical certificate, or college degree. TA pays for tuition. TA will pay for the following amount per career: 120 semester hours, or 180-quarter hours or 1800 clock hours or a combination of semester, quarter and clock hours. TA will pay the following amounts per fiscal year: 12 semester hours, not to exceed \$250/credit for semester hours or 18-quarter hours not-to-exceed \$16.67/clock hours or a combination of semester, quarter and clock hours.

• More information is available online at: https://www.navycollege.navy.mil

Joint Service Transcripts (JST)

JSTs are official military transcripts which are used by colleges to validate your actual credited training. Every Sailor has a transcript already and access to it is free.

More information is available online at: https://jst.doded.mil/

The American Council on Education (ACE)

ACE has reviewed every course listed in the OCCUPATIONAL Roadmap and determined what type of collegiate level credit is recommended. The ACE identifier, listed with each course, is a source to validate the information and to check for changes as they occur.

• Updates can be found at http://www.acenet.edu/news-room/Pages/Military-Guide-Online.aspx.

Vocational Certificates

Vocational Certificates are available from most community colleges. Most of your military training can be counted toward their degree programs, but they will still require residency credits and approximately 40-75 credit hours. These certificates can be as valuable as the apprenticeship program in the civilian work force.

College credits by Testing CLEP, DSST

Testing can replace the requirement to attend most of the college courses listed in the Occupational Roadmap. Base Education Centers offer CLEP and DSST exams for active duty military at no cost. They also offer a comprehensive list of "credit-by-exam" tests. Additionally, many of the tests have study guides available. These tests are available at the base education center or through the base library system. For specific testing locations visit the DANTES website.

- Navy College Program: https://www.navycollege.navy.mil/information-for-sailors/pre-college-testing-and-college-credit.htm
- DANTES: http://www.dantes.doded.mil/examinations/earn-college-credit/earn-college-credit.html

College Entrance Exams Testing ACT, SAT

The ACT and SAT are both standardized tests that help colleges evaluate candidates. Many colleges require that students submit test results as part of the admission application process. Since Sailors are considered transfer students, these tests are not generally required for admission. However, some Sailors must take the tests to enter specific military programs.

- Navy College Program (ACT SAT): http://www.navycollege.navy.mil/information-for-sailors/college-entrance-exams.htm
- DANTES (ACT SAT): http://www.dantes.doded.mil/examinations/college-admissions/act.html

GM - Gunner's Mate Page 140 of 146

SAMPLE DEGREE PLAN

Empire State College Associate in Science, Math and Technology Degree

Degree Requirements

School: Empire State College	E-Mail: Linda.Frank@esc.edu	Institution Unique Graduate Requirements
Degree: AS in Science, Math and Technology	Phone: 1 800 867-5941	24 Credit Hours must be taken at ESC, 32 of the degree credits designated as liberal studies, 21 of
Major: Computer Information Systems	Fax: 518 587-2660	the degree credits must meet general education requirements, 4 credits in Educational Planning,
Emphasis:		maximum of 40 transfer credits
Rating: GM Gunner's Mate		Tuition and Fees

WHAT IS REQUIRED?				OU H		•			
Degree Requirements		Navy Credit	Aw	arded	by: E	mpire	State	College	
CURRICULUM DEGREE	Credit		E3	E4	E5	E6	E7	E8	E9
REQUIREMENTS	1		Sea	GM3	GM2	GM1	GMC	GMCS	FCMC
- 	Kequirea	ACE F	REC	OMM	IEND:	ED C	REDI	Γ	
GENERAL EDUCATION		RECRUIT TRAINING	3	3	3	3	3	3	3
REQUIREMENTS (Math, Natural Science, Social Science, American History, Western Civilization, Other World Civilizations,	25	A SCHOOL (3/91 to present)	10	10	10	10	10	10	10
Humanities, The Arts, Foreign Language,	25	RATING CREDIT	7	17	24	27	33	35	37
Basic Communication, Critical Thinking, Information Management Infusion)		TOTAL RECOMMENDED HOURS	20	30	37	40	46	48	50
Educational Planning (4)									
Nautical Science]			
MAJOR (Computer Information Systems)*	20-29		<u> </u>		<u> </u>				
Digital Principles							State College		
Electronics	CGREE Credit Hours Sea GM3 GM2 GM1 GMC GMCS FCMC								
Hydraulics									
Computer Systems									
FREE ELECTIVES*	10-19								
Courses of your choice									
TOTAL REQUIRED HOURS	64	_	D .	10 2	20 2	7 30	30	30	30

WHAT YOU MUST DO TO FINISH YOUR DEGREE!

*range in credits in major and electives depend upon transfer credits.

General Ed: See approved list of courses to choose from.

Major: See course catalog for course descriptions.

Issues in Telecommunications (4) Voice or Data Communications (4)

Systems Analysis and Design(4) Computer Information Systems (4)

JAVA Programming (4)

Thomas Edison State College Associate in Applied Science Degree

Degree Requirements

Thomas Edison State College Degree: Associate in Applied Science Associate in Applied Science Admissions@tesc.edu Phone: (888) 442-8372		Graduation Requirements							
		9 credit hrs. must be completed at Thomas Edison State College.							e
Major: Applied Electronic Studies	Fax: (609) 984-8447	Maintain a GPA of 2.0.							
Emphasis:	Rating:	Tuition:							
Electronic Systems	GM Gunner's Mate	\$199/ credit hour							
WHAT IS REC Degree Requi		Navy credit awarded					tate C	Colleg	ge
CURRICULUM DEGREE REQUIREMENTS	Credit Hours Required		E3	E4	E5	E6	E7	E8	E9
GENERAL EDUCATION REQUIREMENTS	21	ACE RECO)MM	ENDI	ED C	RED	IT		
English Composition	6	Total ACE recommended hours	16	26	33	39	44	46	48
<u>Humanities</u>	3								
Social Science	3								
Mathematics Requirement	3								
General Ed Electives	6								
MAJOR AREA OF STUDY (Electronic Systems)	21								
FREE ELECTIVES (Courses of your choice Excess Military Credits may be applied to F									
TOTAL REQUIRED HOURS	60	TOTAL HOURS APPLIED TO DEGREE	16	27	32	39	39	39	39

Contact your local Navy College Office, https://www.navycollege.navy.mil/ or Thomas Edison State College, admissions@tesc.edu for Educational Advising. This is a sample and a Sailor's actual credit award may vary depending on the ACE recommendation in effect at the time of their training. A Sailor's individual credit award will be completed at the time of application to the College.

Old Dominion University Bachelor of Science in Engineering Technology

Degree Requirements

Old	Office	Office: Distance Learning/ Institution Unique Graduation Requirements											
University	Milita	ry Programs		30 Credit Hours or 25% of the degree must be taken in Old Dominion University courses. Minimum cumulative GPA of 2.0. Exit Examination of Writing Proficiency required.									
Bachelor of Science in Engineering Technology	E-Mai	E-Mail: navycollege@odu.edu Phone: 757- 683- 3163 or		u.edu Cost Per Credit Hour: View http://www.odu.edu/webroot/orgs/af/fin/fin.nsf									
Major: General Engineering Technology Minor: Engineering Mgmt.	Phone: 757- 683- 3163 or 800 - 968- 2638 (toll free)		800 - 968- 2638 (toll free) Note: A maximum of 60 semester credit hours will be awarded for military train.										
	r's Mate	e (GM)	Fax: 757- 683- 317	76									
			WHAT YO	OU HAVE! N	avy Credit	Award	ed by: Old	Dominion	Univer	sity			
CURRICULUM DEGREE REQUIREMENTS	S	Credit Hours Reqd	ACE RECOMMENDE CREDIT	D E-3	E-4	E-5	E-6	E-7	E-8	E-9			
Lower Division Go Education	eneral	42-48	Recruit Training	3	3	3	3	3	3	3			
Lower Division Tech Base		24	A School	7	7	7	7	7	7				
Dominion University Military Programs 30 Credit Hours or 25% of the degree must be taken in Old Dominion University courses. Minimum cumulative GPA of 2.0. Exit Examination of Writing Proficient required. Cost Per Credit Hour: View http://www.odu.edu/webroot/orgs/af/fin/fin.nsf Science in Engineering Technology Major: General Engineering Technology Minor: Engineering Mgmt. Rating: Gunner's Mate (GM) Fax: 757- 683- 3176 WHAT IS REQUIRED? Degree Requirements CURRICULUM Credit Hours DEGREE REQUIREMENTS CURRICULUM CREDIT CR	37												
	<u>ajor</u>	27		10	27	34	37	43	45	47			
Upper Division M	linor	12		10	27	34	37	43	45	47			
		lectives	1)	•	•	•	•		•				
Total Hours Requi	ired							120)				

Fort Hays State University Bachelor of General Studies Degree Degree Requirements

Degree Requirements			Navy Credit Awarded								
Curriculum Degree Requirements		Credit Hrs Required		E-3	E-4	E-5	E-6	E-7	E-8	E-9	
General Education		<u> </u>		İ	İ	İ	İ	İ	Ì	İ	
Requirements											
English Comp I & II		6		i	İ	Ì	İ	İ			
Computer Literacy		3			Ì		Ì		Ì		
Humanities		12									
Social & Behavioral Science	е	12									
Natural Science & Math		12									
Major (Military Special	lty)		ACE Recommended C	redit							
Recruit Training			Recruit Training	3	3	3	3	3	3	3	
			A School	9	9	9	9	9	9	9	
			Rating Credit	7	17	24	27	33	35	37	
Total Applied Hours			Total Recommended Hrs	19	29	36	39	45	47	49	
Free Electives				19	22	27	30	36	38	40	
Emphasis		21		0	7	9	9	9	9	9	
Total Required Hours		124	Total Applied Hours	19	29	36	39	45	47	49	
E-5 Degree Requireme	ents*		Liberal Arts		Non-Liberal Arts			T	Total		
G IFI d	Navy		0	i	0			4.5			
General Education	College	/University	45			0			45		
E1	Navy		9		0					21	
Emphasis	College	;	12			0				21	
Navy Electives			12		15					37	
Liberal Arts Electives	College	/University	2		0					2	
Free Electives	College	/University								19	
Minimum Needed			80						11	24**	
eral Education Require	ed Course	1 9									
•			II)					6			
	ы сопроя							6			
ish Composition (English) puter Literacy Course								3			

General Education Required Courses	
English Composition (English Composition I and II)	6
Computer Literacy Course	3
Distribution Courses (3 Departments must be represented in each area)	
Humanities	12
Art, Communication, English, Modern Languages, Multiculturalism, Music and Philosophy	
Natural Sciences and Mathematics	12
Biological Sciences, Chemistry, Geosciences (Geography and Geology), Mathematics & Compu	iter Science and Physics
Social and Behavioral Sciences	12
Economics, History, Multiculturalism, Political Science, Psychology and Sociology	
Concentration	
Area of Concentration.	21
Open Electives.	58
Total Hours Required for Degree	124

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Enlisted Retention and Career Development Program, OPNAVINST 1040.11(series) Career Counselor Handbook, NAVPERS 15878L
- Command Sponsor and Indoctrination Programs OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty Stations MILPERSMAN 1300-150 to 1300-210
- Navy Enlisted Warfare Qualification Programs OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) Program NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, and Fleet Reservists Inductees to Remain on Active Duty MĬLPERSMAN 1160-060
- Extension of Enlistments MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Career WayPoints Reenlistment MILPERSMAN 1160-140
- Reenlistment Ceremony MILPERSMAN 1160-020
- Leave of Military Personnel MILPERSMAN 1050-040
- Required Counseling Upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPÉRSMAN 1160-100
- Assignment to School as a Reenlistment Incentive MILPERSMAN 1306-1006
- Reserve Enlisted Incentives RESPERSMAN 1100-020 and current ALNAVRESFOR Message
- Reenlistments and Extensions for Sailors in a Drilling Status RESPERSMAN 1160-010
- Satisfactory Participation in the Navy Reserve RESPERSMAN 1001-010

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770-010 to 1770-280 OPNAVINST 1750.5(Series)
- Disability Retirement MILPERSMAN 1850-010 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Privately Owned Vehicle (POV) Shipment Entitlement Policy and Household Goods (HHG) Shipment and Storage Entitlement Policy MILPERSMAN 4050-010 to 4050-020
- Permissive Temporary Duty (PTDY) Authorization for Job/House Hunting MILPERSMAN 1320-220
- Transition Assistance Program (TAP) OPNAVINST 1900.2(series) (Initiate a DD-2648E-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

GM - Gunner's Mate

- Separation by Reason of Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Separation by Reason of Misconduct -Drug Abuse MILPERSMAN 1910-146
- Separation by Reason of Convenience of the Government -Early release to further education MILPERSMAN 1910-108
- Administrative Separation (ADSEP) Policy and General Information MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134 High Year Tenure (HYT) MILPERSMAN 1160-120
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Department of the Navy (DON) Policy on Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Separation by Reason of Convenience of the Government -Personality Disorder MILPERSMAN 1910-122
- Separation by Reason of Physical Fitness Assessment (PA) Failure MILPERSMAN 1910-170
- Separation by Reason of Misconduct Commission of a Serious Offense MILPERSMAN 1910-142
- Separation by Reason of Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement Manual for Enlisted Personnel of the U.S. Navy and U.S. Navy Reserve BUPERSINST 1430.16(series)
- Accelerated Advancement of Recruit Training Class "A" School Graduates, and Ceremonial Guard MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)

- Service Schools MILPERSMAN 1306-600/602/604/608
 Class "A" School & Rating Entry Requirements MILPERSMAN 1306-618
 Retesting with Armed Forces Classification Test (AFCT) version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07 Prior Service Reenlistment Eligibility Reserve (PRISE-R) MILPERSMAN 1133-061

Education Advancement & Service Schools:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Voluntary Education (VOLED) for Navy Sailors OPNAVINST 1560.9(series)
- Navy Voluntary Education Program NÉTCINST 1560.3(series)
- Navy Credentialing Programs OPNAVINST 1540.56
- Administration of the United Services Military Apprenticeship Programs (USMAP) OPNAVINST 1560.10(series)

Diversity, Equity and Inclusion, and Anti-Extremism:

- Diversity, Equity and Inclusion: https://diversity.defense.gov
- DOD Diversity and inclusion Management Program DODI 1020.05(series)

Other Quick References:

- Awards Manual (SECNAVINST 1650.1(Series)
- Change in Rating MILPERSMAN 1440-010 to 1440-040
- Department of the Navy Correspondence Manual (SECNAV M-5216.5
- Navy Alcohol and Drug Abuse Prevention and Control OPNAVINST 5350.4(series)
 Exchange of Duty (SWAPS) MILPERSMAN 1306-700

- First-Term Personnel Assignment Policy MILPERSMAN 1306-126 Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.24(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000 Military Pay MILPERSMAN 7220-010 to 7220-410 Navy Performance Evaluation System BUPERSINST 1610.10 (Series) Overseas Extensions MILPERSMAN 1300-310

- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian Reasons (HUMS) MILPERSMAN 1300-500
- Standardized Policy and Procedures for the Active Duty for Operational Support (ADOS) Programs OPNAVINST 1001.20 (series)
- Operational Risk Management OPNAVINST 3500.39C
- Personnel Qualification Standards (PQS) Catalog NAVEDTRA 43100-6M
 Manual of Navy Enlisted Manpower and Personnel Classifications and Occupational Standards NAVPERS 18068F Volume 1 & 2

GM - Gunner's Mate Page 146 of 146